

Celebrating



40 Years



HARBOR
REGIONAL
CENTER

1973-2013



*“Harbor Regional Center provides quality services, support,
information and choices for people with developmental disabilities
and their families, to promote their participation
as valued neighbors in our communities.”*

When a pioneering group of parents approached Frank D. Lanterman in the halls of the state capitol so many years ago, they had a vision for California's people with developmental disabilities and their families. They hoped for services and supports for their sons and daughters outside the walls of state institutions – in their own home communities, all over the state of California. And so building the network of regional centers began. In 1973, a few years after the passage of the Lanterman Developmental Disabilities Act, Harbor Regional Center was created to develop and provide services and supports for clients and families living in the greater Long Beach and South Bay areas of Los Angeles County. We were honored that Frank Lanterman was with us to celebrate our grand opening and joined with local dignitaries to cut the ribbon outside our first home on the grounds of Harbor UCLA Medical Center.

Over the past 40 years, we have seen times of great growth and optimism, and periods of unprecedented fiscal challenge. Throughout these times, Harbor Regional Center's original

vision for our clients and their families has endured and inspired us to ensure there is a local focus for lifelong support, and that clients and their families become increasingly empowered, independent, and valued members of our community. Through it all, those parent pioneers watched while our service system for people with developmental disabilities continued to evolve in ways that we never imagined.

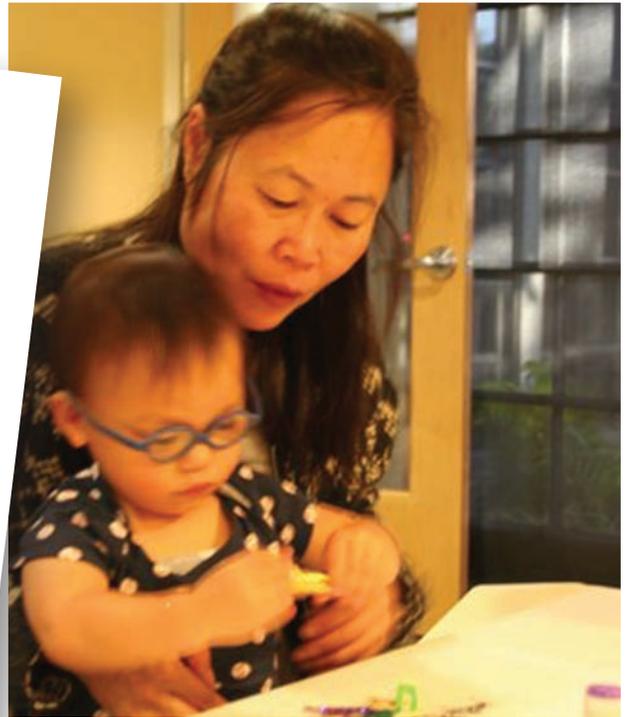
It has been extremely gratifying to watch our clients as they grow and blossom – from their infancy through their senior years – and benefit from the wide range of services and supports such as those that we feature in these pages. We look forward to continuing to provide the best services and supports that we can offer, to meet our clients' and families' ever-evolving individual needs, as they truly “participate as valued neighbors in our community.”

Join us now, as we take a look at what we have achieved and how our services have progressed since those first pioneering parents shared their hopes and dreams with us forty years ago.



Pioneering HRC parents, service providers, and community members helped to introduce a new era of services and supports in our community.

Support for Infants and Toddlers and their Families



*HRC's program for infants
and toddlers has been
busy creating an exciting
range of early childhood
development activities for
children and their families.*

*Moms, uncles, and even big brothers
of Nick, Jason, Jaden, Blythe, and
Samantha learn new ways to promote
development while having fun together.*



“Together From the Start,” HRC’s program for infants and toddlers, has been busy creating an exciting range of early childhood development activities for children and their families. Parents engage with their children in activities designed to promote language, motor and cognitive development, under the guidance of HRC speech and early childhood specialists. Informative classes provide families with skills and tools for stimulating development through everyday activities and play, while offering the child a chance to interact with other children. We also offer, to all of our families, support groups, one-on-one

support provided by other parents who have “been there,” the opportunity to borrow developmental toys from our Toy Lending Library, and to have access to assistive technology and augmentative communication devices, as well as special workshops for siblings.



