

Harbor Regional Center

Client Advisory Committee

November 15, 2014 Meeting Minutes

Members Present: Deaka McClain-Co-Chairperson; Rita Teodoro-Secretary; Constance Leuck; Wesley Dale; Erik Soe; Mead Duley ; Michelle Roach; Danielle Schorr; Debbie Howard; Matt Cox; Karen Tripp; David Oster; Thomas Basch; Kelly Sutton

HRC Staff Present: Brent Fryhoff & Elizabeth Stroh

Life Steps Staff Present: Patricia Flores

Call to Order & Minutes Approved

Deaka McClain called the meeting to order at 1:13 p.m. Deaka introduced the minutes of the August 16, 2014 meeting.

The minutes were unanimously approved by the committee members.

Regional Center Update

Elizabeth Stroh reported about the Integrated Health Project. The “Project” has developed 20 homes in an effort to get more people out of the Developmental Centers. We have a goal of placing 23 clients into the community from the Developmental Centers for this fiscal year. HRC currently has four clients already out and are working diligently on placing more in the community.

Elizabeth also shared that the Lanterman Developmental Center will be officially closed by the end of December 2014. Lanterman used to have over 3,000 people living there at one time and by the end of November there will only be one client left. The closure is a significant accomplishment for all the Regional Centers. Harbor Regional Center has stepped up and has provided many living and day program options for these clients coming out of the institutions. The initiative to close more Developmental Centers will continue.

Elizabeth shared that we recently had our Hope Fundraiser on 11/3/2014 at the Rolling Hills Country Club. This was the 7th Annual fundraiser and it was a huge success. HRC was able to raise a lot of money for HOPE which in turn will help clients have options of affordable housing in nice, safe neighborhoods. A few members from CAC shared that they are very thankful for the HOPE program and that it has provided them with the ability of living in a reasonably priced homes in a good areas.

Elizabeth also shared that there continues to be an employment initiative for the DDS population. Harbor Regional Center continues to work closely in collaboration with supported employment agencies in finding our clients jobs in the community making minimum wage or higher. \

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Elizabeth briefly talked about Self Determination and encouraged members who are interested to contact their counselors. This is Senate Bill 468 and it has officially been signed into law. Only 98 people will start the Self Determination Pilot Program and these clients will have to meet certain criteria in order to be considered.

CAC Outreach

Deaka McClain and Kelly Sutton reported on the recent visit to SVS Lakewood Partial Work Day Program on October 30, 2014. Brent Fryhoff made arrangements, with Kelly Sutton's assistance, in coordinating the visit. The following CAC members were present at the visit: Kelly Sutton and Deaka McClain. CAC Members passed out information about the CAC group to clients at SVS Lakewood and talked about the Client Advisory Committee's role and purpose. The CAC group also toured SVS Lakewood. Deaka was able to share some of the challenges she has faced in her life to the clients of SVS Lakewood and how she was able to overcome these obstacles. There were a few SVS clients who were interested in what the Client Advisory Committee has to offer.

Brent Fryhoff shared to the CAC group that this type of day program was originally developed to give clients at the sheltered workshops other options of work. Clients at this Partial Work Program are able to earn minimum wage and work in places such as Home Goods, Walgreens, and H&H Nursery. They are able to gain "real life" work experience at businesses in the community up to 50% of the time while at program. This type of day program has become rather popular and all three programs of this model are currently full. Brent Fryhoff let CAC members know that an SVS Lakewood II will be opening sometime next year and will be able to accommodate 60 more clients once it is licensed.

CAC By-Laws

Brent Fryhoff distributed the finalized CAC By-Laws. The By-Laws were unanimously approved after three revisions.

Discussion of CAC Future Events

CAC members would like to have Harbor Regional Center's Benefits Specialist, Cori Reifman, come and talk about the recent changes with Medi-Cal and IHSS.

This continues to be CAC Member's first preference of a speaker. Cori was unable to attend this meeting; however is planning on attending the meeting in February at the Torrance office.

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CAC Members also brainstormed several ideas for the upcoming Health & Safety Fair that hopefully will be held in the fall of next year. CAC Members had a lot of good ideas on topics that should be covered and who should come present.

