



HARBOR HAPPENINGS

A PUBLICATION OF HARBOR REGIONAL CENTER

SPRING 2016

REASON TO CELEBRATE: Bipartisan Legislature Passes Developmental Services Funding Bill

"Today, after a decade of waiting, the developmental disability community in California finally got some help from Sacramento! I was proud to support this measure... This is a down payment on restoring years of cuts and cost-of-living adjustments that were never appropriated." – David Hadley, Assembly District 66



David Hadley, AD66 (right), a vocal supporter of funding for developmental services, presents Assembly Resolution honoring the 50-year anniversary of regional centers to Patricia Del Monico, Executive Director and John Rea, President.

On February 29, 2016, the Legislature passed a two-bill package, signed by the Governor on the following day, that will provide much-needed funding relief for services for people with developmental disabilities and the people who serve and care for them. These votes come after a five-year campaign by our community.

The first of the two bills helped to secure continued inflow of federal funding by restructuring the way that Managed Care Organizations are taxed. The continuation of federal funding made it possible for the second of these two bills to provide nearly \$300 million in state general funds for the developmental services system. And this will be matched by federal funds resulting in an estimated

total of more than \$400 million. Support for the developmental services funding bill in the legislature was unanimous.

After over a decade of service cuts, funding reductions and frozen rates, the new funding has been targeted to specific areas to begin to restore the service system. These include funds to retain service coordinators and service provider direct care staff, and rate increases for targeted service categories such as supported employment, supported and independent living, respite, and transportation services. Special initiatives for promoting integrated employment, and increasing cultural competency in service delivery were also included in the funding package. Finally, the package will fund a rate study plan to support the ongoing sustainability of our service system.

The new infusion of funds is to become effective July 1st of 2016. We expect that some fine tuning will occur during the coming months as the total budget for the 2016-17 fiscal year is finalized, and as implementation details are provided by the Department of Developmental Services.

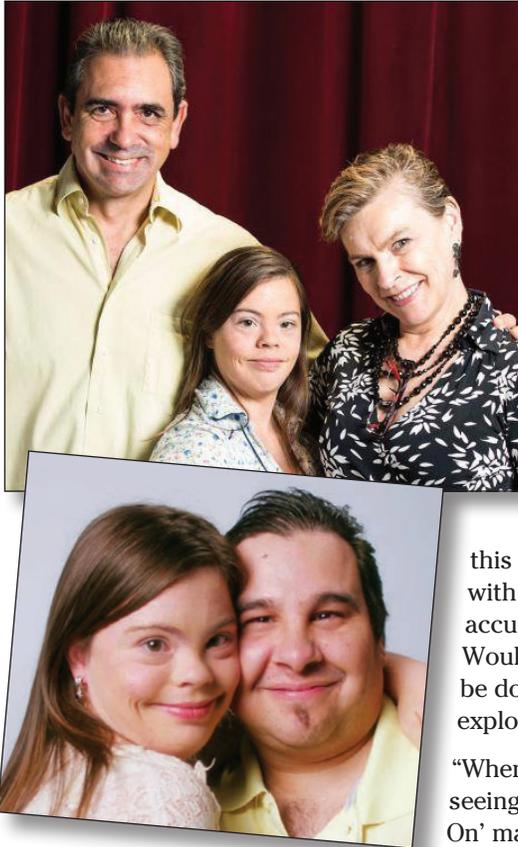
What's Next?

Many in the developmental services community, including system advocate Senator Jim Beall, have pointed to the severe need for housing resources for people with developmental disabilities. We are also continuing to advocate for resource development for all types of services, to begin to restore services which have been lost as underfunded programs have been forced to close, and to serve emerging needs in our community.

For now, the passage of new funding is an important first step in our ongoing efforts for the fundamental reform we will need to see another 50 years of developmental services.

CRISTINA SANZ RAISES AWARENESS OF DOWN SYNDROME AS CAST MEMBER OF A&E TV'S "BORN THIS WAY"

By Nancy Spiegel, Director of Information and Development



(above) Cristina and her proud parents, Mariano and Beatriz Sanz.

(below) Recently engaged, Cristina and her fiancé Angel are beaming with happiness!

When Cristina Sanz and her family first heard of a casting call by a production company, seeking young adults with Down syndrome for a new reality TV series, you can imagine what thoughts came to mind.

Besides being very intrigued, parents Mariano and Beatriz worried about how the individuals would be portrayed. Would

this new show depict adults with Down syndrome in an accurate and respectful way? Would the editing of the show be done in a tasteful and non-exploitative manner?

“When Cristina was born, seeing the TV show ‘Life Goes On’ made a huge difference for us, explained Mariano.”

Many families remember that the show portrayed son Corky as an active, capable and involved member of the family. “We were hopeful that this show would help many more new parents.”

Cristina went to the audition, along with many other young adults with Down syndrome. After two call-backs, Cristina was cast along with her fellow cast members Elena, John, Megan, Rachel, Sean, and Steven.

Cristina recalls, “I was shocked and speechless” when told she was selected for the show. “It was my first time to be on TV! I told myself, just do it, be yourself and show your heart.” Cristina was filmed

getting to know new friends, sharing time with her family, and of course sharing lots of time with her boyfriend Angel.

