

**Harbor Regional Center
Board Development Committee
March, 2016**

There are three current Board members whose terms will expire and who are not eligible to be re-elected. They are: Joe Czarske, David Gauthier and Wendy Sorel. Mr. Rea has reached out to former Board members, Fu-Tien Chiou and Mariano Sanz who have indicated that they are interested in being considered for election to the Board and their names will be submitted for such election at our annual Board meeting in May. Ms. Del Monico is in the process of recruiting at least one client to take David's vacant seat and their names will also be submitted for election at our annual Board meeting in May.

At the April training meeting of the Board, Mr. Rea will announce a slate of officers for next fiscal year. The slate must be voted on at the annual meeting in May.

After the February training meeting, Board members were asked to complete a survey in which they could indicate their preference for the annual Board Retreat date. The date which has been selected is Saturday, June 11. The Board should be reminded that the Board Recognition Dinner will take place that evening. Further details will be provided well in advance.

Harbor Regional Center
Client Advisory Committee
February 13, 2016 Meeting Minutes

Members Present: David Gauthier-Chairperson; Rita Theodore; Mead Duley ; Danielle Schorr; Debbie Howard; Thomas Basch; Kelly Sutton; Timothy Holmes

HRC Staff Present: Brent Fryhoff; Elizabeth Stroh

Life Steps Staff Present: Kristine Engels

Call to Order & Minutes Approved

David called the meeting to order at 1:14 p.m. David introduced the minutes of the November 21st meeting.

The minutes were unanimously approved by all committee members.

Regional Center Update

Brent and Elizabeth shared with the CAC members that HRC hired 15 new staff in the month of January. This may be a record number of new hires for Harbor Regional Center. They also shared that HRC is 99.9% paperless now and over 16,000 records have been scanned. They shared that HRC is tightening their safety and security due to the recent incident occurred at Inland Regional Center in December of last year. They also shared that construction has recently begun at the Long Beach office and the next CAC meeting will be hosted at the Life Steps Seaside Learning Center.

Brent and Elizabeth shared the updates on clients residing at Fairview and let CAC members know that HRC is now down to 21 clients. Juan Bermudez continues to work diligently to get HRC clients in less restrictive living arrangements in the community. Also, the initiative to get clients out of skilled nursing homes continues and HRC is now down to only 48 clients. Harbor Regional Center had over 73 clients in these types of facilities when this big push was started. Lisa Marie Belveal continues to work closely with families, nursing home staff, doctors, and service coordinators to make this happen. Clients have moved back with families, supported living arrangements, and group homes.

Brent and Elizabeth let CAC Members know that Counselors will now be known as and called Service Coordinators. Also, the IFSP is now called the Individual Person-Centered Plan (also known as the IPP) for adult clients. Service delivery and case management will remain the same.

**HRC Client Advisory Committee Meeting
February 13, 2016 Minutes
Page 2**

Open Discussion on DDS Power Point Presentation

CAC Members went over the power point presentation regarding the Department of Developmental Services plan to close the last two Developmental Centers in California. Fairview Developmental Center and Porterville Developmental Center are the next two centers to be closed. The plan must be given to the Legislature by April 1, 2016. CAC Members discussed how the plan will affect residents and families, how the plan is made, and consumer input. CAC Members thought of the idea of getting families who have previously had a family member move out of a developmental center be “Mentors” to families who still have family inside the centers and will be looking at other options soon. These “Mentors” could share their personal experiences and success stories of how the process and transition was. This may put families at ease who are uneasy about the changes. Elizabeth and Brent encouraged CAC Members to give their input via e-mail or phone to DDS.

CAC Outreach

CAC members discussed the possibility of inviting more clients to participate in the Client Advisory Committee. A blast may go out soon to the clients who attend the Ambitions Club House or to all clients residing in HOPE properties.