Promoting Positive Behavior,
Daily Living Skills, and
Social Development for

Children





Behaviorists Iris Owens and Karine Paulan lead the Fernandez and Gonzalez families through lessons on Body Awareness and Safety, in English and Spanish.

Some children with developmental disabilities are slow to learn their daily living skills and others display challenging behavior. Parents can often be helped to teach these children new skills and to promote positive behaviors by HRC specialists who are trained as “applied behavior analysts.” These behaviorists help families to assess their children’s behaviors, and develop individualized plans for modifying behaviors and developing new skills. Specialized classes introduce behavioral principles and help children and parents using practical and individualized examples. Course topics and strategies range from toilet training to managing problem behavior, developing



daily living skills, promoting self-esteem, stress management, body awareness, safety, and sexuality. In these classes that bring parents and children together, they make sure to find ways to make learning fun.

Experiencing

College Life

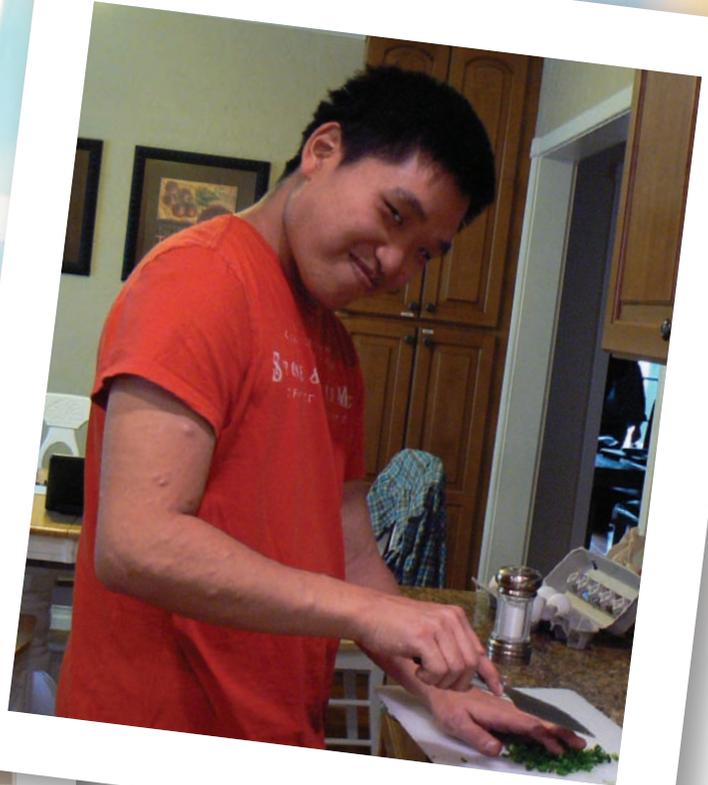


College to Career Students Bobby, Connor, Immanuel, Julian, and Joon Khi enjoy studying, relaxing, and preparing meals for each other in their C2C home.



HRC clients who are selected to attend the College2Career (C2C) Program have important responsibilities. With support from HRC, Long Beach City College, and California Mentor, they are enrolled in a certificate or AA degree program, and while fully included with other college students, are provided extra supports to assist them with their studies. The goals for these students are success in classwork, graduation or certification and eventual employment. As they move into student housing, they learn to maintain their own apartments, prepare their own meals, become mobile around the community, and work together with their newfound friends and roommates. While they are busy

