



Valued Neighbors

Harbor Regional Center
Annual Report 2010

Our Mission

Harbor Regional Center provides quality services, support, information and choices for people with developmental disabilities and their families, to promote their participation as valued neighbors in our community.

PROMOTING A COMMUNITY

...where our clients can live among family and friends and participate as valued neighbors requires a variety of well-coordinated services and supports. One of the most basic and critical needs is the availability of safe, secure and affordable housing.

Harbor Regional Center has identified housing, and the continuous development of living options to meet a wide variety of client needs, as a priority initiative. This report will highlight some of these efforts.

HRC is working in collaboration with key partners, including the HOPE program, the Southern California Integrated Health and Living Project, our fellow regional centers, and the Department of Developmental Services (DDS), pooling our efforts and resources to increase the array of affordable and sustainable housing for our clients. Housing development grants from DDS and foundations have allowed us to provide people with developmental disabilities with even more choices in where and with whom they want to live, with the support that they need. Many of these individuals are moving from State Developmental Centers or other institutional settings into inclusive community settings for the very first time.

We have already made significant progress, and the past year was especially good.

AFFORDABLE

For our clients who live in their own homes or apartments, finding a rental that they can afford on their limited income is becoming increasingly challenging. Over the past 16 years HRC has partnered with HOPE to develop 30 affordable rental homes for 70 individuals who live on their own or with roommates.

JOHN BOLTON AND BRANDON TAYLOR

John works at a Ralphs Supermarket in Belmont Shore, and has lived in his Long Beach apartment for six years. He was recently joined by new roommate Brandon. After helping his mother settle into her new home in Texas, Brandon returned to California and stayed with family for a while. The affordable rent of this HOPE-owned home made it possible for him to move out on his own while he attends Long Beach City College. HRC and supported living service providers Life Steps and Community Support Options helped match the roommates, and provide each of them with training and support to manage their bills and share household duties.

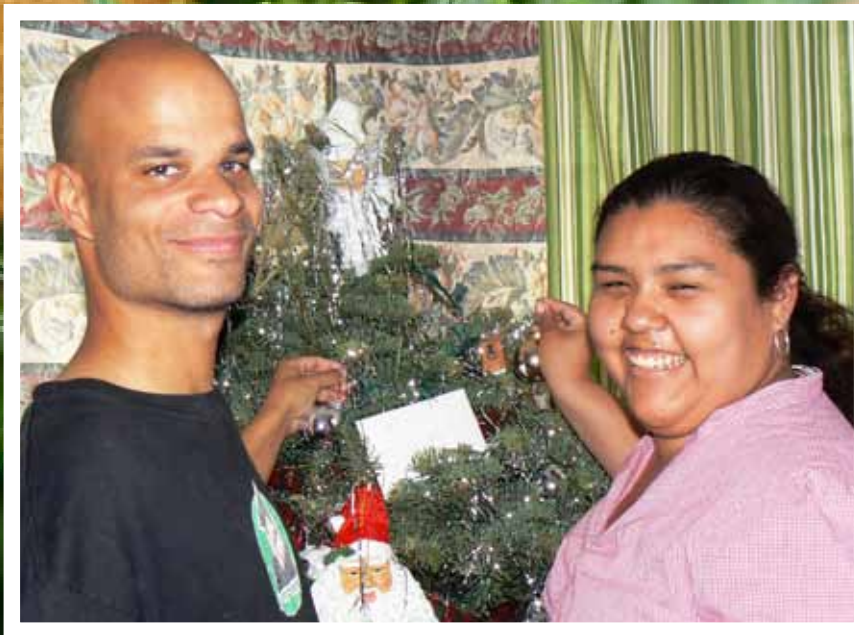
“When I lived with my mom, she wanted to do everything for me. But I had to do it on my own.”

— Brandon Taylor



CHARLES AND CONNIE JOHNSON

Charles and Connie are newlyweds...and they make an excellent team. Charles actually loves to clean. Connie is an expert at washing the dishes. Connie's family has helped the couple to settle into their new place, helping with shopping trips, furniture, and advice from her brothers and sisters about living on your own. HOPE recently renovated the duplex, so that the young couple's first home together could be just right for them. Supported living services help them with money management, cooking, and other living skills.



