

## **Harbor Regional Center Recommended Reading for Early Intervention/High Risk**

The following books and videos which are available in the HRC Resource Center contain current information for parents and caregivers of people with disabilities. These materials offer significant resources for support and understanding of particular disabilities as well as identification of stages of development required for life planning. Many other books and videos are available for check-out in the resource center.

### **BOOKS**

1. Early Intervention Dictionary by Jeanine G. Coleman, M.Ed.  
This book will help families and the many helping professionals in the early intervention field to understand one another and successfully collaborate.
2. Coping In Young Children by Shirley Zeitler and G. Gordon Williamson.  
This guide describes ways to assist children who are at risk or have a disability, cope or manage the demands of daily living.
3. Handbook of Infant Mental Health by Charles H. Zeanah, Jr.  
This revised and expanded second edition brings readers up to date on the tremendous advances in theory, research and practice of infant mental health issues that have taken place over the past decade.
4. Caring for your Baby and Young Child, by Steven Shelov, M.D., F.A.A.P.  
This book offers essential information for families on the topic of Parenting. It includes: basic care from infancy through age five, guidelines and milestones for physical, emotional, social, and cognitive growth.
5. An Activity-Based Approach to Early Intervention, by Diane Bricker Ph.D  
This Two part-format details how to use the activity-based approach with children birth to five years of age, and it provides a concise history of developments in early intervention.
6. Early Childhood Education, by Lawrence J. Johnson  
This book offers successful strategies on combining early childhood education settings. It also offers strategies for curriculum development that will enhance children's participation by implementing developmentally and individually appropriate practices.
7. Young Children with Disabilities in Natural Environments, by Mary Jo Noonan and Linda McCormick  
This book offers specific, practical knowledge on a range of critical procedures for working with children effectively.

8. Touchpoints, by T. Berry Brazelton, M.D.  
This book offers parents a complete understanding of child development from a physical, emotional, and behavioral point of view. At the same time, this childcare guide offers supportive and empathetic insights into the parents' own emotions.
9. Play Helps, by Roma Lear  
This book offers youngsters with specific handicaps and learning difficulties, useful concepts to stimulate them. At the same time, it provides good ideas for parents to use during a difficult situation.
10. Your Child At Play: One to Two Years, by Marilyn Segal, PH. D  
This is an easy-to-read book, with vivid pictures and activities, in order to manage problematic situations. There are also ideas for encouraging creativity, exploration, and language skills.
11. Building Literacy With Love, by Betty Bardige and Marilyn Segal  
This book offers loving and supportive ways for teachers and caregivers to give to children, in order for children to become literate. It obtains fun activities, and practical suggestions for implementing effective teaching practices in child-care settings.

## **VIDEOS**

1. Hand in Hand Early Intervention – Transition by Harbor Regional Center  
These videos focus on the services and supports provided by Harbor Regional Center's Early Intervention Department.
2. Baby Mozart, by the Walt Disney Company.  
This video part of a series which will provide a captivating experience that will expose babies and toddlers to the splendor and delight of classical music while mesmerizing them with stimulating and colorful images.
3. Baby Noah – Animal Expedition, by the Walt Disney Company  
This video will take babies and toddlers on a playful voyage across the globe to meet animals from the rainforest, tropics, outback, and polar region. It features puppets and animals..
4. Babbling and Vocalizing by the Tennessee Technology University  
This video is one in a series of 30, 15 minutes tapes designed for parents to help their child with a developmental disabilities from birth through 36 months.
5. What Can Baby Hear? By Beborah Chen  
Early recognition of hearing loss is critical particularly in infants with severe and multiple disabilities. With this video the viewer will learn the methods of various auditory tests, and the principle techniques for providing auditory stimulation and enhancing listening skills.