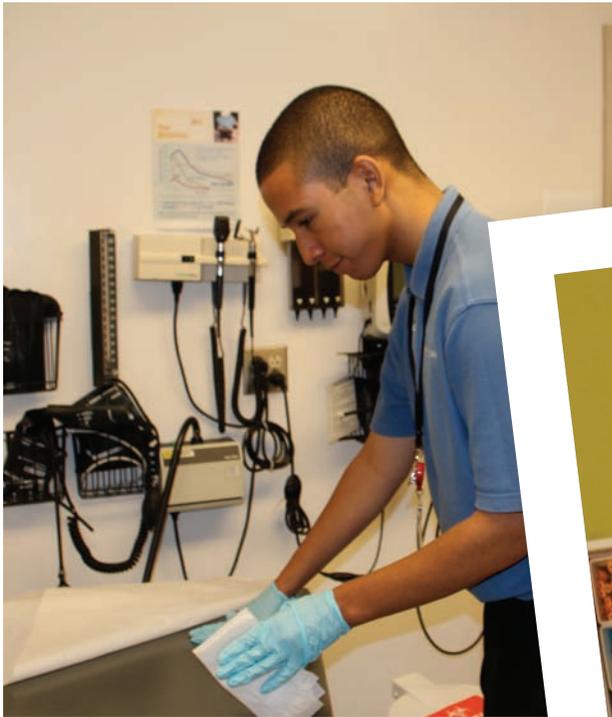
working towards these ambitious goals, affordable student housing developed for C2C by the HOPE Program provides these students with a very comfortable and inviting place to call home, study, and relax.



Project
Search



Since first learning about the Project SEARCH program a few years ago, HRC has worked steadfastly with community partners to build a dynamic program in our own area. The basic premise of Project SEARCH is that it makes good business sense for employers to hire individuals with developmental disabilities to fill some of their high-turnover, entry-level positions. In the HRC area, this unique internship program provides total immersion in a workplace and real-life work experience, to help school-aged youth with developmental disabilities make successful transitions from school to adult life. Since 2011, Harbor Regional Center has collaborated with Long Beach Unified and Los Angeles Unified School Districts, the Superior Court of California, County of Los Angeles, Kaiser Permanente South Bay, and supported employment service providers PathPoint and Best Buddies, to help transition-age HRC clients learn marketable skills. Currently, Kaiser Permanente South Bay Medical Center is hosting its second enthusiastic team of interns while the first group of HRC interns have proudly gone on to ace their job interviews and land great jobs.