*"I want to say to my mom,
'Look at me! I'm taking care of it!'"*

– Charles Johnson

SUSTAINABLE



People who need 24-hour supervision and support in licensed group homes need stability, and their families need the security of knowing that their homes will continue to be there, as their place to live in the community. The principle of "Buy It Once" means that Harbor Regional Center and our partners can seek out grants for the purchase of comfortable, accessible homes, which are then leased to licensed residential service providers. The people with developmental disabilities who live there can stay in their homes, even if the service provider retires or leaves for other reasons. In the past year, HRC has partnered with HOPE to purchase and remodel 13 new homes, and leased them to community care licensed service providers to meet the specific needs of our clients. Three more homes will be added in early 2011.

In the next few years, HRC's goal is to develop five to eight additional homes per year, creating living options for 15-24 more people with developmental disabilities per year.

To add to our current resources, HRC has also sought out service providers who have proven expertise in providing state-of-the-art services and supports, especially for people who are moving from state institutions and others with substantial behavioral, psychiatric and developmental challenges.

*"Together they are
working towards
independence,
not dependence.
Over time they
don't need as
much help,
and they feel
better about
themselves."*

– Richard Pease, Ambitions

DONALD PETERSON

The guys who live on Albury Avenue had lived in Fairview and Lanterman State Developmental Centers most or all of their lives. Each of the men is learning and adapting to being a part of the community in a beautiful new environment. They are not used to having a room of their own, free run of the house, or the opportunity to participate in taking care of themselves. Donald lived in Fairview State Developmental Center since he was three years old. He has lived in his new home for just a few months, but like his new roommates he is enjoying simple pleasures like decorating a Christmas tree, helping to make dinner, or even cleaning up his room. With his long history of behavioral challenges, Donald's family was concerned about his safety and well-being in the community. But thus far, with excellent staff support and a well-planned schedule of engaging activities, combined with just enough private time and space to relax, Donald is doing fine.



"I was really against his moving." (from Fairview to the community) "But I was wrong. Donald is thriving and very happy. The transition was really easy, and the one on one is great. It was a really good idea."

– Marilyn Capdeville, parent



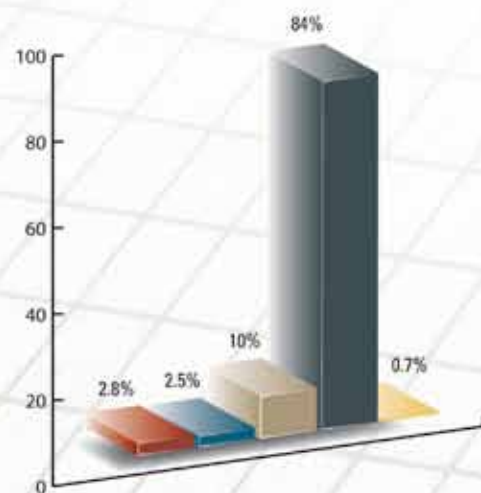
"People forget that they still want to be self-sufficient and to have a life... to be like everybody else. The home is set up in a way that allows Keith to experience living in a house as an adult...to have independence while being protected, safe and secure. It is very important for parents, who know they cannot provide this all of their lives. It is a big relief for me."

– Valerie Morrow, parent

KEITH MORROW

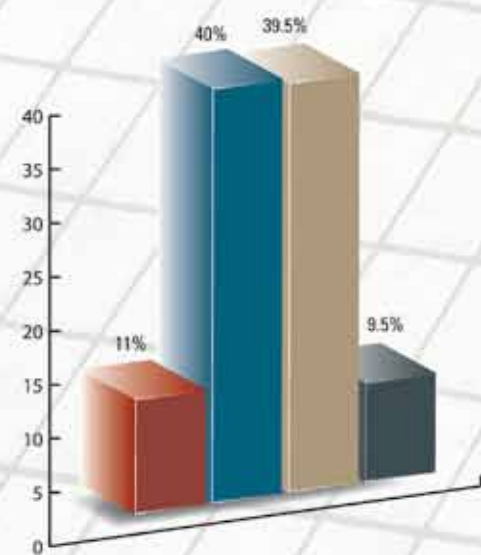
Both Keith and his Fidler Avenue home itself are in transition. Keith has lived there for just a few months. Although the home was new, Keith's parents were impressed with the track record of Ambitions elsewhere, in their mission to provide opportunities for personal growth and autonomy, and with the degree of professionalism in the staff. They worried about how Keith would handle the idea of moving into this home. "Will he feel less loved by his family? Will he be able to see this as a natural part of his growing up?" Before he moved in, the staff took him on outings, and forged in him a sense of friendship and trust. His family never imagined it would go so well, and that Keith would feel so accepted and embraced.

