



Self-Determination Advisory Committee, Harbor Regional Center Minutes, September 13, 2017

6:06 Call to Order – quorum established

Present: Ray Ceragioli, Miriam Kang, Linda Chan Rapp, Rosalinda Garcia, David Gauthier, Deaka McClain, Mariano Sanz; Harbor Regional staff: Mary Hernandez, Diana Sandoval.

Absent: Carola Maranon, Marsha Johnson

1. Call to order 6:06pm.

Welcome: introduction of committee members and guests. Quorum established at 6:20pm.

2. Waiver and Harbor Regional Center [HRC] **Update:** Mary Hernandez

a. **Waiver application status** - Department of Developmental Services [DDS] reports its work on the waiver application (waiver approval is necessary for federal funding of California's Self-Determination Program) is almost done, and submission of the informal application to Centers for Medicare and Medicaid Services [CMS] is pending.

Mariano Sanz asked why another informal submission step was necessary. There is no guarantee that CMS will get back to DDS in less than 90 days if there is no formal submission. Why not just submit the application formally and start the approval process?

b. Training on the Self-Determination Program taking place in five regional centers, Fall 2017

Day 1: Regional Center Staff: *"This training will provide regional centers with detailed information regarding the SDP, as each regional center is responsible for implementing the program upon approval of the federal waiver. Information provided will include, but not be limited to, the principles of self-determination and the mechanics of the SDP."* [see DDS memo 8/18/2017]

Day 2: Train the Trainers – How to conduct an Informational Meeting

"This training is designed as a train-the-trainer meeting, and will be specific to learning how to conduct an SDP Informational Meeting. The SDP Informational Meeting is required before an individual can be added to the candidate list from which the Department will randomly select the first 2,500 SDP participants." [see DDS memo 8/18/2017]

Mary Hernandez announced that she and the four case coordinators who will cover Self-Determination [S-D] Program caseloads from HRC will be attending the S-D Program Overview for Regional Center staff at South Central Los Angeles Regional Center, Wednesday 9/27, 9am-4pm. In addition, they will also participate in the ½ day S-D Program "Train the Trainers" on Thursday 9/28, 9am-1pm.

Miriam Kang will also attend both days as representative of our local S-D Advisory Committee at HRC. She noted that at the state S-D Advisory Committee meeting on 8-28-17, the committee had approved opening both days to members of local committees, but that offer had been reduced after the fact to just one member per local advisory committee. However, it was intimated by that no one will be turned away from the 9/27/17 training (just be sure to show up early). Rosalinda Garcia, Linda Chan

Rapp and Deaka McClain plan to attend the all day training in addition to Miriam K and the staff representing Harbor Regional Center.

c. Sign-up form for the S-D Program candidate list

Sign up sheets require the UCI # (unique client identification) in order to track demographic and diagnosis data to comply with the mandate that the initial participants in the S-D Program in the first three years reflect the unique make up of each regional center; the actual sign in sheets are now available.

d. Required Informational Meeting redefined

Note: According to DDS, the definition of the mandatory orientation meeting has broadened to *any* Self-Determination training that has occurred. There are plans for a S-D portal so individuals can check to make sure their sign up for the S-D program actually gets recorded for the participant selection pool.

Miriam K, Mariano S and Linda C-R expressed concern about this decision because of possible problems with consistency of information, as well as the possibility of confusion and misinformation. Also care must be exercised so that the portal check will be HIPAA compliant.

David Gauthier commented on the difficulty of holding formal trainings when the waiver is still not approved and unknowns persist.

3. Report on the **State S-D Advisory Committee**, August 28, 2017 in Sacramento – Miriam Kang

Miriam took three of our committee's questions to this meeting:

[1] Will the roll out be gradual with one-third of the number of participants selected the first year, another third added the second year, and the last third added the third year? or will the entire quota of participants per regional center (HRC has 98 participants allotted) be selected as soon as the program is funded? *The answer is not known at this time.*

[2] If a regional center's quota is not filled, can other regional centers use those slots? No. However, since there are 12,000 clients being served through HRC, filling our quota will not be a problem.

[3] If a participant moves to another regional center's catchment area, he/she will still be eligible for S-D Program services.

Mariano suggested blanketing our area with fliers about S-D informational meetings, and giving a directive to counselors to discuss S-D when they meet with their clients during Individual Program Plan [IPP] or Individualized Family Service Plan [IFSP] meetings. The most optimistic date for actual rollout would be next summer at the earliest? Could Day programs open up for trainings?

Mary said DDS is not setting any dates.

Linda suggested that when meetings about S-D are scheduled that it should be protocol to let HRC know when your training is.

Miriam shared about an excellent presentation on Person-Centered Planning given by Trudy Marsh (Parents Helping Parents, Santa Clara). She focused on daily rituals, routines, communication tools, and Good Day/Bad Day scenarios, and what is Important TO and Important FOR the individual. Mary added that all HRC has been going through trainings on Person-Centered planning.

4. At our **next S-D local advisory committee meeting** Diana and Mary, Miriam, Diana, Linda, Deaka, and Rosalinda will report on the S-D RC staff training as well as the Train the Trainer meeting, **modeling a training** for us and our guests.

Miriam suggested that there be a hotlink added to the HRC S-D page, "Are you interested in learning more about self-determination?" so people can add themselves to an informational mailing list.

Ray Ceragioli asked about proof of attendance of informational meetings, especially those that have already taken place. Mary said how this will be handled is not certain yet, but the main point is to enable people who are genuinely interested in S-D to be able to sign up for the DDS candidate pool easily... However, they also need to know this program is not a carte blanche to do “whatever” with federal funds, but there are responsibilities and accountability; people interested need to be informed.

5. *Public Comments and Announcements* – Tracy Barrow (parent) suggested that at every IPP/IFSP the counselor ask, “Are you interested in self-determination?” or “Are you interested in learning about the Self Determination Program?”

Collette [name?] noted that S-D materials in the Family Resource Center are outdated and need to be pulled. Mary agreed, saying after the final form of the S-D waiver is approved, materials will be updated.

Another guest suggested we invite people who have been on the S-D Pilot to share with the local committee.

Deaka McClain shared that in June 2017 she had been appointed as the new chair for Department of Developmental Services committee; and David Gauthier announced he had been appointed as Chair of the Advisory Community on Disability for Long Beach.

6. *Next meeting*: Wednesday October 11, 2017, 6-8 pm at the Harbor Regional Center, [Long Beach Office 1155 E. San Antonio Drive, Long Beach CA, 90807].

Note: because of a scheduling conflict it was announced in an email from Mary Hernandez that the Long Beach HRC meeting room is not available, so the 10-11-17 meeting will take place from 6-8 pm in the TORRANCE office at 21231 Hawthorne Blvd. Torrance California 90503 instead.

Meeting Adjourned 7:39pm

Abbreviations

CMS – Centers for Medicare and Medicaid Services

DDS – Department of Developmental Services

HRC – Harbor Regional Center

IPP – Individual Program Plan

IFSP – Individualized Family Service Plan

S-D – Self-Determination

RC – Regional Center

Minutes submitted by Linda Chan Rapp