

**Harbor Regional Center  
Board Development Committee  
February 26, 2015**

**Present: George Bird, Chairperson, Bob Irlen, John Rea, Mariano Sanz, Pat Del Monico**

The Committee is recruiting new candidates for the Board and at this meeting interviewed four (4) prospective Board members. Interviews of additional candidates will take place in March and April and the Committee will be prepared to recommend several candidates at the May annual meeting to take the seats of retiring Trustees starting in July.

At the next meeting the Committee will discuss the re-election of Board members whose terms are expiring and who are eligible to run for another term. The Committee will also discuss the creation of a slate of officers for next fiscal year. The slate must be voted on at the annual meeting in May.

At the January meeting Board members were asked to complete a survey in which they could indicate their preference for the annual Board Retreat date. The date which has been selected is Saturday, May 30. The Board should be reminded that the Board Recognition Dinner will take place that evening. Further details will be provided well in advance.

**Harbor Regional Center**  
**Client Advisory Committee**  
**February 28, 2015 Meeting Minutes**

**Members Present:** Deaka McClain-Co-Chairperson; Mead Duley ; Michelle Roach; Danielle Schorr; Mathew Cox; Gary Galosic; Carmen Redmond; Debbie Howard; Matt Cox; Karen Tripp; David Oster; Thomas Basch; Colette Madore; Kelly Sutton

**HRC Staff Present:** Brent Fryhoff; Mary Hernandez; Cori Reifman

**Life Steps Staff Present:** Jenelle Reyes-Tenorio

**Call to Order & Minutes Approved**

Deaka McClain called the meeting to order at 1:03 p.m. Deaka introduced the minutes of the November 15, 2014 meeting.

The minutes were unanimously approved by the committee members.

**Regional Center Update**

Brent Fryhoff reported the budgeting process for Regional Centers is essentially a stay in place budget. Brent let the CAC Members know that most recently we were informed that Senator Beall has asked for a 10% increase for Developmental Services. The Senator has written a letter to the chairs of the two subcommittees in the Legislature that get to review and possibly change the developmental services budget. In it, he describes the major challenges facing our system and asks them to fund the 10% for service providers and regional centers. We are making great progress in this fight to reform the way our system is funded. This 10% across-the-board funding increase is a critical first step. Brent encouraged CAC Members to share Senator Beall's letter to their local legislators.

Brent also shared that Harbor Regional Center currently has a huge initiative to get clients out of Skilled Nursing Homes into less restrictive living arrangements with the necessary supports put in place. HRC currently has about 70 clients residing in Skilled Nursing Homes and is in the process of developing living options for many of these individuals. A few clients have already moved out of these facilities and are presently thriving in their new homes.

Brent shared that Harbor Regional Center just finished their Medicaid Waiver Audit with DDS. Overall, the audit went very well and the auditors were impressed with the services HRC provides to its clients.

## **HRC Client Advisory Committee Meeting**

**February 28, 2015 Minutes**

**Page 2**

Brent also shared that DDS submitted the application for Self Determination. On December 31, 2014, the legally mandated deadline, the Department of Developmental Services submitted a Home and Community Based Services Waiver application seeking federal funding for California's proposed Self-Determination Program. The approval from the Federal Government could take some time still. It should be noted that this program is only in its infancy and still has not been rolled out. 98 people will start the self-determination services once it begins. 30 people in the first fiscal year and the remaining 98 people will be added after.

Brent reported that the Lanterman Developmental Center closed its doors in December. This is great news and all of the clients who were housed there have now moved out into the community.

### **CAC Outreach**

Deaka McClain reported on her recent participation with the HRC Client Services Committee. She is now an active member of this Committee and meets with them on a monthly basis. Deaka is currently brainstorming with the other members on the 2016 Health Fair and trying to come up with a location for the event. The event will be too large to host at Harbor Regional Center and the Client Services Committee is teaming up with the Client Advisory Committee to find the most accommodating site.

CAC Members also brainstormed several ideas for the upcoming Health & Safety Fair that hopefully will be held in the fall of next year. CAC Members had a lot of good ideas on topics that should be covered and who should come present. Mary Hernandez, Director of Adult Services, shared with the CAC group a few ideas of places in the community that could possibly host the Health Fair. The fair will be held in March 2016. Mary reported that HRC might try to contact the following places as potential hosts for the upcoming fair: Long Beach State, Carson Community Center, or Long Beach City College.