DDS CAC Update

David Oster gave an update on Self Determination. He recently attended the Self-Determination Conference that was held on November 7th and 8th. David is looking forward to the implementation of this new law.

Adjournment

Wesley Dale adjourned the meeting at 3:01 p.m. since Deaka had to leave early.

Next CAC Meeting

The next Client Advisory Meeting will be held on Saturday February 21st, 2015 at the Harbor Regional Center Torrance Office from 1:00 p.m. – 3:00 p.m.



Client Services Committee Minutes

September 23, 2014

Members in attendance: David Gauthier and Jeff Brower

Staff: Claudia DeMarco and Mary Hernandez

The committee members discussed the possibility of a health fair for adults in the fall of 2015. First round planning will focus on building a collaborative organizing group among the members of the Client Services and Client Advisory Committees with staff from the Adolescent and Adult Services.

Timelines were discussed with and the recommendation for the collaboration will be presented at the next CA meeting. A planning group will be identified and will target completing a final proposal by mid-February.

Initial ideas for the health fair include looking at the most recent results from the National Core Indicators (NCI) survey – focusing on preventative screenings for mammograms, prostate and pap smears.

Scheduled for the October meeting, Jahn Rokicki will present to the committee the newly passed law legislation regarding the newly restored Early Start program. Jahn will be discussing:

- What are the changes?
- What do we anticipate is going to happen based on the new legislation?
- What are the differences between TFS program and ES?

The next committee meeting will focus on self-determination -- November 18, 2014 at 6 p.m.

**HARBOR REGIONAL CENTER
CLIENT SERVICES COMMITTEE
October 28, 2014**

MEMBERS: Kristine Engels, Fu-Tien Chiou, David Gauthier, Jeff Brower

STAFF: Jahn Rokicki

DISCUSSION:

Restoration of Early Start - eligibility.

When the “at risk” criteria for eligibility as defined in the California Early Intervention Services Program (Early Start) was eliminated in 2009, many infants and toddlers in our service area were no longer eligible for service coordination and other services from HRC. However, the Family Resource Centers were provided with additional funding to create the Prevention/PRRS program. A total of 305 infants/toddlers and their families have been referred.

The HRC Family Resource and Assistive Technology Center has offered a wide array of supports and parent education opportunities. The program, called ***Together From the Start (TFS)***, has provided many small group sessions for language, motor and social development. The focus is on strengthening families through information and support, utilizing instruction as well as parent-to-parent connections. Enrollment and attendance at sessions is high and feedback from participating families has been extremely positive.

As of January 1st the infants and toddlers who meet the “at risk” criteria will be eligible for Early Start program., and this will most likely included those being served in the Prevention/PRRS program. The Committee members discussed concerns about the continuation of the successful TFS classes, notification to PRRS families, and the potential need for additional Early Intervention Counselors due to the client/families moving to Early Start services as an increase in applicants for services once the community is knowledgeable about the eligibility changes.

NEXT MEETING:

Tuesday, November 25 2014

**Harbor Regional Center
Community and Financial Development Committee
September 12, 2014**

Attended by: John Rea, David Gauthier, David Bourassa, Nancy Spiegel

Holiday Fund

The committee reviewed Holiday Funds raised in 2013 and thus far in 2014. Members were reminded that the funds raised in a given year will determine the amount of Holiday Fund expenditures in the following year.

Funds were raised in 2013 through a combination of grants and individual donations totaling just under \$25,000. This committee supports the recommendation to the Board that this amount be allocated for Holiday Fund expenditures in the 2014 season.

We have had an excellent start to our 2014 fundraising, still in progress in the current year.

Grants thus far this year from Boeing Employee Charity Fund, More Opportunities for Developmentally Disabled, and Del Harbor Foundation have totaled \$19,000. We are hopeful that activities still in progress will raise at least what was raised last year.

- Harbor Regional Center was selected by the South Bay Sunrise Rotary to be the top charity for The RAT Beach Charity Bike Tour, taking place Sept 27. We will learn what the proceeds will be for the Harbor Help Fund later this year. (Proceeds for Harbor Help Fund were \$4500 from 2013 event).
- We are now preparing for our annual direct mail fundraising campaign for the Holiday Fund (which in 2013 raised \$11,696).
- Nancy asked committee members to share information about the Holidays Are for Sharing program with potential donors and Adopt a Family sponsors.