“They all had to sign papers to be on the show,” explained Cristina. Cast members’ parents were also featured sharing their concerns, their great pride in their children’s accomplishments, and their hopes for their future.

Some of Cristina and Angel’s other day-to-day life activities could not be included in the six-episode series. Cristina works for the Palos Verdes USD as a Staff Assistant in a Middle School and in addition, she volunteers at a Senior Center in Long Beach. She also attends the Seaside Learning Center part-time, and Angel attends Social Vocational Services. Both of them are active with the Special Olympics South East LA Lakewood program. The two met five years ago while attending a transition program at Long Beach City College. The show has been renewed for Season Two, so we’ll have the chance to see more of this!

“We hope this show represents another frontier we are conquering for people with Down syndrome. All of them share commonalities, but the show is also bringing out their uniqueness. We just viewed the first episode,” shared Mariano, “and I think parents will be pleasantly surprised.” We’ve been watching, and we think so, too.



Cristina with fellow cast members of A&E TV's “Born This Way”

UPDATE ON CALIFORNIA'S SELF-DETERMINATION PROGRAM

The Self Determination Program is a voluntary program which will help people with developmental disabilities and their families plan and control their own lives, and make their own decisions, with an individual budget to purchase the services and supports they need to implement their individual person-centered plan.

Who is Eligible?

Individuals must be a client of a regional center over the age of 3 years, must live at home or in the community, participate in an approved orientation, and be willing to follow certain rules of the program.

When Will It Become Available?

- The Department of Developmental Services has submitted an application to the federal government for the Self-Determination Program. The program will start once it has been approved for federal funding.
- After the Waiver application for federal funding has been approved, the SDP will be implemented for up to 2,500 participants statewide, to be phased in during the first three years.
- During the phase in period, the Department of Developmental Services will select the clients to participate from each regional center.
- After this three-year phase-in period, the program will be available to all interested clients.

Information and Selection Process

- The Department of Developmental Services and its workgroup is developing materials for training and orientation. Once federal funding has been approved and these materials become available, we will invite interested clients and families to participate in a SDP Pre-Enrollment Informational Meeting.
- After attending a Pre-Enrollment Informational Meeting, interested clients/families may request that their name be submitted to the Department of Developmental Services to be considered for selection for the initial implementation phase of the SDP.

Where can you obtain the latest information?

- Sign up for email updates from the Department of Developmental Services by sending an email to sdp@dds.ca.gov and asking to be included on the update notification list.
- Submit your questions for HRC to selfdetermination@harborrc.org.
- Sign up to receive updates in the HRC Enewsletter by sending an email to enetworksubscriber@harborrc.org with your name, client's name if different, email address, and note that you wish to be added to the Self Determination Program information email list.
- We will continue to provide periodic updates on our Self-Determination Program information page at www.harborrc.org/services/sdp.



FAMILY *matters*

BEHAVIORAL HEALTH TREATMENT SERVICES UPDATE

By Cori Reifman, Benefits Specialist, and Bonnie Ivers, Manager, Psychological Services

As follow up to a change in California law, the Medi-Cal program is scheduled to begin funding of medically necessary Behavioral Health Treatment (BHT) services, including Applied Behavioral Analysis (ABA), for individuals under age 21 diagnosed with Autism Spectrum Disorder. This means that for individuals covered by Medi-Cal, including those enrolled in Medi-Cal managed care plans (MCPs), ABA services that have been funded by regional centers will soon be funded by these health plans.

In Los Angeles County, the transition of funding for Behavioral Health Treatment services from regional centers to the Medi-Cal managed care and fee-for-service delivery systems began in February 2016, and will take place over a period of six months. Harbor Regional Center is scheduled to transition in April 2016 along with Westside Regional Center.

The Medi-Cal managed care plans that serve L.A. County (L.A. Care, Care 1st, Kaiser, Anthem Blue Cross, Health Net and Molina) will be sending 60-day and 30-day notices to their members to prepare families for the transition. It is expected that the transition of services will be fairly seamless, and that most children will remain with their same provider of services. HRC will continue to work with clients and families as additional information becomes available to ensure the transition goes as smoothly as possible.

For those individuals who have primary coverage by private health insurance plans and secondary coverage by Medi-Cal, the coverage of ABA by private insurance will continue; Medi-Cal may act as a secondary payer in some cases. The state Department of Health Care Services (DHCS) and Department of Developmental Services (DDS) have been coordinating the transition of Behavioral Health Treatment and providing information about the transition and the schedule. More information on this process, including answers to Frequently Asked Questions, is available on the Department of Health Care Services web site at <http://www.dhcs.ca.gov/services/medi-cal/Pages/BehavioralHealthTreatment.aspx>, or you may contact your HRC Service Coordinator with any questions.

