



**ADULT DAY SERVICES**  
**DRAFT SERVICE REVIEW SUMMARY**

**DECEMBER, 2017**

ADULT DAY SERVICES  
DRAFT REPORT

## **BACKGROUND:**

Between August and November, 2017, Harbor Regional Center held monthly meetings designed to conduct an extensive review of policies and practices related to adult day services. We invited interested Harbor Regional Center clients, family members and service providers to participate in these reviews which took place on August 3, September 7, October 5 and November 2.

Copies of all of the materials which were shared and discussed in the first review session on August 3 are attached as Appendix A and copies of those materials shared and discussed in the second review session on September 7 are attached as Appendix B. The third review session was devoted almost exclusively to hearing from providers of adult day services and there were no handout materials, refer to Appendix C. Summaries of all three of the review sessions are attached as Appendix D.

## **DISCUSSION SUMMARY:**

On the evening of November 2, there were 12 participants who were divided into two groups to promote opportunities for greater participation in the discussion by all present. The discussion questions which formed the framework for the service review are attached as Appendix E. There was spirited discussion in both groups and many suggestions and recommendations were provided both during discussion and in writing. Those recommendations which were provided in writing are attached as Appendix F. Below is a summary of the major comments/recommendations which emerged:

### **COMMENTS RE POLICY:**

- The policy title should be changed to “Adult Day Services and Supports” to ensure the understanding that services are community-based as well as site-based.
- Address access to the Department of Rehabilitation and the availability of internships, work and volunteerism.
- Pull language from the HRC handout “Work and Day Services” that defines the different types of programs.
- Describe the services available to maximize independence.
- Ensure the policy makes it clear that adult day services are available for all adult clients notwithstanding the severity of their disabilities (equal access)
- Ensure the policy is consistent with the new CMS rules

### **COMMENTS RE EXPECTATIONS:**

- The expectations should address the HRC philosophy of flexibility related to participation in both work and day activities
- The expectations should place more emphasis on the HRC philosophy of employment first.
- Include acknowledgement that clients may wish to retire from work and adult day activities

- Ensure there is an expectation that activities are productive and meaningful and include self-advocacy.
- Review and revise as necessary the expected client capacity limits for the various types of programs
- Consider adding an expectation related to sharing information with families about the program designs.

**COMMENTS RE SERVICE PROVIDERS:**

- There was consensus that the service providers' presentations were very informative.
- There were observations that indicate some clients have experienced a waiting period to enter a preferred program.
- There were observations that the length of some day program sessions may not be as desirable as others.

**OTHER COMMENTS:**

- Encourage families to start the transition process early...preferably at age 14.
- Provide clients and families with information about the various program designs.

**FOLLOW-UP PLAN:**

1. HRC staff will draft a revised Adult Day Services Policy incorporating the recommendations made by the service review participants. It is expected that this draft can be available for review and action by the full Board before the end of the fiscal year.
2. HRC staff will draft revised "expectations" incorporating the recommendations made by the service review participants. Staff will share the draft with service coordinators, service providers, clients and families to seek their feedback; staff will revise and finalize the draft and will hope to complete this project by fall, 2018.

**THANK YOU:**

We close with many thanks to all those whose thoughtful participation will serve to enhance Harbor Regional Center adult day services.