### **Guest Speakers**

Harbor Regional Center's Benefits Specialist, Cori Reifman, and L.A. Care Representative, Susan Ma, spoke to CAC members about the recent changes with Medi-Cal and IHSS.

**HRC Client Advisory Committee Meeting**  
**February 28, 2015 Minutes**  
**Page 3**

Cori explained her role at Regional Center and encouraged members of CAC to contact their Counselors if they need a consultation with her. Cori also opened the floor up to questions they may have about their current benefits. Cori addressed questions and spoke about issues related to Social Security and SSI, Medi-Cal, and IHSS.

Susan Ma invited CAC Members to join the Coordinated Care Initiative Consumer Council and explained what this council was about. L.A. Care is one of the health plans doing Cal Medi-Connect and the Coordinated Care Initiative, which seeks to improve care and keep people who get both Medicare and Medi-Cal living safely at home for as long as possible. To make sure the right programs are offered, L.A. Care needs members to serve on a new team called the Coordinated Care Initiative Consumer Council. Susan then explained that the purpose of the Council is to help L.A. Care better know the needs of seniors and people with disabilities, and to help them build programs that are helpful to their members. Cori and Susan clarified that Regional Center Clients would provide feedback on issues related to long term services and supports. A few CAC Members who receive L.A. Care were interested in possibly being on this Council.

**World Games Participation**

Kerry Ryerson, HRC Public Affairs & Information Specialist, shared information on volunteering at the upcoming World Games. The CAC members voted on Sailing as the event to volunteer at. Members of CAC will be fans in the stands on Saturday August 1<sup>st</sup> for the Sailing event. CAC will discuss more details about this wonderful volunteer opportunity at the next CAC Meeting in May.

**Adjournment**

Deaka McClain adjourned the meeting at 3:15 p.m.

**Next CAC Meeting**

The next Client Advisory Meeting will be held on Saturday May 16, 2015 at the Harbor Regional Center Long Beach Office from 1:00 p.m. – 3:00 p.m.



## Client Services Committee

February 24, 2015

Members in attendance:

Fu Tien Chiou  
Kristine Engalls  
David Gauthier  
Craig Kalem  
Deaka Mc Clain

HRC Staff: Claudia DeMarco, Mary Hernandez and Pat Del Monico

The committee met on this date to review the newly developed HRC Service Policy on Employment First. Claudia discussed how this policy had initially been presented to the members in November along with other documents from ARCA and the National association of Councils on Developmental Disabilities. The group agreed to recommend to the Board adoption of this policy with no major changes. The Employment first policy is attached.

The CSC and the CAC (client advisory committee) continued to discuss the initial development of hosting a health and wellness fair for our adult clients in the spring of 2016. Issues discussed included:

- Identifying an appropriate venue
- Identifying target population
- Discussed cap on invited clients (200?)
- Identifying vendors to participate in vendor fair
- Discussion regarding refreshments and/or food
- Discussion regarding what type of classes to focus on

The CSC has been actively looking at the HRC results for the NCI (National Core Indicators) especially focusing on those health areas in which our clients are below the state average. The main areas we found to be lower than the state average appear to be in the screenings that are recommended on a consistent or ongoing basis (mammogram's, prostate exams etc.)

All are in agreement that the first item to be completed is to identify the venue. Deaka, Mary and Kristine reported back on information gathered from venues. Mary reported that Honda would not be a viable option as they could not accommodate classroom type settings. Deaka presented information on Cal State Long Beach and the Stub Hub Center and options available for these potential sites. Kristine will look into the Carson Community Center and report back. Mary will follow up with Long Beach City College. The next task will be to go and tour the sites. Mary will attend the CAC meeting this Saturday to gather their input on ideas for topics the fair will cover.

Next meeting will be on March 24, 2015.

**Harbor Regional Center Service Policy**  
**EMPLOYMENT FIRST**

**DEFINITION:**

“Employment” is defined as regular or customized employment in the workforce

- ⊙ Where employees with disabilities are included on the payroll of a competitive business or industry
- ⊙ Where the assigned employment tasks offer at least minimum or prevailing wages and benefits
- ⊙ Where there are ordinary opportunities for integration and interaction with co-workers without disabilities, with customers, and with the general public.

**PHILOSOPHY:**

*Harbor Regional Center opposes segregated employment and subminimum wage for people with intellectual and other developmental disabilities; we seek to promote public policy:*

- ⊙ that restricts the expenditure of public funds to businesses who segregate employees with disabilities from the general workforce;
- ⊙ that ends the ability of employers to pay employees with disabilities a sub-minimum wage;
- ⊙ that discontinues programs that emphasize moving young adults from the classroom to a segregated or sub-minimum wage employment environment.