Other Initiatives

During the spring we received sponsorships totaling \$39,000 which offset costs for recent 40th Anniversary Celebrations.

Nancy shared information about an upcoming HRC initiative for prevention of developmental disabilities. We are beginning the planning process together with the Board Planning Committee. There will be some events for which sponsorships will be sought. Members expressed interest in participating in these initiatives.

John suggested a future sponsored event could be targeted to parents and caregivers, such as a parents' night out at the Comedy and Magic Club.

**Harbor Regional Center
Service Provider Advisory Committee
Minutes: October 21, 2014**

Members Present: Kristine Engels, Life Steps Foundation, Chair, Rhiannon Acree, Cambrian Homecare, Mary Grace Lagasca, InJOY Life Resources; Dee Prescott, Easter Seal Southern California; Nancy Langdon, Canyon Verde; Donna Koenig, Oxford Healthcare; Terri Nishimura, Pediatric Therapy Network; Clare Grey, South Bay Vocational Services; Jae Lim, Ability First; Gina Nunes, Pathpoint; Rahil Roussos, Autism Spectrum Therapies; Angie Rodriguez, Social Vocational Services

HRC Staff Present: Colleen Mock, HRC Community Services Director

Presentation of Service Provider Training Materials:

Ms. Colleen Mock reviewed the following client and safety videos that are available for service providers to checkout: How to Interact Safely with the Police; Home Cooking; Proper Body Mechanics and Back Safety.

Ms. Mock also reviewed client medical education training material on Type 2 Diabetes available on the DDS Safety Net website.

Ms. Dee Prescott presented on the Relias training system that is used by Easter Seal for new staff orientation. Further information can be obtained by going to the website www.relias.com.

HRC Legislative Reception Update

Ms. Terri Nishimura provided an overview of the legislative reception for Assembly member Al Muratsuchi representing the 66 Assembly District. There were over forty HRC clients, families, service providers and staff present. His staff would like to schedule a follow-up visit

CMS-HCBS Waiver Update

Ms. Mock distributed the update on the HCBS Statewide Transition Plan and discussed the stakeholders' call that was held earlier on this date. DHS may be requesting a delay in the submission of the transition plan.

She encouraged service providers to call in on the next stakeholders' call scheduled for December 2, 2014 from 10 am-12 pm.

Self-Determination Program Update

Ms. Mock provided an update on the Self-Determination Program. DDS must submit the waiver application no later than December 31, 2014. Once the waiver is approved, this program will be available for up to 2,500 participants during the first three years of the program. Ms. Mock distributed an updated frequently asked questions sheet developed by DDS.

She encouraged service providers to attend the upcoming Self Determination conference scheduled for November 7 and November 8, 2014.

HRC Service Provider Advisory Committee Letter to DDS

Ms. Kristine Engels reviewed a draft letter to Sr. Santi Rogers, DDS Director regarding concern over the existing rate structure. The letter was approved by the committee with some slight revisions. It will be sent out on this date.

HRC Announcement of Requests for Proposals

Ms. Mock announced that a RFP Notice is currently on the HRC website, www.harborrc.org.

The next Service Provider Advisory Meetings in 2014 are scheduled at 10 am the following dates:

December 16, 2014

**Harbor Regional Center
Board Planning Committee
November, 2014**

Members: Wendy Sorel, Patricia Jordan, Ron Bergman, Mary Grace Lagasca, Kathy Keon, Nancy Spiegel

HRC Performance Plan 2015

Harbor Regional Center widely circulated our proposed Performance Plan for 2015 to our community during the months of July - September 2014, through our website, HRC eNews, focus groups of various HRC client, parent, and service providers, and in the HRC Resource and Assistive Technology Center.

Public Input included the following comments:

We are so, so appreciative of the generous support of the HRC that has enabled him to participate in the program. It is apparent that HRC is working hard to support and strengthen the transition of clients from high school to college/work/post-school adulthood. My son has certainly benefitted from this effort! . A simple publication with short descriptions of C2C, HOPE, SSI,,etc (options and supports for adults) would have been enormously useful in helping me figure out where to get started and what I needed to do.