Self Determination Program

Brent and Elizabeth handed out the latest information on Self-Determination that is on the HRC website and encouraged all CAC Members to keep updated through our website each month or to attend the HRC Self-Determination Advisory group that currently meets on the 2nd Wednesday of each month at Harbor Regional Center’s Torrance office. Meetings are open to the public and dates are posted on the self-determination website. The Department of Developmental Services has submitted a waiver application for Self-Determination Program, which must be approved for federal funding, before California may implement the proposed program. On September 29th, the Self Determination Program Waiver Application was formally resubmitted to the US Centers for Medicare and Medicaid Services (CMS). In December, CMS sent a letter to the stated asking numerous detailed questions about, and requesting more information on specific sections in the Self-Determination Program Waiver Application. DDS is working with the Department of Health Care Services to provide written responses, to answer CMS’ questions and secure approval of the waiver. Brent and Elizabeth let CAC Members know that we do not yet have an estimated date when this program will be implemented; however HRC is committed to keeping clients and families informed on this new program.

HRC Client Advisory Committee Meeting
February 13, 2016 Minutes
Page 3

Next CAC Training

The CAC Members would like training on Voting Rights at the next CAC meeting in May. David will work on solidifying a guest speaker to present on voting rights from the Long Beach City Clerk's office. The speaker will touch on the following topics: the different political parties, civic education, and the local/ federal government. Also, CAC Members thought it would be a good idea for the speaker to bring voter's registration cards and register people to vote at the next CAC meeting.

Adjournment

David Gauthier adjourned the meeting at 3:00 p.m.

Next CAC Meeting

The next Client Advisory Meeting will be held on Saturday May 14th 2016 at the Life Steps Seaside Learning Center located near downtown Long Beach.

NOTES

Purpose of Committee: Representation across age, ethnicity, and diagnosis to have discussion regarding on going service needs, quality of services and service implementation and report findings to the HRC Board

Committee Members and Recruitment: Need wide range of representation, need focus of committee to better advertise, outreach via HRC service coordinators, support groups etc., survey to determine needs. How do we currently recruit members?

- * It has been a long time
- * email to service coordinators looking for parents/ clients
- * Make use of newsletter and email blast (help shape the future of client services)
- * flyer for support groups
- * some sort of survey

Topic for future meetings: Transition type services

- * Early Intervention Services
- * Adult related services
- * have a series of guest speakers to educate new members and to make the committee

strong and to build commitment

- * Policy and Procedure review
- * Forensic Services / education
- * Self Determination
- * Conservatorships
- * working with your schools
- * NCI - what are results of survey and need for help .. Example Health issues compared to

people without DD

- * Rights / Decision/appeal process
- * IPP / IFSP sign in sheet mandated changes
- * Importance of ADA
- * right to vote and importance

Will continue with current meeting schedule

- * 1/26/16
- * 2/23/16
- * 3/22/16
- * 4/26/16
- * 5/24/16
- * 7/26/16
- * 9/27/16
- * 10/25/16

NEXT MEETING

February 23rd, 2016 6:00 PM at HRC A4

Final Approval for the Flyer

Set Topics for March and April meetings

CLIENT SERVICES COMMITTEE

February 23, 2016

Minutes

Attendees: Antoinette Perez (HRC staff), David Gauthier, Deaka McClain, Patricia Jordan (Chair), Patricia Flores, and Kristine Ingles.

Recruitment of new committee members:

The committee members agreed that recruitment of additional members would be a priority. Antoinette advised that she would follow up with HRC management staff to discuss recruiting efforts: focus will be on adding more parents of clients as committee members.

The committee members discussed possible topics for future meetings and agreed they would like to see training on client services across all 3 departments. Areas of interest include:

- Supports/ services provided to forensic clients
 - Review of HRC forensic policy and procedure
 - Presentation by HRC's Forensic Psychologist
 - Competency
 - Outreach/ training of community emergency services including law enforcement.
- Housing
 - Current initiatives and trends
 - Hope and other housing offered through RC
- Supports/ services for clients with behavioral/ social challenges
 - Review of HRC policy on behavioral services
 - ABA and access of Insurance and Medical as funding source for clients with ASD
 - Behavioral services for clients other than ASD
- Supports/ services for clients in early childhood
 - Prevention
 - Outreach
 - Interventions
 - How services differ from over 3
- Parent trainings offered through HRC
- Transition points/ SERVICES- Into school and out of school "how do we support our clients"

Committee members requested follow-up regarding the status of the Wellness Fair, Employment First, and other past issues that were presented to the committee for input.