*Harbor Regional Center seeks to promote and facilitate integrated and comparable wage employment alternatives:*

- ⊙ that strengthen existing and create new government tax incentives for employers to hire employees with disabilities into integrated environments at comparable wages.
- ⊙ that assist employees with disabilities to find employment in the general workforce in jobs that they choose.

*Harbor Regional Center believes the essential ingredients needed to advance competitive integrated employment for people with developmental disabilities are:*

- ⊙ A fierce commitment to make this happen;
- ⊙ A secondary school education which focuses on the development of functional employability skills, early work experiences, mobility training and a competitive employment goal.
- ⊙ Frequent and strong collaboration between the regional center, the local education agencies, the department of rehabilitation, clients and families.
- ⊙ Internship opportunities such as those provided through Project SEARCH to create opportunities for real world skill development for students as they transition out of school into the world of work.
- ⊙ Post-secondary programs that provide support for students in certificate and degree programs fully integrated with typical students.
- ⊙ Organized support from the business community.
- ⊙ Public relations activities designed to showcase successful partnerships with the business community.
- ⊙ Supporting families early to foster and build high expectations for their children

**POLICY:**

*Harbor Regional Center believes that employment should be the first priority and preferred option for adults with intellectual and other developmental disabilities and is fiercely committed to expecting, encouraging, providing, creating and rewarding integrated employment in the workforce at minimum or competitive wages and benefits. Accordingly:*

- ⊙ Employment opportunities in fully integrated work settings at or above minimum wage shall be the first and preferred option explored in the service planning for working age adults with intellectual and other developmental disabilities.

- Working age adults with intellectual and other developmental disabilities who are being supported in segregated work settings and/or in settings where they receive sub-minimum wages will be encouraged to transition to fully integrated work settings where they may be paid at prevailing rates.
- Harbor Regional Center will not recommend segregated work settings or sub-minimum wage work opportunities for youth and adults with intellectual and other developmental disabilities who are seeking employment.
- Working age adults who choose non-work day activity options will be encouraged to select those options which provide maximum opportunity for volunteering and other activities which take place in integrated settings.
- For those who successfully achieve the goal of employment in an integrated setting, future service planning must focus on maintaining employment as well as the consideration of additional career or advancement opportunities. For those not yet achieving employment, annual service planning must include and reflect employment opportunities as the first and priority service option explored.

Approved by the HRC Board of Trustees Month, Year.

DRAFT

**Harbor Regional Center  
Community and Financial Development Committee**

**March 6, 2015**

**Attended by: John Rea, David Gauthier, Doug Erber, Nancy Spiegel**

## **Harbor Help Fund - Holiday Funds Raised**

The committee reviewed Holiday Funds raised in 2014, which totaled **\$40,586**. Of this:

- \$23,000 was received through grants from Rotary Club RAT Beach Ride, Boeing Employees Community Fund, and More Opportunities for Developmentally Disabled (MODD), and Del Harbor Foundation.
- \$17, 586 was received from individual and business donations in response to our most successful direct mail campaign to date. Doug commented that using a combination of direct mail followed up by email reminders has been found to be a very successful approach. Next year we will include a final reminder just before the end of the calendar year.

Last fall, the Board approved a Harbor Help Fund allocation of \$25,000 for the 2014 holiday season, based on funds raised in 2013. The above funds raised in 2014 will be the basis of what we recommend to the Board for the 2015 Holiday Giving program. John commented that it will assist us in the future for planning purposes when we remember that we are actually raising funds for the following year's Holiday Giving allocation. With this in mind we can provide our input earlier in the year for the 2015 allocation. The committee recommends that we apply some of the funds raised this year to the general Harbor Help Fund. We noted that the generous contribution of \$10,000 from MODD was a one-time grant that was provided when this non profit organization dissolved, so perhaps these funds may be applied over several years, eg. \$2500/year for four years. David suggested we increase the allocation for 2015 from \$25,000 to \$30,000, which would leave \$10,500 for the general Harbor Help Fund.