CASELOAD



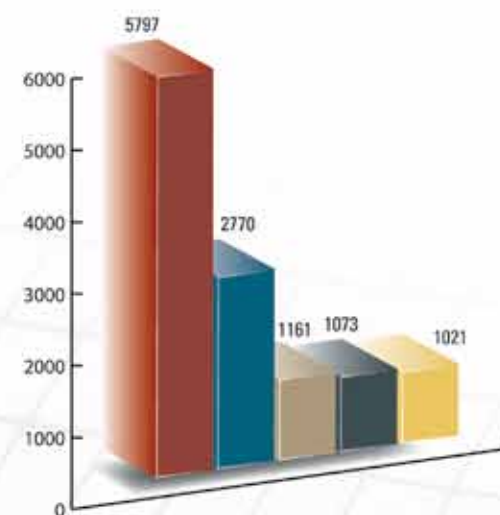
HRC Caseload 2010 – Total Clients 10,552

Intake	2.8%
Together from the Start (serving families with infants and toddlers who have mild delays)	2.5%
Early Start (serving families with infants & toddlers at risk for disability)	10%
Clients with developmental disabilities residing in the community	84%
Clients with developmental disabilities residing in Developmental Centers	0.7%



Clients by Age

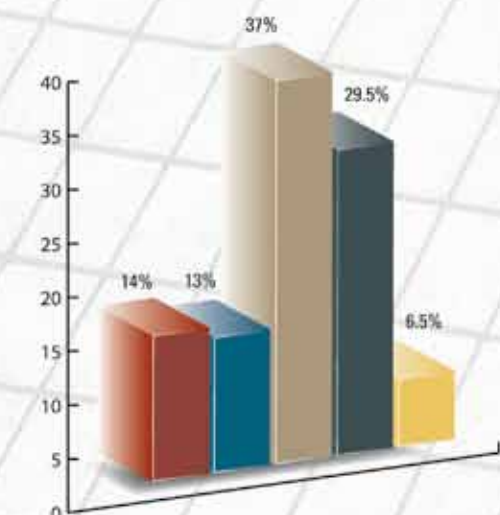
Birth to Three Years	11%
Ages 3 to 18	40%
Ages 18 to 50	39.5%
Ages 50 and over	9.5%



Clients by Diagnosis*

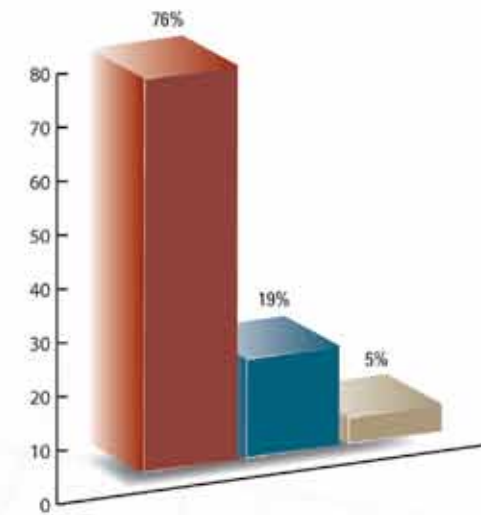
Intellectual Disability	5797
Autism	2770
Epilepsy	1161
Cerebral Palsy	1073
Other	1021