**Harbor Regional Center
Service Provider Advisory Committee
Minutes: February 2, 2016**

Members Present: Kristine Engels, Life Steps Foundation, Chair; Nancy Langdon, Canyon Verde; Terri Nishimura, Pediatric Therapy Network; Harry Van Loon, ARC-Long Beach; Kristy Glass, Arts and Services; Kayla Wright, Alliance Human Services; Maggie Agrusa, Ability First; Clare Grey, South Bay Vocational Center; Rob Haupt, AST; Dee Prescott, Easter Seal Southern California

HRC Staff Present: Judy Wada, HRC Chief Financial Officer; Kris Zerhusen, HRC Resource and Technology Center Assistant Manager; Ashley Ayala, HRC Fiscal Monitor; Nancy Spiegel, Information and Training Director; Colleen Mock, HRC Community Services Director

Staff and Client Training Materials:

Ms. Zerhusen shared information on the seven family support groups including the sibling clubs both in Torrance and the Long Beach sites. A Japanese support group will be starting in March. There was also discussion of the parent-to-parent support groups.

She also discussed DVDs discussing cultural diversity.

DDS Updates:

Ms. Colleen Mock announced that Santi Rodgers retired as DDS Director 12/1/15 and Michael Wilkening is the acting Director.

CMS-HCBS

Ms. Mock distributed the CMS “Guidance on Settings that have the Effect of Isolating Individuals Receiving HCBS From the Broader of Community” to use as a self-appraisal of site-based services. DDS is developing a revised

Self-Determination Update

CMS has responded with a number of questions for DDS to respond. The clock stops until the responses are submitted to CMS. DDS is working on the training materials.

**Harbor Regional Center
Service Provider Advisory Committee
February 2, 2016 Meeting
Page 2**

Legislative Informational Activities

The members discussed hosting a legislative event in the 3rd week in March to honor Assembly member David Hadley and Digital First Media for their support of the developmental services system. The event would be held in the HRC Torrance office

Service Provider Training for FY 15-16

The members suggested the following topics for trainings: an open house for the HRC Resource Center to discuss what is available; cultural diversity; assistive technology and augmentative communication; generic resources such as 211, managed care and mental health; use of social media and evidence-based therapies.

There was also discussion regarding internet safety for clients, including cyber bullying and interactions with law enforcement.

Budget Update

The Governor's proposed budget was reviewed, including a proposal to have an increased rate for licensed homes for four or fewer individuals.

Ms. Nancy Spiegel reported that it is recommended to discuss targeted increases rather than across the board increases for service providers.

HRC Updates

Mr. Jahn Rokicki retired in January and Heather Clark-Sheppard is the Director of Early Childhood Services.

Antoinette Perez has been promoted and is the Director of Childhood Services.

HRC Counselors are now called Service Coordinators.

IFSPs for clients over the age of three are now called IPPs, Individual Person-Centered Plan.

The HRC Diversity meetings are scheduled on March 23, 2016 at the HRC Torrance office at 3 P.M. and March 29, 2016 at the Burns Center in Lakewood at 6 P.M.

**Harbor Regional Center
Service Provider Advisory Committee
February 2, 2016 Meeting
Page 3**

Harbor Regional Center will be posting an RFP on their website for the development of two licensed homes and a mental health day program for clients moving from the state developmental center

The HRC Service Provider Advisory Meeting Schedule for 2016 is:

April 5, 2016

June 7, 2016

August 2, 2016

October 4, 2016

**Harbor Regional Center
Board Planning Committee Minutes:
February 12, 2016**

Present: Wendy Sorel, Ron Bergman, Patricia Jordan, Kathleen Keon, Nancy Spiegel

Budget Update

Nancy provided an update on efforts in Sacramento to reach a compromise agreement on the Managed Care Organization (MCO) tax. This has been restructured to obtain the support of the MCO Health Plans, to bring \$1.1 Billion to California for MediCal, and no net increase of taxes for the MCOs. If this passes, a portion of the funds are to be allocated for IHSS and developmental services, though the amount of funds which may come to developmental services is still not known at this time. Sources in the Administration report that they believe the new plan will move quickly now for approval by the legislature. They have asked ARCA and the Lanterman Coalition to seek the support of legislators for this plan.