## **World Games 2015**

Harbor Regional Center wants to help welcome the World Games Athletes from around the world this summer. Nancy provided a handout on HRC recruitment of Fans in the Stands. After beginning recruitment last week, we now have 15 Volunteer Team Captains and about 160 volunteer Fans thus far. Doug shared that the Interagency Coordinating Council and ARCA are talking with the World Games Board about how regional centers may become involved. The Special Games board expressed a need for volunteer doctors and dentists who have experience treating individuals with developmental disabilities. All of the athletes will receive medical, dental, and vision screenings, etc.

## **Future Resources**

David reminded us of the Walmart/Sams Club Volunteer Assistance program. (apply with local store managers). If they send 5 or more volunteers to an event, the company may also contribute funds).

The Mitsubishi Electric America Foundation has shown interest in serving young adults with challenges seeking employment.

John met the new Director of Development, and will explore fundraising opportunities at the South Bay Botanical Gardens.

The Japan America Society's Kite Festival taking place next fall may be a place for HRC to share our Prevention outreach information. If so we should invite Japanese speaking staff because approximately 35% of those in attendance are Japanese speaking.



**Harbor Regional Center  
Service Provider Advisory Committee  
Minutes: January 20, 2015**

**Members Present:** Kristine Engels, Life Steps Foundation, Chair, Rhiannon Acree, Cambrian Homecare; Dee Prescott, Easter Seal Southern California; Nancy Langdon, Canyon Verde; Donna Koenig, Oxford Healthcare; Terri Nishimura, Pediatric Therapy Network; Barbara Schlosser, Ability First; Gina Nunes, Pathpoint; Rahil Roussos, Ronit Molko, Autism Spectrum Therapies; Angie Rodriguez, Social Vocational Services; Harry Van Loon, ARC-Long Beach; Sara Sanders, Mentor Network

**HRC Staff Present:** Barbara del Monico, HRC Resource and Technology Center Manager; Kaye Quintero, HRC Controller; Ashley Ayala, HRC Fiscal Review Specialist; Colleen Mock, HRC Community Services Director

**Presentation of HRC Assistive Technology Lab:**

Ms. Barbara del Monico discussed the HRC Assistive Technology Center and the AT Consultation for licensed homes and day programs. There was also discussion of the Augmentative Communication Assessments that can be accessed for individual clients. The AT Lab does not fund equipment repairs that are funded through Medi-Cal/Medicare or private insurance. The HRC counselor can coordinate an AT assessment.

**HRC Legislative Reception Update**

Ms. Terri Nishimura discussed the interest in the HRC Service Provider Advisory Committee sponsoring another legislative reception. All of the members are in favor of sponsoring additional receptions. Ms. Nishimura will work with HRC to coordinate another event that will be discussed at the March Service Provider Advisory meeting.

**CMS-HCBS Waiver Update**

Ms. Mock distributed the update on the HCBS Statewide Transition Plan Summary. The transition plan was submitted on 12/19/14. Ms. Mock will have a presentation on this waiver at the March Service Provider Advisory meeting.

**Self-Determination Program Update**

Ms. Mock provided an update on the Self-Determination Program. DDS submitted the waiver application on December 31, 2014. CMS has 90 days to take one of three actions on the application (approve; deny; or request additional information).

While CNS is reviewing the waiver application, DDS will continue to work on various aspects of the program including the development of training and informational materials regarding self-determination. Progress reports will be posted on the DDS self-determination program website.

**The next Service Provider Advisory Meetings in 2015 are scheduled at 10 am the following dates:**

**March 17, 2015**

**May 19, 2015**

**July 21, 2015**

**September 15, 2015**

**November 17, 2015**

**. Harbor Regional Center  
Board Planning Committee  
Minutes:  
January 30, 2015**

Present: Wendy Sorel, Ron Bergman, Kathleen Keon, Nancy Spiegel

**Performance Plan, 2014: Summary of Year-End Progress on Outcomes**

**HRC continued to show positive progress in the desired direction on Performance Outcomes, with more children and adults being served in home settings, and a continued decrease in the number of adults who live in developmental centers and larger licensed care settings.**

Desired Outcome: Continue to decrease % of clients who live in State Developmental Centers.

2014 Outcome: 14 more clients moved into the community in 2014, to 42 total as of December (0.36%).

Desired Outcome: Continue to increase % of children who live with families.

2014 Outcome: This percentage has been greater than 99% since 2009, and continued to increase to 99.88% of HRC children by 12/14.

Desired Outcome: Decrease % of minors who live in homes for 7 or more.

2014 Outcome: Maintained at best possible- We continue to have no HRC children in homes for 7 or more

Desired Outcome: Increase % of adults living in home settings.