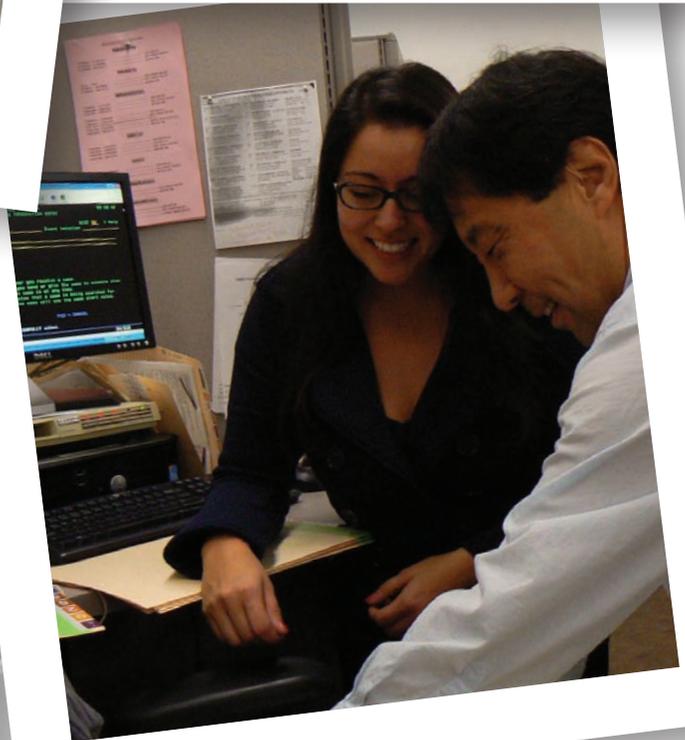
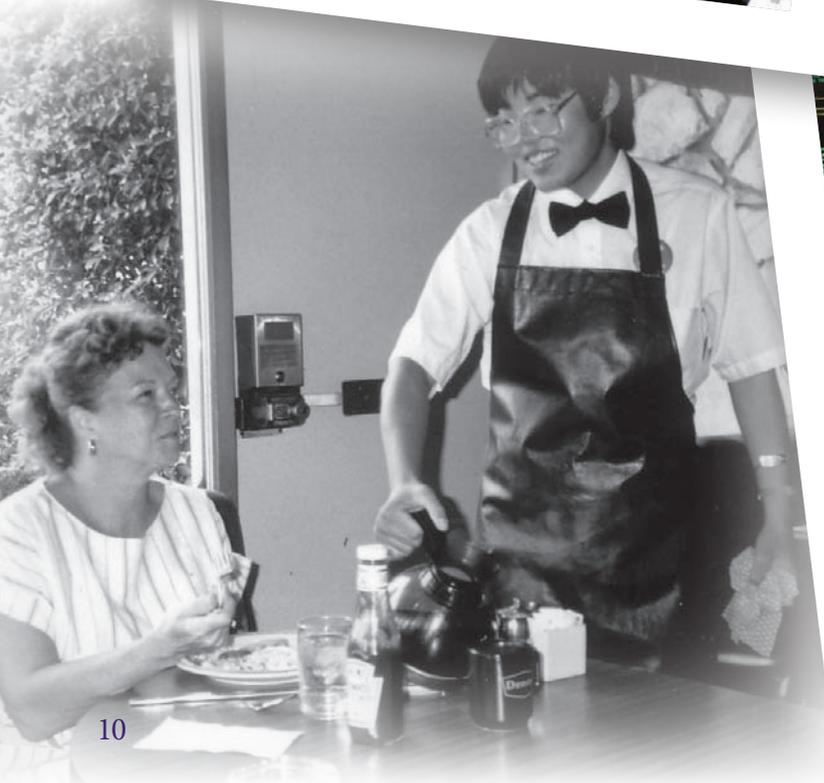
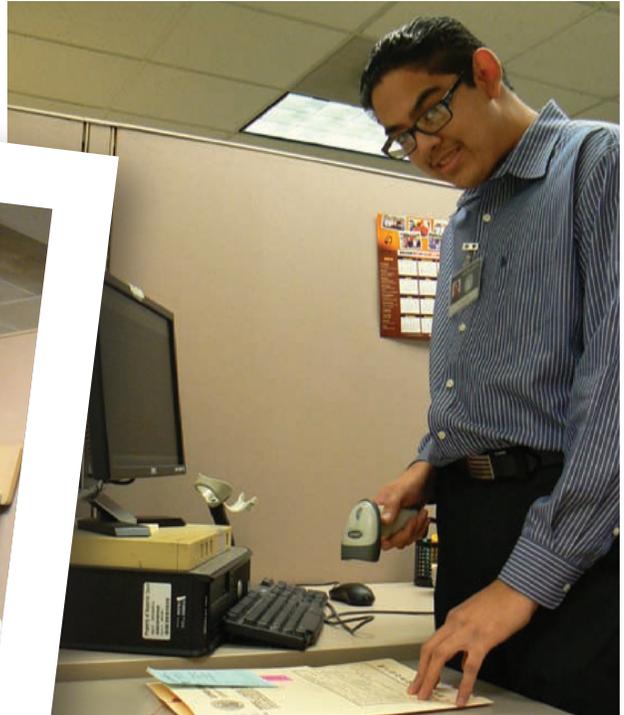


