

Parenting Resource Directory

These classes are offered for free or for a fee. Harbor Regional Center does not sponsor nor necessarily advocate any of these classes. Please contact the programs directly for more information.

Banning/Carson Community Adult School

1527 Lakme Avenue

Wilmington, CA 90744

(310)830-3940 ph

(310)830-3923 fax

Registration fee required. Call for more information and to enroll.

Bellflower Unified School District

16703 South Clark Avenue

Bellflower, CA 90806

(562)866-9011 ext. 3313 (English); ext. 3292 (Spanish)

Cambodian Association of America

2501 Atlantic Avenue

Long Beach, CA 90745

(562)988-1863 ph

(562)988-1475 fax

Enrollment fee \$25

Carson Family Resource

340 West 224th Street

Carson, CA 90745

(310)513-8070 ph

Nancy Jefferson, Program Director

Offering parenting classes and other resources. 12 week module, school-based program, only runs through school year. No fee.

Catholic Healthcare West Services

411 East 10th Street, Suite #207

Long Beach, CA 90813

(562)491-9100 ph

Offering home visitation and child care services. Spanish, Cambodian and Loa available. No fee.

Centro Contra La Violencia

302 West 5th Street, Suite #100-C

San Pedro, CA 90731

(888)323-6876 ph

Offering 12 and 52-week courses. Enrollment fee \$25 and sliding fee scale. Spanish available.

Compton Special Services Center

404 North Alameda
Compton, CA 90221
(310)605-5693 ph
(310)639-5250 fax
Enrollment fee \$20; sliding fee.

Exchange Club Family Support Center

3134 East 7th Street
Long Beach, CA 90804
(562)434-6889 ph
Offering parenting and homemaker skills to high-risk families. Fee required. Spanish available.

Family Services of Long Beach

1041 Pine Avenue
Long Beach, CA 90813
(562)436-9893 ph
(562)493-2092 fax
Sliding fee scale; offering courses in English only.

HelpLine Youth Counseling/Outreach Office

1133 Rhea Street
Long Beach, CA 90806
(562)599-2244 ph
(562)864-4596 fax
Sliding fee scale.

Joint Efforts

590 West 8th Street
San Pedro, CA 90731
(310)831-2358 ph
(310)864-4596 fax
Low cost or no cost; based on income.

**Long Beach City Alcohol/Drug Program
City of Long Beach****Department of Health and Human Services**

- 2525 Grand Avenue, Suite #201, Long Beach, CA 90815
(562)570-4100 ph; (562) 570-4049 fax
- 6335 Myrtle Avenue, Long Beach, CA 90805
(562)570-4540
- 2655 Pine Avenue, Long Beach, CA 90806
(562)570-4101

\$75 fee required. Offering 16 week courses. Spanish available.

Long Beach Unified School District

Westside Healthy Start

1830 West Columbia Street

Long Beach, CA 90810

Offering free classes in the Fall.

Mahar House Community Center

Catholic Charities

1115 Mahar Avenue

Wilmington, CA 90744

(310)834-7265 ph

(310)834-8813 fax

Parenting classes require \$55 fee. Also offering ESL classes, summer youth programs and special holiday programs for families.

Miller Children's Hospital Long Beach

Family Resource Center

2801 Atlantic Avenue

Long Beach, CA 90806

(562) 933-8048 ph

(562)933-8430 fax

Offering parenting support groups, workshops, training and resource information.

T.A.S.K.

Parent to Parent Support

100 W. Cerritos Ave

Anaheim, CA 92805

(714) 533-TASK ph

Offering parent to parent support and information to families of children with special needs.

Torrance Adult School – Griffith Adult Center

2291 Washington Avenue

Torrance, CA 90501

(310)972-6500 ext. 8300 ph

(310)972-6394 fax

Offering parent education classes. Call for enrollment and fee information.