By Kathie Sarles, Early Childhood Specialist

When I was pregnant for the first time, I began my search for the perfect pediatrician. I made appointments to “interview” the perspective doctors and take a look at their practice. It seemed like the right thing to do, but many doctors were not accustomed to this type of “meet and greet.” I do think, however, that they all appreciated my interest. Building a relationship with your doctor takes time and a willingness to fully participate. Over the years I got to know Dr. B and he became very well acquainted with my family. I asked many questions and discussed best practice when there was a choice. We didn’t always agree, but our discussions and disagreements were respectful. That respect helps you when tough decisions are to be made.

I continued to ask questions and often came prepared with information for my doctor to help with assessing the issues. It is important that if you disagree with your doctor’s advice, you should ask for a second opinion. You need to feel comfortable with the path you take. Below are a few tips on how to talk with the doctor. I combined my ideas with the CDC’s recommendations. Remember you are the expert on your child. It is up to you to give the doctor the information he needs to understand your whole child. You are a team when it comes to your child’s medical and developmental health.

- 1. Prepare for your visit to the doctor:** If you have specific concerns, write them down so you don’t forget in the moment. Bring in that paper to help you relate your concerns to the doctor. If you are concerned about development, give specific instances or examples to help your doctor understand more fully your concerns. For further information request that your doctor perform a screening to assess where your child is developmentally.
- 2. Ask all your questions at the visit:** If your doctor seems to be in a hurry or you are unable to get your questions answered, ask if you can have a follow-up appointment or phone call. Take notes as to what the doctor has said to help you explain to a family member or when you need to follow up.
- 3. Make sure you have processed what the doctor has said and understand what to do next.** (Restate what you have heard)

Your doctor may tell you to wait until the next visit or call a local community resource, or he may give you specific directions. Be sure to follow up on activities and instructions when you are home, and then tell your doctor how it went.

There are many important decisions we as parents make as we navigate our children through childhood. Listening to our family and friends may or may not be helpful, but trusting our doctor to know the facts and give us sound medical advice is essential.

For more information on possible developmental concerns/milestones and what to do next: www.cdc.gov/actearly

SOCIAL, RECREATION & FITNESS OPPORTUNITIES

By Kerry Ryerson, Public Information Specialist

Harbor Regional Center hosted a fun and successful Social, Recreation and Fitness event on Saturday, March 19. The majority of the 125 attendees were clients and family members along with several service providers. We had 12 organizations present information on their programs and then the attendees had the opportunity to speak with each presenter and gather handouts as they worked their way through the room. A listing of several more providers along with descriptions of their social, recreation and fitness programs was presented and available as a handout. If you missed our presentation at HRC, you can still learn about opportunities for art, dance, yoga, all types of sports, karate, and social programs for the youngsters, young adults and the not so young! Go to www.harborrc.org/resource/community and click on the link for the Social Recreation and Fitness Opportunities.

(right) HRC's largest conference room was packed with clients and service providers as they heard presentations and received information about various types of Social, Recreation and Fitness programs.



(below) Friends of Torrance Exceptional Athletes (FTEA) shared information about a great variety of exciting sports programs.



(right) Phil Duthie represented the City of Torrance Special Needs Sports and Recreation programs and had flyers advertising the city's programs.



Client focus

CART WRANGLER TO CREATURE OF THE NIGHT

By Anthony Authier, HRC Client

Ten years ago, my sister Anna invited me to go with her to Knott's Scary Farm. After much thought I went ahead and said yes. Now around this time, I was not the Halloween/Horror fan I am today. The whole drive to Knott's, I was excited, but extremely nervous. We arrived, parked the car, handed our tickets in, entered the main gates, and headed straight for Ghost Town. We entered the Old Town and immediately got surrounded by monsters. We screamed, we laughed and the rest is history.

All I can say is that attending Knott's Scary Farm was the best thing to ever happen to me. Since that first night, all I ever wanted to be was a Ghost Town Ghoul. Even after I was hired on to Home Depot, a monster at Knott's was always the dream job. Over the four years working as a lot associate or cart wrangler as I like to call it, the dream was still the same.

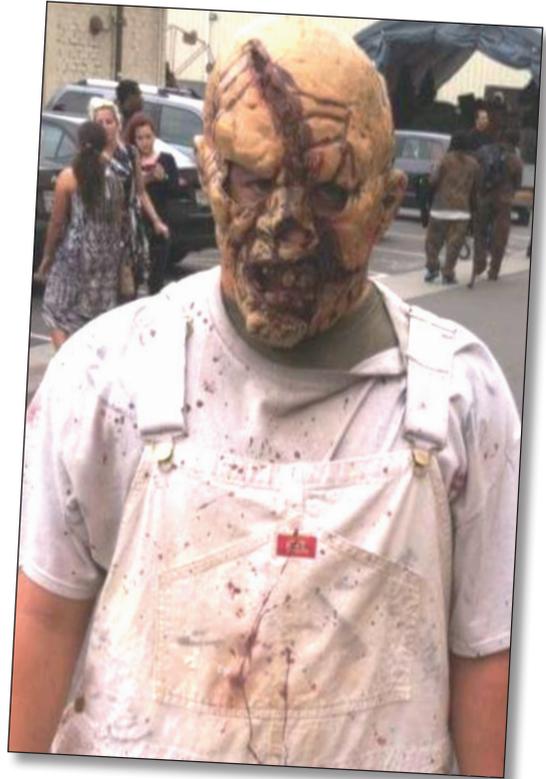
As time went on, I started working with a job coach from Choices, and told them I wanted to find a job that would be more satisfying. These guys were determined to help me find a better job, and a few months and several applications later, I got a call from Knott's. They wanted me to come in for an interview. How could I say no? The following week I was taken to Knott's by one of my supported employment workers, and was given a Monster position with Knott's Scary Farm.