Assembly Member Rudy Salas has submitted a letter to Budget Committees in the Senate and Assembly, noting that the Governor's proposed budget for 2016-17 "provides no actual relief" to adequately fund regional centers, and urging them to keep the promise to individuals with developmental disabilities and their families. Many other legislators in both houses signed on to the letter including, from the HRC service area. Assembly Members David Hadley and Ian Calderon, and Senator Janet Nguyen.

Performance Plan Progress Report

The committee reviewed DDS's 2015 year-end performance outcome data for Harbor Regional Center. The report reflects client data as of the end of December, 2015. It shows that HRC has continued to assist and support our clients to live in home settings in the community:

- Only 0.23% of HRC clients were remaining in State Developmental Centers (and more have moved into the community since December).
- Only 1.5% of HRC adults remain in licensed homes serving 7 or more.
- No HRC children live in homes serving 7 or more.
- Adults in large health care settings such as Skilled Nursing Care are being assisted to move to smaller, more integrated settings in the community as well.
- Over 80% of HRC adults and 99.8% of HRC children live with families or in independent and supported living.

Harbor Regional Center Diversity Plan

As a follow up to discussion at our last meeting, Nancy shared HRC's progress in preparing for a survey of our community. Working with contractor, Kinetic Flow Corp. we are in the process of refining our list of questions to include in a telephone survey our clients' families, to obtain their input on service access, usage, and satisfaction, while keeping the total survey length as short as possible. Kinetic Flow has extensive experience and staff expertise in conducting surveys with regional center families including a capacity to interview families in our most prominent languages. A key focus of this survey will be to gain additional understanding of disparities, and barriers to service utilization by different cultural groups served by HRC.

HRC has scheduled two Public Meetings to share 2015 Demographic and Expenditure data, and provide information on our efforts to reduce barriers to service access and utilization. Meeting information is posted on our website.

