



The Self-Determination Program (SDP) is a voluntary program which will help people with developmental disabilities and their families have more control over the services and supports that they need to achieve their goals. It will provide them with an individual budget with which to purchase the services and supports they need to implement their individual person-centered plans.

WHO

Who is Eligible:

Participants in the SDP must be a client of a regional center, must live at home or in the community but not in a long term care facility, participate in an approved orientation, and be willing to follow certain rules of the program.

WHEN

When Will it Become Available:

- The federal government approved an application by the Department of Developmental Services (DDS) for the Self-Determination Program.
- The SDP will be implemented for 2,500 participants in California during the first 3 years.
- DDS selected the first 2500 clients to participate from regional centers throughout the state.
- Selected SDP participants are in the process of completing orientation and training, developing person centered plans, and starting the program.
- After the three year phase-in period, the program will be made available to all interested clients.

PROCESS

Information and Selection Process:

- In March of 2019, The Department of Developmental Services provided training materials, and regional centers began training and orientation of SDP participants.
- DDS will continue to collect names of those interested in the program for future selections.
- Attendance at an Informational Meeting is required, for interested families to be added to a list and be considered for participation in the Self Determination Program.
- HRC will continue to offer these informational meetings, and will submit the names of everyone who requests participation in the Self Determination Program to DDS.

Where can you obtain the latest information?

- Sign up for email updates and newsletters from DDS by sending an email to sdp@dds.ca.gov and ask to be included on the update notification list
- Submit your questions for HRC to selfdetermination@harborrc.org
- Sign up to receive updates in the HRC Enewsletter by sending an email to enetworksubscriber@harborrc.org with your name, client's name if different, and email address, and note that you wish to be added to the Self-Determination Program information list
- HRC will continue to provide periodic updates on our Self-Determination Program information page at www.harborrc.org