

Harbor Regional Center Supported Adult Day Activity

Adult day programs offer a structured, comprehensive, community-based service for persons with developmental disabilities who are no longer eligible for public schools and who are unable to pursue continuing education through the university or community college system or to become employed in a competitive environment.

For clients for whom it is appropriate, day activities should provide training in skills leading to employment and/or other meaningful community-based activities. Others will profit from development of self care and functional skills or from services/supports for seniors who have chosen to retire from work.

All day activities serve the underlying purpose of giving persons with developmental disabilities the opportunity to have a pattern of life similar to non-disabled persons by providing them with planned activities to do for a portion of one or more days per week. As appropriate, there should be close communication between the adult day activity staff and the primary paid or non-paid caregiver to assure coordination of their efforts in assisting the client to achieve his/her desired outcomes.

Participation in day activities may be limited by an individual's decision not to participate or his/her inability to tolerate such activity. Some clients may benefit from participation in structured day activities only several hours per day or only several days per week. Frequency and duration of participation in a structured day activity should be determined as part of the Individual/Family Service Planning process.

Harbor Regional Center may purchase adult day activity services for clients only if the following criteria are met:

1. the adult is at least 18 years of age and is ineligible for an appropriate public secondary school program; and
2. the adult is ineligible for a Department of Rehabilitation funded program; and
3. the adult client's desired outcomes cannot be achieved through participation in adult school or community classes or such classes are not available; and
4. the client's desired outcomes can best be achieved by a purchased adult day activity as determined as part of the Individual/Family Service Planning process; and
5. the client, and his/her family where appropriate, indicate a willingness to attend and participate in a structured day activity.

The Individual/Family Service Planning process shall recommend a day activity based on the client's need for regular, structured activity; the availability of alternative training and socialization experiences; the need to increase self-help or other skills which allow the client to reside in the least restrictive living arrangement; and any other factors identified by the Planning Team as relevant to the client's needs and desired outcomes. When appropriate, preference will be given to supported employment and day activities which make maximum use of community inclusion opportunities.

Approved this 19th day of March, 1996
Harbor Developmental Disabilities Foundation, Inc.