The HRC shows admirable improvement and an impressive above-the-state-average number of clients living in homes within the community... Clients living in homes is a good thing, if they are receiving the necessary supports.

The Performance Plan was presented at a public meeting, and approved by the HRC Board of Trustees, on September 16, 2014.

On November 3, 2014, it was approved by the Department of Developmental Services.

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DEPARTMENT OF DEVELOPMENTAL SERVICES

1600 NINTH STREET, Room 320, Mail Stop 3-9
SACRAMENTO, CA 95814
TDD 654-2054 (For the Hearing Impaired)
(916) 654-1954

RECEIVED

NOV 07 2014

EXECUTIVE OFFICE

November 3, 2014

Patricia Del Monico, Director
Harbor Regional Center
P.O. Box 2930
Torrance, CA 90509

Dear Ms. Del Monico:

Thank you for submitting your year 2015 performance contract, which was adopted by the board of directors on September 16, 2014. Staff reviewed the performance contract for compliance with applicable statutory provisions and the Department of Developmental Services' (Department) performance contract guidelines dated August 21, 2014. Your performance contract for 2015 is approved as submitted. Any revisions to the approved plan must be submitted to the Department in writing.

We appreciate the efforts of your staff and the community's participation in the development of your plan. If you have any questions regarding this letter, please contact Allan Smith, Regional Center Operations Section, at (916) 654-3668. Thank you for your continued cooperation.

Sincerely,

A handwritten signature in cursive script that reads "Brian Winfield".

BRIAN WINFIELD
Assistant Deputy Director
Community Services Division

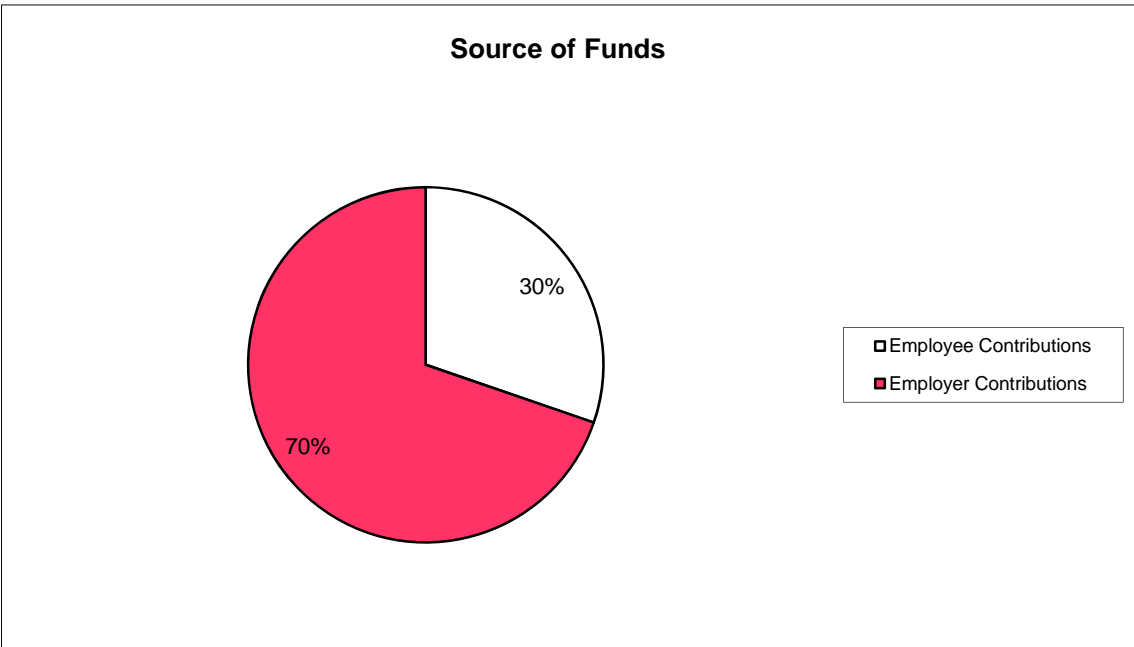
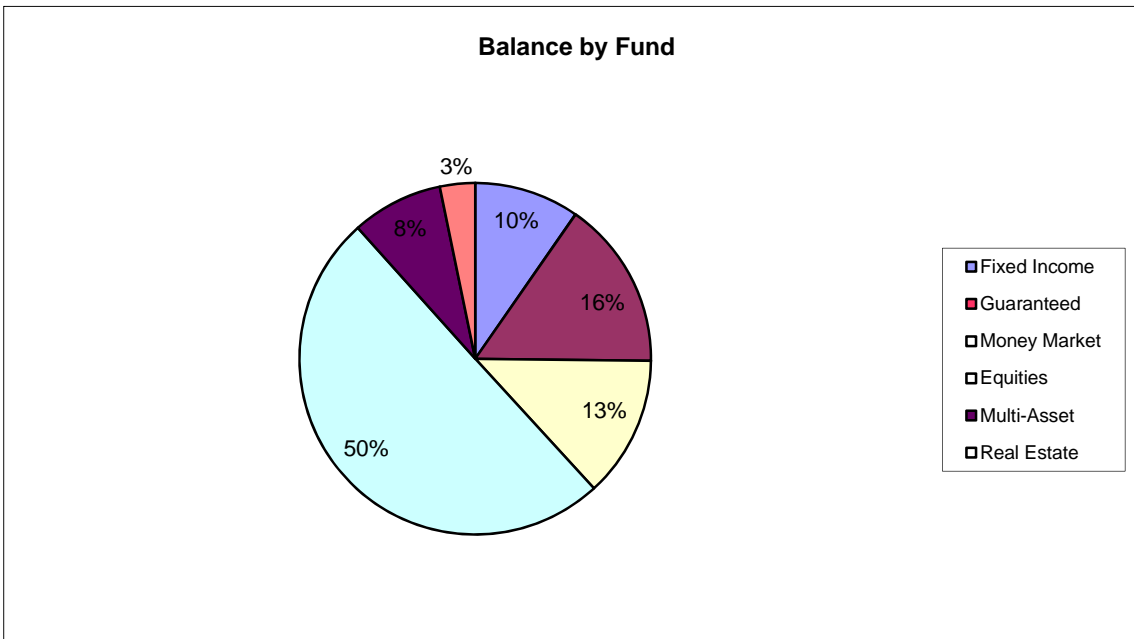
cc: Karen Kinnebrew, Harbor Developmental Disabilities Foundation, Inc.
Roberta Newton, Area Board 10