I was overjoyed! They placed me in the maze called "Forevermore" located behind Mystery Lodge. It may not be Ghost Town, I thought, but a maze brings me closer to the streets. A maze is good practice.

Everyone was so happy for me when I got the job, especially my buddies who worked as monsters already. So the next six weeks, from 7:00 pm to almost 2:00 am, I became the one that gives people nightmares. The hauntee became the haunter. Those six weeks were some of the best in my life.

As fun as I had on the Haunt job, I did discover how hard being a monster really is with the long hours, long weeks, and a few rude customers. But it was all a small price to pay to help make Knott's Scary Farm the best place to be for Halloween. After all, Knott's is the one that started is all. Established in 1973 it's still going strong. It makes me smile knowing now that I played a small role in making Knott's Scary Farm successful. I can't wait till next Haunt season, when I terrify the brave souls once again. To me, Haunt Monster ranks as best job in the world.

Knott's Scary Farm, see you in a year!



Anthony transformed into a very scary creature for his dream job!

BRENDA CERVANTES Achiever of the Year

By Paulette Thornton, Goodwill

When Brenda Cervantes arrives to work at six o'clock each morning, she starts her day the same as she ends it – productively. As a sorter for Alcoa Fastening Systems, Brenda spends her work day meticulously inspecting and sorting screws for the global manufacturing company. She is one of the most diligent workers on her crew. And yet, this is Brenda's very first job.

Brenda landed her job through Goodwill more than a year ago, at a time when she sought to take an active role in helping her family during their financial struggles. With a learning disability and no job history, Brenda knew that her job search would be tough. But through Goodwill's Supported Employment Program, she received one-on-one counseling that led to her job placement at Alcoa. Her job not only provides her with a regular paycheck, it also moves her closer to her goal of living independently.

Born the youngest of four children to a single mother, Brenda grew up in a

close-knit family. Because of her learning disability, she found school difficult during her formative years. Still, she persevered in her studies and improved academically by the time she entered high school.

Sadly, her mother passed away from cancer while Brenda was a high school sophomore. Despite her family's loss and the financial challenges that ensued, Brenda and her siblings remained strong and stuck together as a family unit. They lived together in the same home and worked hard to contribute to their household. Eager to help support her family, Brenda sought job search assistance by visiting the Harbor Regional Center, which referred her to Goodwill. With the guidance of Goodwill's employment case managers, Brenda learned job readiness skills that prepared her for a winning interview with Alcoa.

Since being hired, Brenda has grown as an employee and rarely misses a day at work. With the assistance of a job coach, she performs her daily duties professionally and has even begun to bond with her co-workers. In addition to her job, she takes classes at Long Beach City College in hopes of one day landing her "dream job" as a veterinarian's assistant. But for the time being, she's grateful for how far she's already come.

Receiving her award for Achiever of the Year, Brenda (2nd from left) was joined at the Goodwill awards dinner by her brothers and a family friend.



BRANDON RENDON NEVER HAPPIER

By Nancy Spiegel, Director of Information and Development

When Brandon Rendon was very young, he was diagnosed with developmental delays, and was referred to Harbor Regional Center. At age 2 ½, he was diagnosed with cerebral palsy. His mother, Dr. Bobbie Rendon-Christensen, recalls the challenges of raising him as a single parent. She looks back upon her relationship with service coordinators, who have stood by her, throughout Brandon's 32 years.

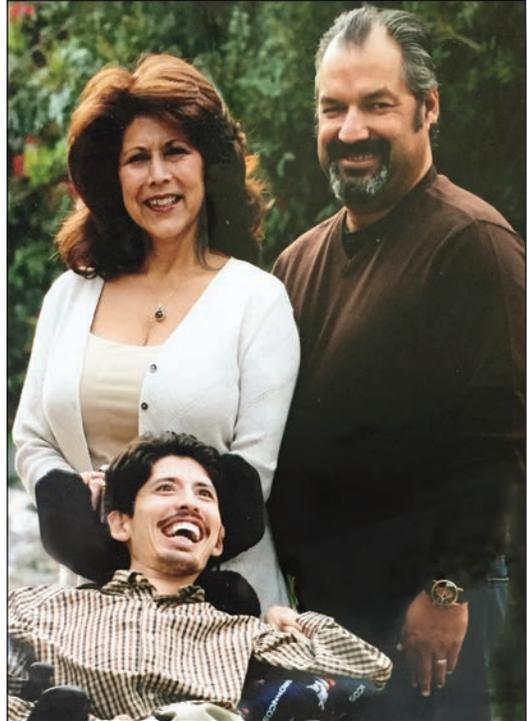
"Harbor Regional Center has been amazing...making recommendations, being a member of our team during his school years, and hooking us up to resources like therapists, transportation, respite, wheelchairs, and communication aids." His HRC service coordinators and some very special teachers were able to tune in to Brandon's special gifts, like his talent for using computers and technology "They were amazingly effective at bringing those out. He was even able to help his fellow students, and he absolutely loved that."