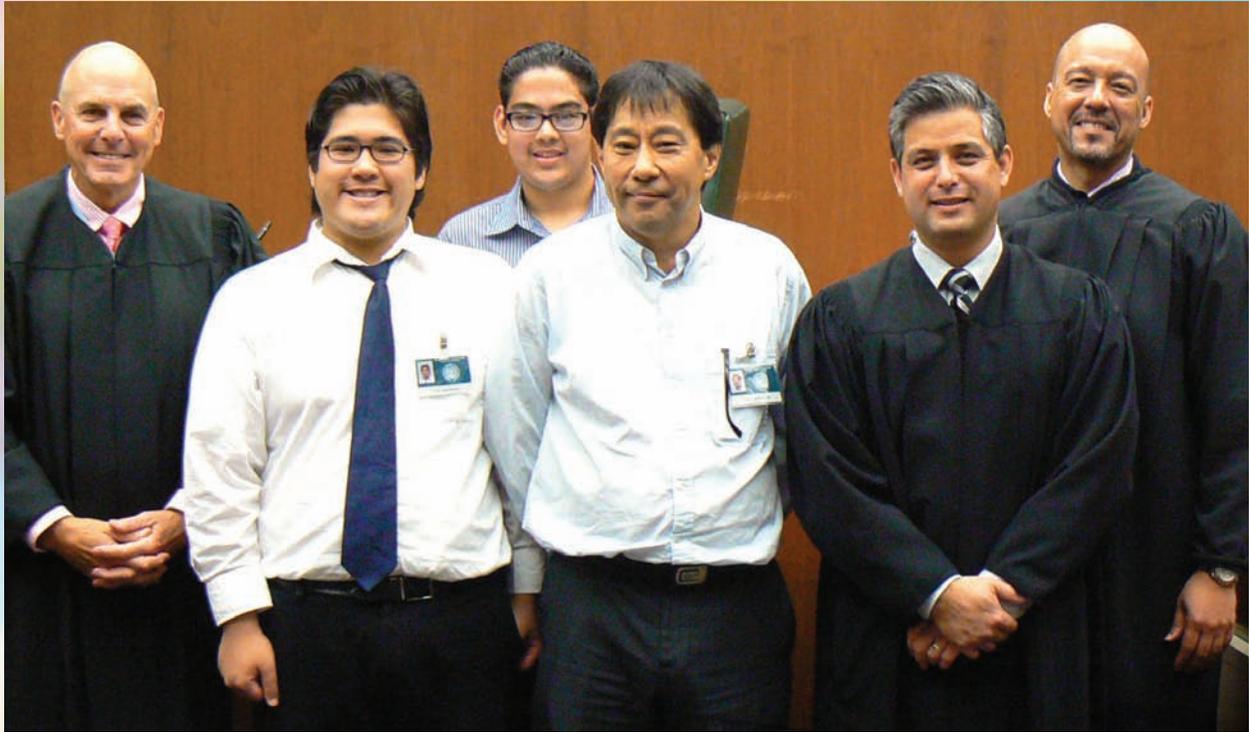
Project Search interns at Kaiser Permanente South Bay Medical Center, Jhonatan, Kenneth, Sean, and Faviola learn valuable job skills to launch them towards future employment.



Career

Exploration





At the L.A. County Courthouse in Torrance, Judges Steven Van Sicklen (left), Alan Honeycutt, and Eric Taylor (right), take notice of the contribution made by interns Jason, Hector, and Richard (center).

HRC is committed to helping our clients who want to work find good jobs, doing the kind of work they would like to do. Today our clients are gaining work experience and finding jobs in settings such as hospitals, banks, warehouses, refineries, advertising agencies, document imaging companies, shipping and receiving, aerospace, automobile corporations, animal shelters, and even courthouses. We created Career Exploration Services to provide internship opportunities for adults to try different kinds of work experiences, and develop skills on the job, whether they are younger and transitioning into adulthood, or are older and ready to try a new career path. Job coaches help them to



learn not only their assigned work tasks, but also the work habits and social skills needed to be a good employee in any work environment. Their supervisors at the workplace have definitely noticed the results of all that great preparation.

Therapeutic Day Activities



For our clients who do not want to work, we continue to develop stimulating inclusive and therapeutic day programs. Inclusion Programs offer activities that promote work skills, socialization, daily living skills, recreation, and integration into community life. For our clients who require the highest level of support for medical, sensory, and daily living needs, Therapeutic Day Activities provide individualized meaningful activities, designed to enhance health, well-being, independence, and quality of life. Support is also provided by nurses, physical therapists, and behavioral specialists.