Wednesday, March 23, 2016

3:00 – 5:00 pm

HRC Torrance, Conference Room A1&2

Tuesday, March 29, 2016

6:00 – 8:00 pm

Burns Community Center

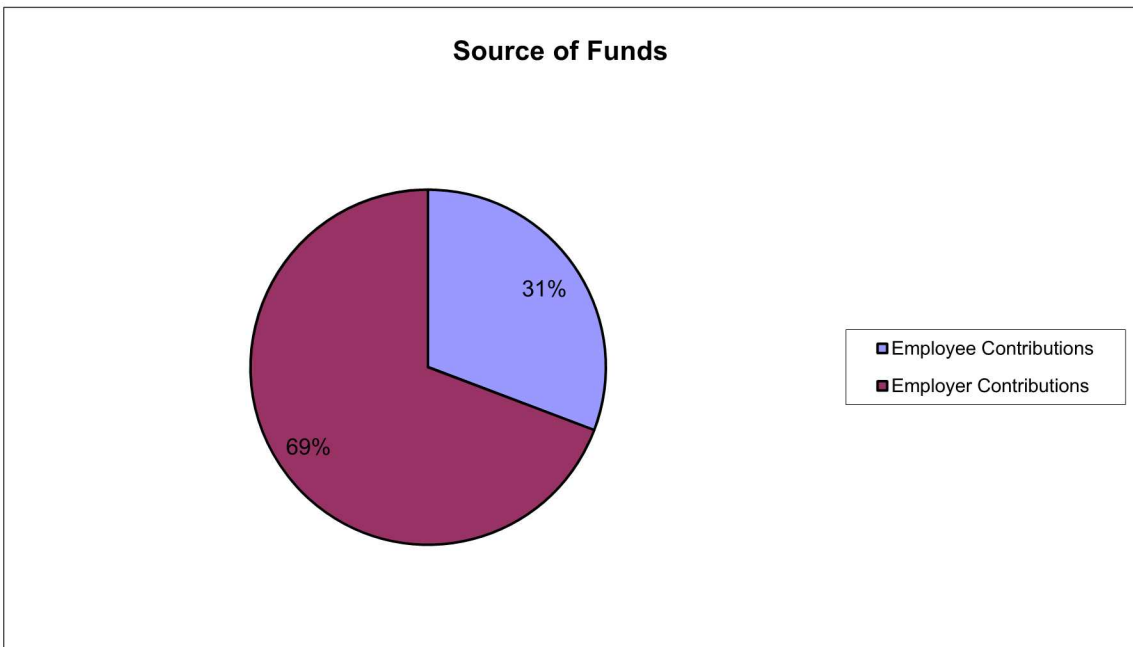
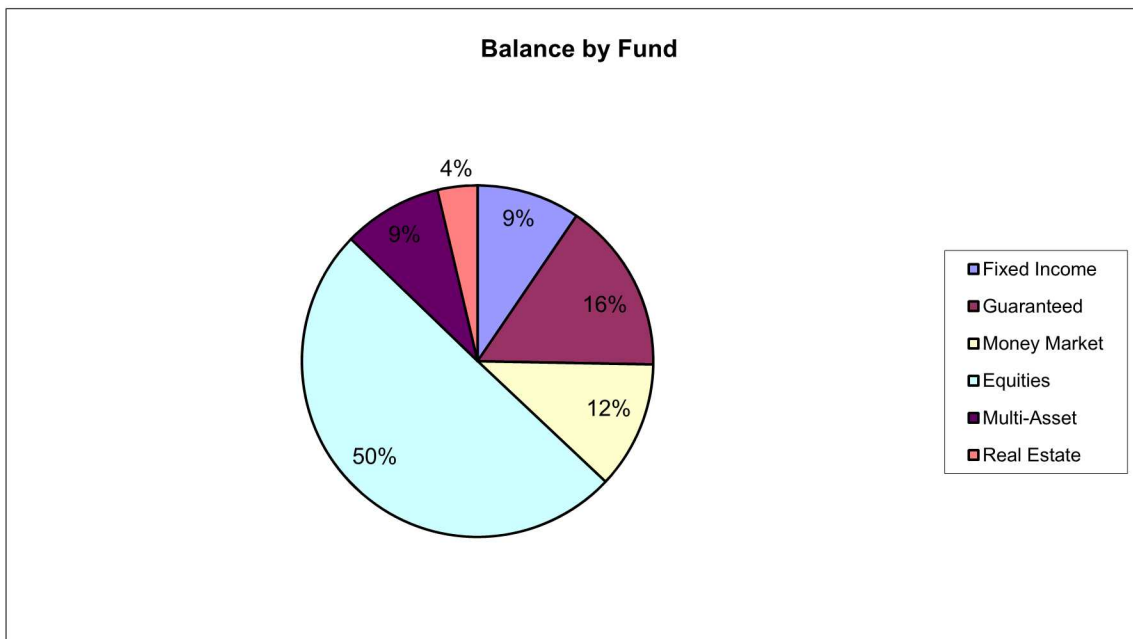
5510 Clark Ave

Lakewood, CA 90712

**Harbor Regional Center
Retirement Plan Balances as of 12-31-2015**

	Employee Contributions	Employer Contributions	Total Balance
Fixed Income	\$997,231	\$2,595,400	\$3,592,631
Guaranteed	\$2,554,806	\$3,404,799	\$5,959,604
Money Market	\$937,717	\$3,480,922	\$4,418,639
Equities	\$5,737,842	\$13,197,745	\$18,935,587
Multi-Asset	\$785,549	\$2,661,141	\$3,446,689
Real Estate	<u>\$592,404</u>	<u>\$789,119</u>	<u>\$1,381,523</u>
Total	\$11,605,548	\$26,129,126	\$37,734,673

* Plan Balances include active and terminated employees still in the Retirement Plan.
 Plan Balances include 401(k) and 457(b) Plans.
 ** Employee Contributions include \$1,569,094 in Rollover funds.