During this time Bobbie joined Harbor Regional Center as a volunteer, speaking to other parents and encouraging them to take advantage of the supports available. She has served as a member of the Board of Trustees, as Chairperson of the Community and Financial Development Committee, and currently serves as Vice President.

She acknowledges that sometimes things can get bumpy. It wasn't easy for Brandon to make the transition to living away from the family home, or try a new day program for adults. He longed for home, and for his old friends from school. Sometimes health issues would flare up. Together, we worked through these times.

Today, Bobbie considers the licensed home where Brandon lives to be a blessing, thanks to a great Program Director. The home staff is working with the family and a nurse to maintain optimal health, and helping Brandon develop positive relationships with his housemates. "Now he brightens the days for the whole household. He loves going to his day program, and going out into the community, every single day. He loves swimming, dancing, bowling...he does it all. And he has never been happier."

"As I look at other clients receiving different services for their different needs, they have amazing whole lives. I know, if something happens to me, he is in good hands."



*(above) Brandon with parents Bobbie and Craig
(below) Brandon with longtime friend Jeffrey at Easter Seals Southern California, Carson.*

CAROLINE CHIOU: Exploring New Worlds

By Nancy Spiegel, Director of Information and Development

Caroline's prize-winning artwork on space exploration won her a trip to visit NASA with her family.



Caroline with one of her recent paintings.

Caroline and her parents, Fu-Tien and LeeJean, first got involved with Harbor Regional Center when she was four years old. A fellow parent at her preschool, who happened to be an HRC psychologist, suggested that Caroline be assessed by Harbor Regional Center. That was when they learned that Caroline had an autism spectrum disorder. Together they recalled, “getting the diagnosis, and working with Harbor Regional Center gave us direction. Then we knew what was going on. Working with Service Coordinator, Charlotte Gill, for most of Caroline’s childhood and adolescence was a bonus.” She provided guidance as they faced challenges and worked with their schools.

During this time, her family members became increasingly involved with Harbor Regional Center. Fu-Tien volunteered for many years as a member and officer of the Board of Trustees, and as Chairperson of the Client Services Committee. Lee Jean offered children’s art workshops at her studio, and sister Georgina joined the HRC Sibling Club.

Throughout these years, Caroline and sister Georgina were encouraged to be creative and express their artistic talents, and both showed promise very early on. While in elementary school, Caroline entered The Vision for Space Exploration Art Contest, sponsored by NASA, the American Institute of Aeronautics, and the Boeing Company. Her entry, depicting “a new planet supporting life in an imaginary world,” won first place. The family traveled to Houston to see Caroline receive her award and meet Astronauts Rich Clifford and Bruce McCandless.

Caroline now attends the University of Southern California, where she majors in Fine Arts. Since her freshman year, she has received supported living assistance from Harbor Regional Center and Life Steps Foundation of Southern California. Besides learning independent skills like cooking and sharing household chores, Caroline explains that her Community Support Facilitator has helped her “talk about social things, like handling stressful situations.” Caroline describes the transition to college life as “not too bad, a bit different.” Although she recalls she didn’t talk to other students much during her first year, her circle of friends began to grow with fellow members of the acclaimed USC Marching Band, with whom she now shares a home off campus.

She enjoys pencil drawing and watercolor painting, animation and working with the Advanced Games Project, a group of students from a variety of majors, on video game design. Academically, she is on track to graduate one semester early, and says her dream job would be in the animation or video game industry.

Caroline loves her independence. Her goals are to get a driver’s license, graduate, and find her dream job. That sounds about right.

HRC FAMILY SUPPORT PROGRAM Supporting the Family Members of Our Clients

By Kris Zerhusen, Assistant Manager, HRC Resource and Assistive Technology Center

At Harbor Regional Center, we believe that a good support system is a critical asset for families. A network of information gives families a good foundation for navigating the service system and dealing with the many issues that arise when a family member has a developmental disability. With the right support family members can make informed choices and achieve a better quality of life for the member with a developmental disability. Support is offered in the form of Parent Support Groups, the Parent to Parent Mentor Program and the HRC Sibling Club.

Parent Support Groups

HRC provides a variety of support groups for parents. These groups bring parents together where common experiences can be shared in an atmosphere of mutual emotional support and understanding. Some groups have a general focus and deal with concerns that are universal among families dealing with developmental disabilities. Other groups are intended for individual languages or cultures. The primary goals of the HRC Parent Support Groups are for parents to connect and network with one another and to learn information about resources and supports that will enrich their lives.

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The Sibling Club's A-TEAM had a blast getting to know each other!



*HRC Family Support Program
Supporting the Family Members of
Our Clients (continued from page 11)*

Parent Groups meet once a month for two hours. Childcare is available for most groups unless otherwise noted.

