



Social Recreation Afterschool Pilot Program with LBUSD

Purpose:

The Afterschool Program will seek to enrich and promote social, recreational, and independent living skill development for youth with intellectual/developmental disabilities (I/DD) while remaining on campus at their Long Beach Unified high schools. AbilityFirst will support youth as they integrate into their schools, communities and as they engage in activities with neurotypical peers afterschool.



Goals:

The Social Recreation Afterschool program is designed to help school age teens and young adults with developmental disabilities to:

- Make friends, increase skills, and participate with others who share the same interests and goals
- Participate on and off campus in school activities with neurotypical peers
- Discover what is important to them: their interests, abilities, and goals
- Learn about what is important for them to be able to achieve their goals

Highlights:

We value every individual and the program is offered currently to high school and transitional students with a wide range of abilities.

- Programming occurs at their schools and within their community
- Participants will have the opportunity to participate in school activities with their neurotypical peers, such as clubs, attending sporting events, going to local hang outs and prom
- Individuals in the program must be able to safely function within a 1 to 3 ratio (one staff member for three participants)

Program Hours are Monday to Friday, afterschool until 6 pm unless attending special event like dance or football game then will end when the event ends.