*Individuals may have more than one diagnosis



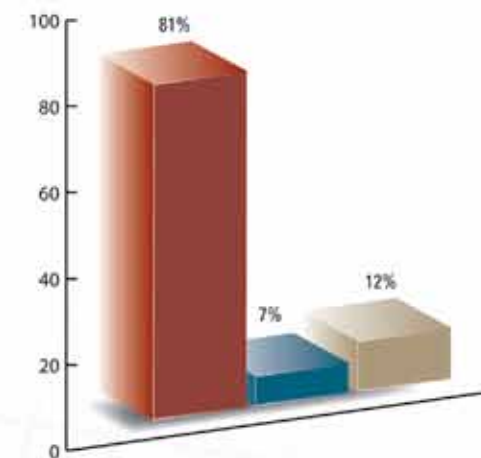
Clients by Ethnicity

African American	14%
Asian	13%
Hispanic	37%
White	29.5%
All others	6.5%



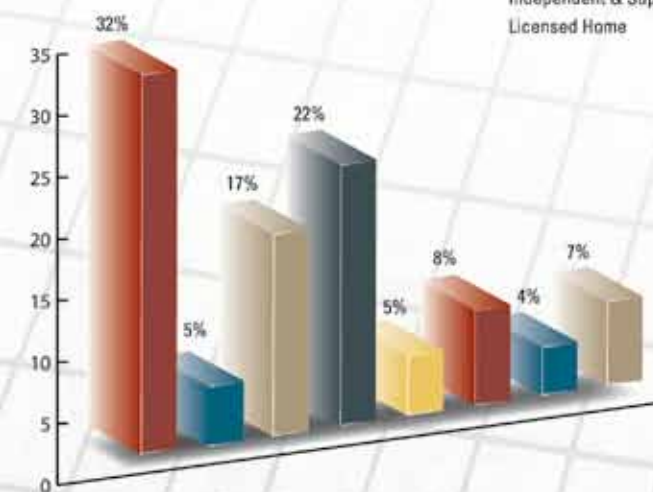
Clients by Primary Language

English	76%
Spanish	19%
All others	5%



Clients by Residence Type

Family	81%
Independent & Supported Living	7%
Licensed Home	12%



Purchase of Services Expenditures

Licensed Homes	32%
Supported Living	5%
Day Activities	17%
Therapy Services	22%
Respite	5%
Transportation	8%
Medical Services	4%
Other	7%

STATEMENT OF..

FINANCIAL POSITION

ASSETS	June 30, 2010	June 30, 2009
ASSETS		
Cash and cash equivalents	\$ 5,175,753	\$ 13,378,356
Certificates of deposit	67,379	67,379
Cash – client trust funds	1,166,627	1,255,110
Contracts receivable – state of California	5,079,925	
Accounts and loans receivable	97,857	97,441
Receivable from state for accrued vacation and other leave benefits	964,544	912,033
TOTAL ASSETS	\$ 12,552,085	\$ 15,710,319
LIABILITIES AND NET ASSETS		
LIABILITIES		
Accounts payable	\$ 10,113,243	10,476,660
Accrued salaries	549,930	1,056,365
Accrued vacation and other leave benefits	964,544	912,033
Contract advances – state of California		2,368,990
Unexpended client trust funds	785,118	755,792
	12,412,835	15,569,840
COMMITMENTS AND CONTINGENCIES		
NET ASSETS		
Unrestricted	139,250	140,479
TOTAL LIABILITIES AND NET ASSETS	\$ 12,552,085	\$ 15,710,319

STATEMENT OF..

ACTIVITIES

	For the Year Ended	
	June 30, 2010	June 30, 2009
CHANGE IN UNRESTRICTED NET ASSETS		
SUPPORT AND REVENUE		
Contracts – state of California	\$ 122,407,711	\$ 123,281,848
Interest income	97,632	357,336
Donations and grants	29,007	30,636
Other income	139,905	133,111
Total Support and Revenue	122,674,255	123,802,931
EXPENSES		
Program Services		
Direct client services	119,601,964	120,824,718
Supporting services		
General and administrative	3,073,520	2,973,152
Total Expenses	122,675,484	123,797,870
CHANGE IN NET ASSETS	(1,229)	5,061
NET ASSETS AT BEGINNING OF YEAR	140,479	135,418
NET ASSETS AT END OF YEAR	\$ 139,250	\$ 140,479

STATEMENT OF..

FUNCTIONAL EXPENSES

FORTHEYEAR ENDED JUNE 30, 2010

	Program Services	Supporting Services	
	Direct Client Services	General and Administrative	Total Expenses
Salaries	\$ 10,399,281	\$ 1,844,929	\$ 12,244,210
Employee health and retirement benefits	2,357,941	429,712	2,787,653
Payroll taxes	179,312	6,304	185,616
Total Salaries and Related Expenses	12,936,534	2,280,945	15,217,479
Purchase of services:			
Residential care facilities	32,860,030		32,860,030
Day program	16,635,756		16,635,756
Other purchased services	52,605,647		52,605,647
Communication	254,702	44,996	299,698
General office expenses	151,174	26,707	177,881
Printing	23,616	4,172	27,788
Insurance	101,319	17,899	119,218
General expenses	552,772	96,040	648,812
Facility rent	2,313,832	408,766	2,722,598
Equipment and facility maintenance	352,113	62,205	414,318
Consultant fees	393,590	69,532	463,122
Equipment purchases	223,027	39,400	262,427
Board expenses	8,613	1,522	10,135
Staff travel	71,289	498	71,787
Legal fees	77,157	13,631	90,788
Accounting fees	40,793	7,207	48,0000
TOTAL EXPENSES	\$ 119,601,964	\$ 3,073,520	\$ 122,675,484



HARBOR
REGIONAL
CENTER

HARBOR DEVELOPMENTAL DISABILITIES FOUNDATION, INC.

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