Here is a brief outline and description of the current Parent Support Groups offered by HRC:

Special Connections Parent Support Group

This group is for parents of HRC clients who are looking to meet other parents who have a son or daughter any age with a developmental disability.

Meeting details: Second Tuesday of each month, 6:00 to 8:00 pm, HRC Torrance Office Family Center.

Childcare is provided for children 12 years and under.

Early Years Down Syndrome Parent Support Group

This group is for parents of a son or daughter with a diagnosis of Down Syndrome birth to 5 years of age. This group is held during the day so parents can bring their little one to the group.

Meeting details: Second Monday of each month, 9:30 to 11:30 am, HRC Torrance Office Family Center.

Childcare is not provided.

Spanish Speaking Parent Support Group

This group is for parents of HRC clients of any age, any disability who speak Spanish.

Meeting details: First Thursday of each month, 6:00 to 8:00 pm, HRC Torrance Office Family Center.

Childcare is provided for children 12 years and under.

Japanese Parent Support Group

This group is for parents of HRC clients any age, any disability, who are Japanese and are looking to connect with other parents who share the same concerns and culture.

Meeting details: Third Thursday of each month, 6:00 to 8:00 pm, HRC Torrance Office Family Center

Childcare is provided.

Korean Parent Support Group

This group is for parents of HRC clients any age, any disability, who are Korean and are looking to connect with other parents who share the same concerns and culture.

Meeting details: Fourth Thursday of each month, 6:30 to 8:30 pm, HRC Long Beach Office.

Childcare is not provided.

Parent to Parent Mentor Program

Parents can be matched with a trained parent mentor who will make phone contact with the parent for one-to-one parent support. It makes a huge difference for a parent to talk with another parent who understands the emotional impact and stress of parenting a son or daughter with a developmental disability.

HRC provides an annual training for parents interested in becoming trained to mentor other parents. Interested parents can let their child's Service Coordinator know or can contact the Resource Center at (310) 543-0691.

Sibling Club

The HRC Sibling Club provides opportunities for brothers and sisters of HRC clients ages 6 to 16 years of age to meet other siblings and to obtain peer support in a recreational setting. Participants in club meetings learn about disabilities and special needs, share their experiences and concerns about their disabled sibling, and learn strategies for dealing with their sibling and the special situations they encounter.

By Kris Zerhusen, Assistant Manager, HRC Resource and Assistive Technology Center

Below you will find items available for checkout from the HRC Resource and Assistive Technology Center. Some of the highlighted materials are resources for professionals including service providers and staff who work with and support our clients. The materials in the Resource Center are focused on learning about and supporting individuals with developmental disabilities and their families. A good portion of materials can be found on parenting the young child and general child development.

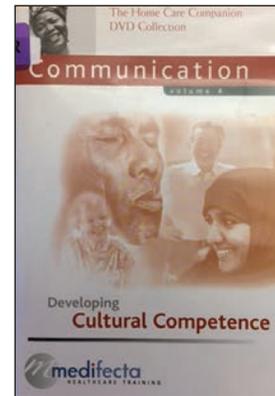
In efforts to meet the needs of parents who speak languages other than English, we often receive recommendations from patrons concerning resources available in other languages. In addition to English language materials the Resource Center offers some visual and written materials in Spanish and Korean. Fact Sheets with information on developmental disabilities are available in the following languages: Spanish, Korean, Khmer, Japanese, Arabic and Mandarin.

guide to expand the reader’s knowledge of culturally appropriate services and to design successful, respectful programs and supports that build on the strengths of each person’s values.

**Communication:
Developing Cultural
Competence**

*Written and Produced
by Marion Karpinski, RN*

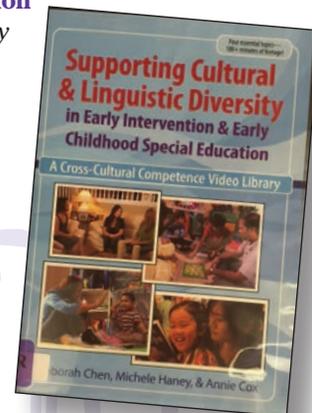
This DVD explores how cultural beliefs and values affect the quality of healthcare. Health care providers will learn communication and behavioral tools that foster respect, cooperation and sensitivity. Topics include: personal and social space, touch, communication styles, language differences, diet and use of gestures.



**Supporting Cultural & Linguistic
Diversity In Early Intervention and
Early Childhood Special Education**

*By Deborah Cohen, Michele Haney
and Annie Cox*

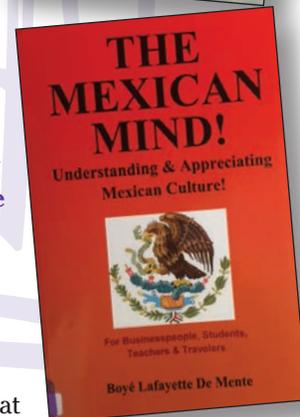
This DVD is a complete professional development resource for early interventionists, special educators and other professionals. The materials include a guided tour of four key issues professionals will encounter as they work with culturally and linguistically diverse children and families. Learning activities and guidelines for working with interpreters are included.