Outcome: This percentage has increased to a little over 80% of HRC adults now living in home settings, including family homes, foster homes, supported and independent living

Desired Outcome: Decrease % of adults who live in licensed homes for 7 or more.

2014 Outcome: This percentage has been reduced to 1.74%. We continue to assess individuals living in larger settings, such as skilled nursing homes, and to identify other living options for them as developed or available.

Desired Outcome: Complete Intake within 142 days or less.

2014 Outcome: We have continued to maintain the best outcome, to complete 100% of intakes within this mandated timeframe or less.

**Prevention Initiative: Developmental Screening of Young Children**

The Committee discussed planning in progress for an HRC Prevention Campaign. The goals of this campaign are to:

- Provide information for parents about typical developmental milestones and indications of possible developmental delays.
- Provide tools for new parents to identify concerns, and to talk with their doctor.
- Share information and tools with pediatricians, clinics, for conducting screening.

At this stage of planning the prevention committee will reach out to partners in the community, such as health plans, clinics, perinatal programs, school health centers, college child development training programs, etc. to provide outreach and distribute information. Head Start.

Strategies include development of information packets, and staffing information and screening booths at community health and information fairs, especially in more underserved, at risk communities. A family and child friendly event to kick off the campaign is being planned for the summer.

This committee shared recommendations and contacts for outreach, publicity, etc.

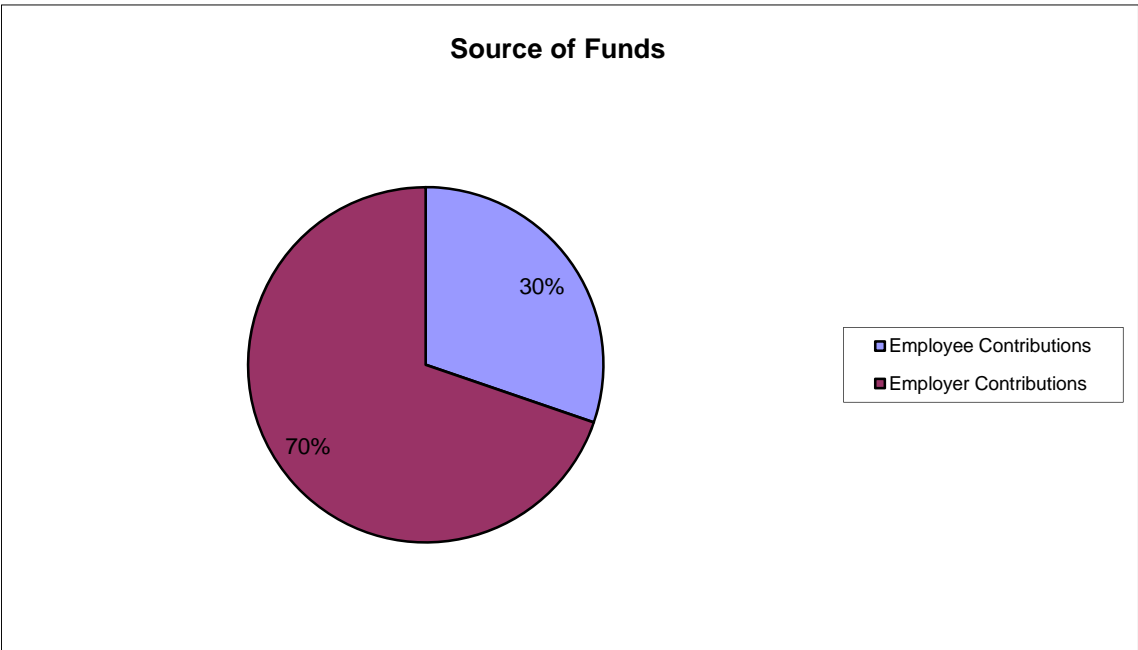
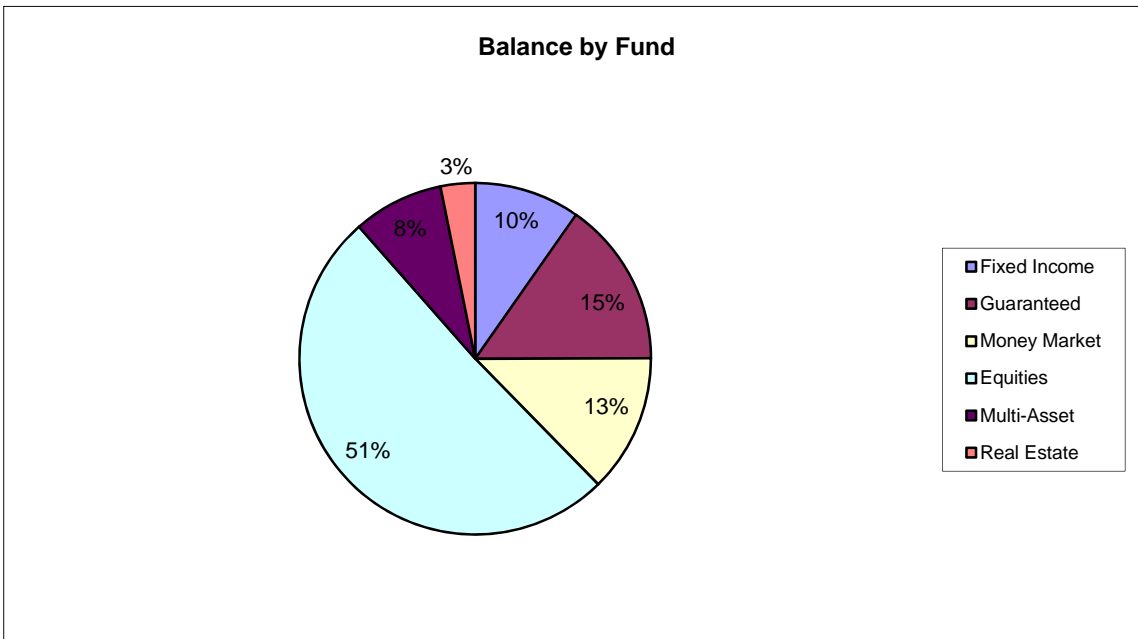
## **Legislative Advocacy**

