

Toilet Training

This one time workshop meets for two hours.

HRC is offering a workshop about toilet training for caregivers of HRC clients 5 years and older. Caregivers will learn about effective strategies to increase readiness and minimize barriers.

WHAT WILL I LEARN

- Practices to reinforce toileting
- Common barriers to successful toilet training
- Your child's readiness for toilet training



WHAT WILL I LEARN?

- Your readiness for toilet training your child
- Preparing the environment to increase success
- Resources for toileting

Please register for this class with your HRC Service Coordinator

Increasing Independence

This one-time workshop meets for two hours

HRC is offering a workshop for caregivers of HRC clients on how to increase their child's independence.

WHAT WILL I LEARN?

- What is a prompt?
- What is prompt dependency?
- How to minimize prompt dependency



WHAT WILL I LEARN?

- Strategies to increase my child's independence
- How to apply the strategies across different skills

Please register for this class with your HRC Service Coordinator

Behavior Services Classes

Promoting Social Interactions

This one-time workshop meets for two hours.

HRC is offering a workshop for caregivers of HRC clients on how to prepare their son/daughter (all ages) for social interactions.

WHAT WILL I LEARN?

- What the pre-requisites for social skills are
- Information on social development



WHAT WILL I LEARN?

- Ideas and ways to foster social interactions
- Information on social skills groups

Please register for classes with your HRC Service Coordinator

Behavior Services Classes

Using Visual Supports

This one-time workshop meets for two hours

HRC is offering a workshop about the use of visual supports for caregivers of HRC clients. Caregivers will be provided with a basic understanding and information on how to create and implement visuals for different routines.

WHAT WILL I LEARN?

- Obtain an understanding of visual supports
- Benefits related to visual supports
- Examples of visual supports



WHAT WILL I LEARN?

- Information on implementing visual supports
- Opportunity to create visual supports to take home

Please register for this class with your HRC Service Coordinator