**The Mexican Mind Understanding
and Appreciating Mexican Culture**

By Boye' Lafayette De Mente

Author DeMente uses key words in the Mexican Language to identify and explain the contradictions and paradoxes of Mexico. The words presented are like genetic codes that

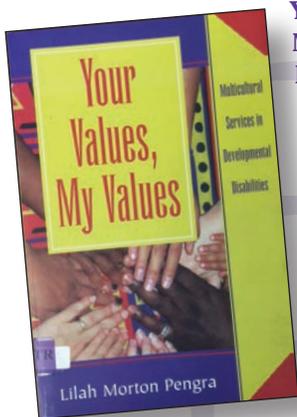


**Your Values,
My Values
Multicultural
Services in
Developmental
Disabilities**

*By Lilah Morton
Pengra*

This publication shows how to provide culturally responsive services that support the

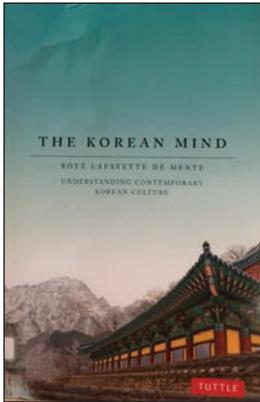
values of the people receiving them. Readers will learn to apply strategies to support self-advocacy, facilitate community inclusion and interpret challenging behavior. Topics covered in this book include sensitive areas such as: cleanliness, ownership, money management, relationships, pain and anger. This book is intended to be a



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HRC RESOURCE CENTER – Check It Out!
(continued from page 13)

serve as windows to the heart and soul of the country. When combined, they become a map to the character and personality of the Mexican People. This book is intended for students and professionals.

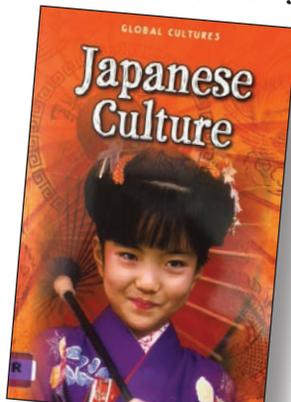


**The Korean Mind
Understanding
Contemporary
Korean Culture**
By Boye' Lafayette De Mente

This content in this book explores the meanings and cultural context of the most important “code words” of the Korean language. The reader is given insights into the character and personality of the Korean people,

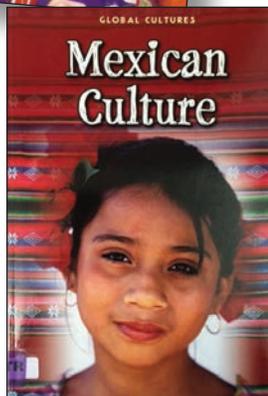
providing bridges for communicating and interacting with them.

For the younger readers



Japanese Culture
By Teresa Heapy

This book offers an introduction to Japanese culture, including sections about family and society, ceremony and beliefs, and leisure and community. The many colorful and artistic illustrations bring the ideas to life and make it a joy to read.



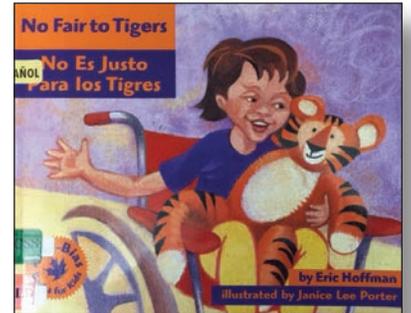
Mexican Culture
By Lori McManus

This book is an introduction to Mexican culture including sections about music and movement, Mexican celebrations, family and relationships, and enjoying life. This book includes photos and illustrations such as

timelines for the reader to understand history and to provide a visual reference for events.

No Fair to Tigers/No Es Justo Para los Tigres

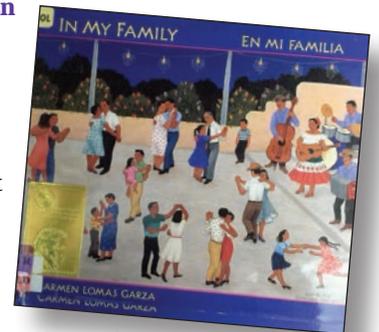
By Eric Hoffman



In this book, Mandy's stuffed tiger is a dusty, dirty mess and Mandy asks her family to help put him back together again. When Mandy can't get her wheelchair into a store where she's gone to buy tiger treats, Old Tiger and Mandy ask for fair treatment for children as well as tigers. This book is written in English and Spanish.

In My Family/En Mi Familia

By Carmen Lomas Garza

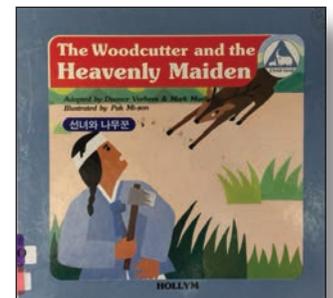


Internationally renowned artist Carmen Lomas Garza brings to life loving memories of growing up in a traditional Mexican-American community. This serves as a tribute to the loving family and community that shaped her childhood and her life.