Nancy distributed a list of State Legislators for the HRC area, and shared the planning for meeting with them in their district office and the capitol. As of the date scheduling is in progress and two meetings had been schedule (Hadley and Rendon). We will again invite them to tour programs in their districts. Committee members were invited to participate in these meetings, especially with their own representatives. We will also work with the Service Provider Advisory Committee to plan a Meet Your Legislator event in the coming months.

**Harbor Regional Center  
Retirement Plan Balances as of 12-31-14**

	<b>Employee Contributions</b>	<b>Employer Contributions</b>	<b>Total Balance</b>
Fixed Income	\$992,200	\$2,643,013	\$3,635,213
Guaranteed	\$2,399,941	\$3,290,098	\$5,690,039
Money Market	\$993,422	\$3,746,676	\$4,740,098
Equities	\$5,743,581	\$13,245,253	\$18,988,834
Multi-Asset	\$664,458	\$2,442,837	\$3,107,295
Real Estate	<u>\$506,949</u>	<u>\$678,637</u>	<u>\$1,185,586</u>
<b>Total</b>	<b>\$11,300,551</b>	<b>\$26,046,513</b>	<b>\$37,347,063</b>

\* Plan Balances include active and terminated employees still in the Retirement Plan.  
 Plan Balances include 401(k) and 457(b) Plans.  
 \*\* Employee Contributions include \$1,533,671 in Rollover funds.



**Harbor Regional Center  
Retirement Plan Performance**

<b>Fund Balance 9/30/14</b>	<b>\$36,048,668</b>
Activity 10/1/14 - 12/31/14	
Distributions	(\$233,062)
Contributions	<u>\$536,090</u>
Net	\$36,351,696
<b>Fund Balance 12/31/14</b>	<b>\$37,347,063</b>
Gain/(Loss)	\$995,368
% Gain/(Loss) for the Period	2.76%
 <b>Active Employees in Retirement Plan</b>	 269

<b>Loan Information</b>	<b>as of 9/30/2014</b>	<b>as of 12/31/2014</b>	<b>Increase/ (Decrease)</b>
Employees with Loans			
Active Employees with Loans	56	54	(2)
Terminated Employees with Loans	<u>10</u>	<u>9</u>	<u>(1)</u>
Total	66	63	(3)
 Average Balance Amount	 \$5,320	 \$5,828	 \$508
 Loan Value			
Employee Contributions	\$335,636	\$355,404	\$19,768
Employer Contributions	<u>\$15,485</u>	<u>\$11,765</u>	<u>(\$3,720)</u>
Total	\$351,121	\$367,169	\$16,048