"Building Partnerships, Supporting Choices"

**Harbor Regional Center
Retirement Plan Balances as of 9-30-14**

	Employee Contributions	Employer Contributions	Total Balance
Fixed Income	\$948,000	\$2,535,403	\$3,483,403
Guaranteed	\$2,342,220	\$3,255,442	\$5,597,662
Money Market	\$993,336	\$3,694,195	\$4,687,531
Equities	\$5,469,310	\$12,621,671	\$18,090,982
Multi-Asset	\$643,310	\$2,384,006	\$3,027,316
Real Estate	<u>\$517,196</u>	<u>\$644,579</u>	<u>\$1,161,775</u>
Total	\$10,913,372	\$25,135,296	\$36,048,668

* Plan Balances include active and terminated employees still in the Retirement Plan.
 Plan Balances include 401(k) and 457(b) Plans.
 ** Employee Contributions include \$1,480,987 in Rollover funds.



**Harbor Regional Center
Retirement Plan Performance**

Fund Balance 6/30/14 **\$36,404,327**

Activity 7/1/14 - 9/30/14

Distributions (\$534,947)

Contributions \$464,598

Net \$36,333,977

Fund Balance 9/30/14 **\$36,048,668**

Gain/(Loss) (\$285,309)

% Gain/(Loss) for the Period -0.78%

Active Employees in Retirement Plan **257**

Loan Information	as of 6/30/2014	as of 9/30/2014	Increase/ (Decrease)
Employees with Loans			
Active Employees with Loans	58	56	(2)
Terminated Employees with Loans	<u>10</u>	<u>10</u>	<u>0</u>
Total	68	66	(2)
Average Balance Amount	\$4,919	\$5,320	\$401
Loan Value			
Employee Contributions	\$313,725	\$335,636	\$21,911
Employer Contributions	<u>\$20,787</u>	<u>\$15,485</u>	<u>(\$5,302)</u>
Total	\$334,512	\$351,121	\$16,609