**Harbor Regional Center
Retirement Plan Performance**

Fund Balance 9/30/15	\$36,420,765
Activity 10/1/15 - 12/31/15	
Distributions	(\$285,040)
Contributions	<u>\$562,133</u>
Net	\$36,697,858

Fund Balance 12/31/15	\$37,734,673
Gain/(Loss)	\$1,036,816
% Gain/(Loss) for the Period	2.85%

Active Employees in Retirement Plan	284	57%
Terminated Employees in Retirement Plan	217	43%
Active Employees Total Balance	\$27,142,912	72%
Terminated Employees Total Balance	\$10,591,762	28%

Loan Information	as of 9/30/2015	as of 12/31/2015	Increase/ (Decrease)
Employees with Loans			
Active Employees with Loans	36	36	0
Terminated Employees with Loans	<u>11</u>	<u>11</u>	<u>0</u>
Total	47	47	0
Average Balance Amount	\$7,495	\$7,293	(\$202)
Loan Value			
Employee Contributions	\$348,789	\$339,493	(\$9,296)
Employer Contributions	<u>\$3,484</u>	<u>\$3,274</u>	<u>(\$210)</u>
Total	\$352,273	\$342,767	(\$9,507)

HRC Self Determination Advisory Committee

Meeting Minutes
February 10, 2016

Opening

The regular meeting of the HRC Self Determination Advisory Committee was called to order at 6:15 pm on February 10, 2016 in Conference Room A-4 at Harbor Regional Center. Co-Chairpersons, Ray Ceragioli and Miriam Kang, were present and presided over the meeting.

Committee Members Present:

Ray Ceragioli, Parent
Rosalina Garcia, Parent/Provider
Miriam Kang, Parent
Deaka McClain, Client
Linda Chan-Rapp, Parent
Mariano Sanz – Parent
Eva Casas-Sarmiento, Disability Rights California

Committee Members Absent:

Carola Maranon, Parent
David Gauthier, Client

HRC Staff Present:

Patricia Del Monico, Executive Director
Mary Hernandez, Director of Adult Services

SCDD Staff Present:

Chris Arroyo
Gail Skirisky-Bohn

Visitors Present:

Gerry Denney
Teresa Garcia
Marianne Todoroff

Approval of Minutes

The minutes of the meeting held on January 6, 2016 were approved.

Chairpersons' Announcements

- 1) Mr. Ceragioli informed the committee that a reception would be held on February 18, 2106 in conjunction with the Self Determination Conference

- 2) Mr. Ceragioli also informed the committee that the Statewide Self Determination Advisory Committee Meeting (SSDAC) will be held on March 3, 2016 at Westside Regional Center from 10 a.m. to 5 p.m.
- 3) Mr. Ceragioli pointed out that a new roster of committee members had been posted to the Drop Box. This roster includes additional contact information for all. The need for a few corrections to the roster were identified and committee members were encouraged to report any additional corrections needed.

CMS Questions to DDS

Ms. Casas Sarmiento and Mr. Arroyo gave a comprehensive over view of the CMS request to DDS for additional information and edits to the proposed waiver application. There was extensive discussion on this topic.

CMS Questions to DDS

Mr. Arroyo presented a slide show on the SDP individual budget. Discussion followed.

HRC Client Advisory Committee Input

Ms. McClain asked that the report from the client advisory committee be tabled until after their February 13 meeting.

Announcements

Ms. Del Monico announced that HRC will hold annual POS expenditure data meetings in March. These meetings will be at the Torrance location on March 23rd at 3 p.m. and also on March 29th at 6 p.m. at the Burns Center in Lakewood. Spanish translation will be available for both meetings. Information regarding these meetings is posted on the HRC website.

Mr. Arroyo advised that he will present a training focusing on Special Education in Culver City

Agenda for Next Meeting

- 1) The next meeting will include a presentation on the role of the FMS. Ms. Del Monico will invite HRC's frequently used FMS provider to address the committee on this topic.
- 2) Any committee members who attend the Self Determination conference being held on February 18 and 19 are asked to report back on their experience and share any information gained.

Public Comments

There was a question as to whether the general public has access to SDP Advisory Committee materials. Ms. Del Monico pointed out that the agenda is posted on the HRC website and she will make sure that other materials will be posted or linked as well.

Adjournment

Co-Chairpersons Mr. Ray Ceragioli and Ms. Miriam King adjourned the meeting at 7:59 pm. The next general meeting will be at 6:00 pm on March 9, 2016, in Conference Room A4 at Harbor Regional Center, 21231 Hawthorne Blvd., Torrance, CA 90503.

Minutes submitted by: Mary A. Hernandez

Approved by: Pat Del Monico, Executive Director