The Woodcutter and the Heavenly Maiden & The Fire Dogs

By Duance Vorhess & Mark Mueller

This book includes two Korean Folk Tales that are in English and Korean.

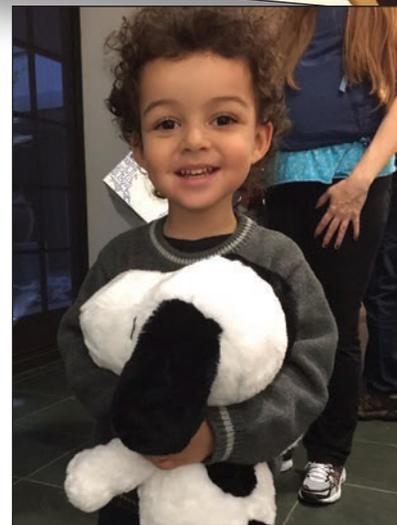
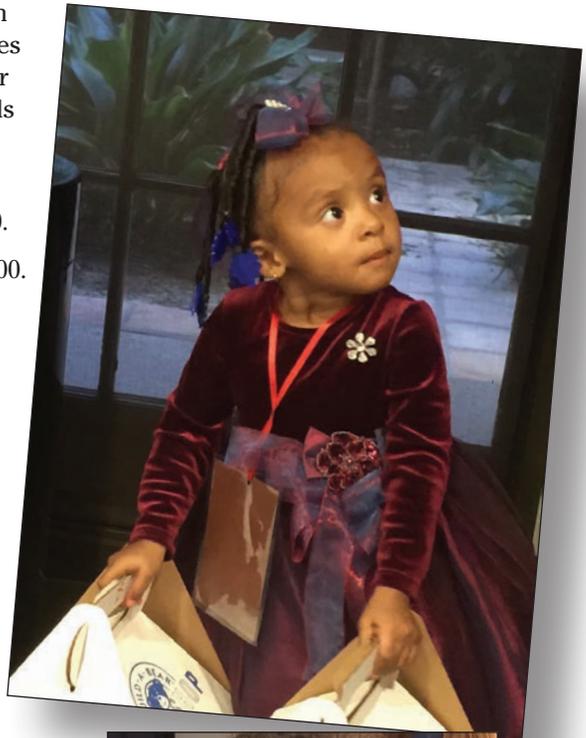


By Kerry Ryerson, Public Information Specialist

Harbor Regional Center's community supporters are the best in the world! With their generosity, many of HRC's neediest families received food, toys, warm blankets, gift cards and various other items during the holiday season! There are too many individuals and groups to mention so here are just a few of the highlights from our holiday season:

- The South Bay Sunrise Rotary club awarded HRC with \$4,000.
- Boeing Employees Community Fund provided HRC with \$5,000.
- The Del Harbor Foundation donated \$5,000 this Holiday season.
- \$30,000 in gift cards were purchased with donations from the Harbor Help Fund and distributed to our neediest clients and their families.
- We received just over \$14,700 from our direct mail campaign.
- 37 families enjoyed hearty Thanksgiving meals due to support from the Manhattan Beach Montessori Preschool, the Carson Gardena Dominguez Rotary Club, Loyal Alliance Car Club of Wilmington and other friends of HRC.
- The Veronica Legacy Foundation hosted a food drive for our clients and our counters were overflowing with cans of food which were gathered up by the service coordinators and delivered to their clients in time to complement their Thanksgiving meal.
- Southern California Ballet Theatre donated 50 tickets to The Nutcracker.
- Redondo Beach Dental Group hosted a very successful toy drive for us.
- 24Hr. HomeCare hosted a toy drive and two toy giveaways! Over 200 children received toys.
- The Gardena Elks Club hosted a Merry Beary Christmas Party for 50 of our early childhood clients and their families.
- Nadel International donated 1,000 blankets for our clients.
- 147 very appreciative families were adopted for the holiday season thanks to many community sponsors, service providers, clients' families and HRC staff.
- Additional and substantial gift cards were provided by the Pelleritos, the Veronica Legacy Foundation and Tina Ash and co-workers.
- We received more donations of toys, clothing and miscellaneous household items from several individuals.

Thank you to everyone that provided comfort, kindness and joy to our clients and their families.



(above) Dressed beautifully for the Holidays, this adorable girl held on tight to her presents!

(below) This little guy was very happy to receive his Snoopy from Santa – and the Gardena Elks!



HARBOR DEVELOPMENTAL DISABILITIES FOUNDATION, INC.

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BOARD MEETINGS

May 17, 2016 - 6:30 p.m.
July 19, 2016 - 6:30 p.m.

All regularly-scheduled business meetings of the Board are open to the public and visitors are welcome. The meetings are held in Conference Room A4 at Harbor Regional Center.

Stay in touch and get the latest news!

Send an e-mail to: enetworksubscriber@harborrc.org with your name and e-mail address, to be added to our electronic mailing list for HRC E-News bulletins.

View our publications online at www.harborrc.org/resources/publications

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