

Welcome to the Harbor Family Resource Center

WHO WE ARE: A FAMILY RESOURCE CENTER (FRC) ONSITE AT HRC

WHY VISIT US?: WE OFFER INFORMATION AND RESOURCES FOR YOU & YOUR FAMILY

FOR EVERYONE

- Information about HRC and the regional center system
- Materials regarding HRC services and supports
- Literature available for check out to learn more about eligible conditions, development, and social skills
- Staff to answer some of your common

questions

HOW TO CONTACT US

TORRANCE LOCATION - (310) 543-0691

Maria Elena Walsh, Manager - ex. 4611

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Karia Duran - Family Support Coordinator - ex. 4908

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Jessica Maurer - Family Support Coordinator - ex. 4572

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Kelly Sutton - FRC Office Assistant, ex. 4683

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LONG BEACH LOCATION - (310) 543-7904

Claudia Sandoval - Family Support Coordinator - ex. 4904

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SOUTHEAST LOCATION - (562) 526-2115

Alice Cunningham - SEFRC Manager - (562) 526-2115

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INFORMATION FOR CLIENTS & FAMILIES

EARLY CHILDHOOD

- Information to help families understand the Early Childhood experience.
- Transition from Early Childhood information
- Developmental Toys for check out
- Books on child development

CHILDRENS

- Books on how to talk to your child about their disability, social skills and puberty
- Information on behavior classes
- Social, Recreation & Fitness Opportunity list

ADULTS

- Curriculum to help teach skills such as budgeting, first job skills and how to live with others
- Low cost CA ID form
- Books and DVD's for clients to check out regarding daily living skills