Governor George Deukmejian greeted guests at an HRC event.



Adults attending Cole
Therapeutic Day Activity Program
learn while engaging in the many activities
available to them such as music, cooking,
art, gardening, and much more.

Living *in the Community*

40 years after our pioneering parents first shared their vision for alternatives to life in a state institution for their sons and daughters, only a small number of individuals with developmental disabilities continue to live in State Developmental Centers – and that number gets smaller every day. Over the years, Harbor Regional Center has assisted hundreds of clients to move from a Developmental Center into a home in the community. The Wilkie home in Torrance is a shining example of the cozy and inviting homes that have been created in recent years. Each housemate has his or her own serene private bedroom, and enjoys a comfortable family room, spacious kitchen, pleasant outdoor spaces, and community outings to share.

Jason and Brandon enjoy the comforts of home both inside, and on the sunny back deck of their Torrance home.



For our clients who do not live with family, or need the degree of care that is offered in a licensed home, we help them to find the home and the support that they need, such as supported living services in their own homes, or sharing life in the home of a mentor family.

Harbor Regional Center has assisted hundreds of clients to move from a Developmental Center into a home in the community.



Statements *of Financial Position*

	Year Ended June 30, 2013	Year Ended June 30, 2012
ASSETS		
Cash and cash equivalents	\$ 6,786,718	\$ 1,362,181
Cash – client trust funds	916,857	1,252,100
Certificates of deposit	67,379	67,379
Contract receivable	34,257,804	37,728,467
Receivable from Intermediate Care Facilities	9,139,345	7,500,941
Prepaid expenses	296,881	0
Other receivables	67,692	64,329
Deferred costs for accrued vacation and other leave benefits	820,107	800,448
Deferred cost for rent liability	4,358,403	2,897,338
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Total assets	\$ 56,711,186	\$ 51,673,183
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LIABILITIES AND NET ASSETS		
Liabilities:		
Accounts payable	\$ 11,241,853	\$ 12,123,071
Accrued salaries	240,082	226,462
Contract advance	31,858,665	27,258,322
Payable to Department of Developmental Services	7,556,774	7,388,869
Accrued vacation and other leave benefits	820,107	800,448
Deferred rent	4,358,403	2,897,338
Unexpended client trust funds	520,166	847,431
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Total liabilities	56,596,050	51,541,941
Commitments and contingencies		
Unrestricted net assets	115,136	131,242
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Total liabilities and net assets	\$ 56,711,186	\$ 51,673,183
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Statements *of Activities*

	Year Ended June 30, 2013	Year Ended June 30, 2012
Revenue and support:		
Federal awards	\$ 78,815,686	\$ 70,741,910
Grants	63,434,145	62,658,398
Interest	14,463	35,023
Donations	24,330	31,377
Other income	306,806	311,256
	<u>142,595,430</u>	<u>133,777,964</u>
Total revenue and support	<u>142,595,430</u>	<u>133,777,964</u>
Expenses:		
Program services:		
Direct client services	140,128,190	131,458,859
Supporting services:		
General and administrative	2,483,346	2,326,163
	<u>142,611,536</u>	<u>133,785,022</u>
Total expenses	<u>142,611,536</u>	<u>133,785,022</u>
Change in net assets	(16,106)	(7,058)
Unrestricted net assets		
Beginning of year	<u>131,242</u>	<u>138,300</u>
End of year	<u>\$ 115,136</u>	<u>\$ 131,242</u>

