



The Self-Determination Program (SDP) is a voluntary program which will help people with developmental disabilities and their families have more control over the services and supports that they need to achieve their goals. It will provide them with an individual budget with which to purchase the services and supports they need to implement their individual person-centered plans.

WHO

Who is Eligible:

Participants in the SDP must be a client of a regional center, must live at home or in the community but not in a long term care facility, participate in an approved orientation, and be willing to follow certain rules of the program.

WHEN

When Will it Become Available:

- The Department of Developmental Services (DDS) has submitted an application to the federal government for the Self-Determination Program.
- After the application for federal funding has been approved, the SDP will be implemented for 2,500 participants in California during the first 3 years.
- During the first 3 years, DDS will select the clients from each regional center to participate.
- DDS has told us they will select 98 Harbor Regional Center (HRC) clients to participate in the SDP during the first 3 years.
- After the three year phase-in period, the program will be made available to all interested clients.

PROCESS

Information and Selection Process:

- The Department of Developmental Services and its workgroup are developing materials for training and orientation.
- Once federal funding has been approved and these materials become available, HRC will invite interested clients and families to participate in an SDP Pre-Enrollment Informational Meeting.
- After attending a Pre-Enrollment Informational Meeting, interested clients/families may request that they be considered for participation in the SDP.
- HRC will submit the names of everyone who requests participation in the SDP to DDS.
- DDS will decide which of those interested will be selected to participate during the first 3 year phase in period.

Where can you obtain the latest information?

- Sign up for email updates from DDS by sending an email to sdp@dds.ca.gov and ask to be included on the update notification list
- Submit your questions for HRC to selfdetermination@harborrc.org
- Sign up to receive updates in the HRC Enewsletter by sending an email to enetworksubscriber@harborrc.org with your name, client's name if different, and email address, and note that you wish to be added to the Self-Determination Program information list
- HRC will continue to provide periodic updates on our Self-Determination Program information page at www.harborrc.org/services/sdp