



Harbor Regional Center Self-Determination Advisory Committee Minutes, June 8, 2016

1. Call to order 6:15 pm
Present: Ray Ceragioli, Linda Chan Rapp, Rosalinda Garcia, David Gauthier, Deaka McClain, Eva Casas-Sarmiento; Christofer Arroyo, Mary Hernandez, Liz Cohen-Zeboulon
2. Introductions and Welcome to visitors (including a contingent of clients and staff from the ACT in Long Beach)
3. Approval of the May 11, 2016 minutes
4. Update on Department of Developmental Services and Self-Determination Program (SDP)
 - a. Mary H. shared a flyer developed by Harbor Regional Center (HRC) for clients and families explaining the basics of what is currently known about SDP. Service Coordinators are being oriented as to SDP (birth-7 service coordinators trained last Friday) and will be taking this info to individualized program plan meetings to explain self determination. The flyer will be also translated into various languages for posting on the HRC website.

Trainings for service providers to help them transition to more integrated services are underway.

b. The status of the waiver application:

According to Mary H. on Friday 6/3/16, Jim Knight (Department of Developmental Services [DDS]) said he had strong hope for completion of the informal response to the letter of questions sent by Centers for Medicare & Medicaid Services (CMS). If this happens, dialog gathering from stakeholders might open around early August, and after the response is formally submitted to CMS a response from that agency would be forthcoming in 90 days. Discussion followed regarding organizing a stakeholder meeting(s) for gathering input. Eva C-S. and/or Christofer A. would be willing to do a quick presentation at such a gathering.

c. Training and outreach

Mary H. also shared that according to Jim Knight 6/3/16, all but one of the SDP outreach & training modules for families has been developed by DDS. The plan is to have the same training for all areas and to post the modules on the DDS website. (Current IT issues are being resolved.)

Five regional centers (RC) will host regional trainings (e.g., San Gabriel Pomona will host one in July)

d.

Selection - SDP Application process will be the same for all - with DDS developing consistent training. RCs have no say so as to who is chosen to participate in the initial 3-year roll-out of the program.

- A pool of RC clients interested in participating in SDP will be generated through individuals/individual families attending a pre-enrollment orientation and then signing up
- Enrollment for the 98 slots assigned to Harbor RC for the initial 3 years warm roll-out will be on a rolling entry basis:
Year One, 33 SDP participants randomly selected by DDS;
Year Two, 33 additional SDP participants will be added;
Year Three 32 more will be added.
Those not chosen will automatically be eligible for subsequent selection pools.
- After Year three, participation in SDP will be available to any HRC client who chooses that option.

e. Chris A. noted that it may be that webinars may be available so that individuals don't have to go to their own RC for the training. Ray C. added that if all slots fill at one RC, they possibly might be opened up to others. In any event, participants are selected randomly based on demographic criteria reflecting the ethnicity, diagnosis etc. of the clients at a given RC.

5. Criminal background checks will be required for all providers (including family providers) and will be paid for by DDS.

6. Self-determination proposed services (Attachment 4) and SDS Budget Categories (Attachment 5). Budget Categories are broad (e.g., community living) in order to be flexible. Ray C. suggested that DDS will also probably be willing to give individuals some leeway to make their items fit the category list. Chris A. said that they will probably be further defined.

7. Discussion re: Activities going forward:

a. Statewide Self-Determination Advisory Committee (SDAC) - A letter from Dr. April Lopez, chair of the State Council of Developmental Disabilities to all RC executive directors was noted. She summarized the Statewide Self-Determination Advisory Committee (SSDAC) meeting on 3/3/2016 and encouraged greater collaboration with and staff support for local SDACs in order to ensure the success of SDP.

b. Do we need to be doing more?

(1) 50% local SDACs meet monthly, 33% meet every other month, and others meet as issues arise (Mary H.). Rosalinda noted that apparently there are different expectations at each individual RC.

- (2) As for the public comment period, David pointed out that if the response is filed it will probably be done at the beginning of the month, meaning that even if our SDAC plans to go dark during July and August we could still have time to call a meeting to discuss our part in gathering families for Public Comment.

The resulting consensus: Our local SDAC has studied the basics of SDP and is awaiting more specifics and further clarification as to how this law will be implemented. Thus our committee will have no meeting in July or August UNLESS DDS publishes their response to the CMS questions.

- c. Self-Determination outreach - Eva C-S. suggested that we gather feedback from HRC Support Group Meetings re concerns as to SDP and specific questions and have members represent the SDAC at these outreach meetings. Deaka M. and Eva C-S. volunteered to attend groups on 6/14 and 6/16, respectively and Mary H. is involved in these outreaches as well.

Chris A. shared some data from the 4000 or so individuals who have attended SDP trainings so far put on by SCDD. Of these, 1500 were Hispanic and 500 were Asians of various backgrounds (Chinese, Japanese, Korean, etc). At the end of each presentation participants are asked if they will pursue SDP and so far $\frac{2}{3}$ say Yes and $\frac{1}{3}$ say No. They have similar concerns, and are interested in services such as independent living services. A common question is: We only have respite; why bother with SDP? Hispanic families also are concerned with switching caregiving services.

8. Announcements -

a. teleconference of Local SDAC Chairs, June 21 1-4 pm, Open to the public (check with State Council on Developmental Disabilities self-determination page for details for how to listen in from home).

b. Liz Harrell - Effective Person-Centered Planning workshop sponsored by SCDD, Saturday, 6/25/2016 Torrance 10-12 noon - Fees \$10 consumers and Family members , \$15 professionals . RSVP by 6/17 to 818-543-4631 or e-mail melodygoodman@scdd.ca.gov

9. Public comments:

a. What can individuals or families do now to prepare for self-determination?

- Stay informed:DDS: sign up for the notifications list. Email - sdp@dds.ca.gov
- Questions - selfdetermination@harborrc.org or check SCDD and RC websites
- Focus on person centered planning now and request needed services

b. Self-determination in CA: Information was shared on the Pilot beginning 1999 through 5 RCs, as well as current roll out plans when funding comes through.

10. Next meeting: Wednesday, September 13 at 6 pm in a meeting room of Cambrian Homecare, 5199 East Pacific Coast Highway, Suite 100, Long Beach, CA 90804, unless DDS publishes their response to the CMS questions (see discussion 7B(2) above). In that event the next meeting of the Harbor RC SDAC will be called the second Wednesday of that month it is filed, either 7/13, or 8/10.

Adjourned: 7:49 pm