Statement *of Functional Expenses*

FOR THE YEAR ENDED JUNE 30, 2013

	Program Services	Supporting Services	Total
	Direct Client Services	General and Administrative	Expenses
Salaries and related expenses:			
Salaries	\$ 11,492,092	\$ 1,070,317	\$12,562,409
Employee health and retirement benefits	2,562,312	238,641	2,800,953
Payroll taxes	161,752	15,065	176,817
Total salaries and related expenses	14,216,156	1,324,023	15,540,179
Purchase of services:			
Other purchased services	60,828,369	0	60,828,369
Residential care facilities	42,844,705	0	42,844,705
Day programs	14,233,389	0	14,233,389
Facility rent	4,337,537	403,977	4,741,514
Equipment and facility maintenance	1,570,194	146,240	1,716,434
Equipment purchases	747,402	69,609	817,011
Contract and consultant fee	635,265	59,165	694,430
Legal fees	0	97,089	97,089
General office expenses	94,131	221,906	316,037
Communication	283,914	26,442	310,356
General	157,661	14,684	172,345
Insurance	82,416	39,043	121,459
Staff travel	74,470	6,935	81,405
Accounting fees	0	53,000	53,000
Printing	22,581	2,103	24,684
Board expenses	0	19,130	19,130
Total expenses	<u>\$140,128,190</u>	<u>\$2,483,346</u>	<u>\$142,611,536</u>

FOR THE YEAR ENDED JUNE 30, 2012

	Program Services	Supporting Services	Total
	Direct Client Services	General and Administrative	Expenses
Salaries and related expenses:			
Salaries	\$ 11,146,681	\$ 947,683	\$12,094,364
Employee health and retirement benefits	2,578,039	219,183	2,797,222
Payroll taxes	151,991	12,922	164,913
Total salaries and related expenses	13,876,711	1,179,788	15,056,499
Purchase of services:			
Other purchased services	56,134,254	0	56,134,254
Residential care facilities	38,254,861	0	38,254,861
Day programs	15,400,145	0	15,400,145
Facility rent	4,063,652	345,489	4,409,141
Equipment and facility maintenance	1,483,526	126,128	1,609,654
Contract and consultant fee	1,105,501	93,989	1,199,490
General office expenses	432,335	36,778	469,113
General	67,236	357,716	424,952
Communication	282,955	24,057	307,012
Equipment purchases	163,379	13,890	177,269
Insurance	74,004	48,266	122,270
Staff travel	78,001	6,632	84,633
Accounting fees	0	52,500	52,500
Printing	42,299	3,596	45,895
Legal fees	0	19,251	19,251
Board expenses	0	18,083	18,083
Total expenses	<u>\$131,458,859</u>	<u>\$2,326,163</u>	<u>\$133,785,022</u>

Harbor Regional Center Caseload

2013

Total Clients



Total Clients.....	11,662
Intake.....	3.4%
Early Start.....	12.5%
Clients with developmental disabilities residing in the community.....	83.7%
Clients with developmental disabilities residing in Developmental Centers.....	0.4%

Intellectual Disability.....	6,010
Autism.....	3,290
Epilepsy.....	1,226
Cerebral Palsy.....	1,074
Other.....	1,268

Clients by Diagnosis

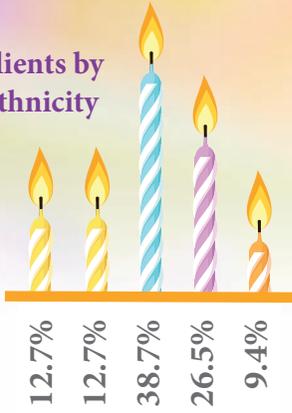


Clients by Age



Birth to Three Years.....	13.6%
Ages 3 to 18.....	37.6%
Ages 18 to 50.....	38.6%
Ages 50 and over.....	10.2%

Clients by Ethnicity



African American	12.7%
Asian/Pacific Islander	12.7%
Hispanic	38.7%
White	26.5%
Multi-ethnic and other	9.4%

Purchase of Services Expenditures



Licensed Home	37.0%
Supported Living	5.2%
Day Activities	12.6%
Therapy Services	26.3%
Respite Services	4.6%
Transportation	6.4%
Medical Services	4.0%
Other	3.9%

English	81.62%
Spanish	16.08%
Other	2.03%

Clients by Primary Language



Family	84.05%
Independent & Supported Living	6.40%
Licensed Home	9.54%

Clients by Residence Type





HARBOR DEVELOPMENTAL DISABILITIES FOUNDATION, INC.
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