



HARBOR
REGIONAL
CENTER



**Raffles &
Activities**

Harbor Regional Center Presents:

Your Family Our Focus

*"Family Self Care: Putting Your
Oxygen Mask on First"*

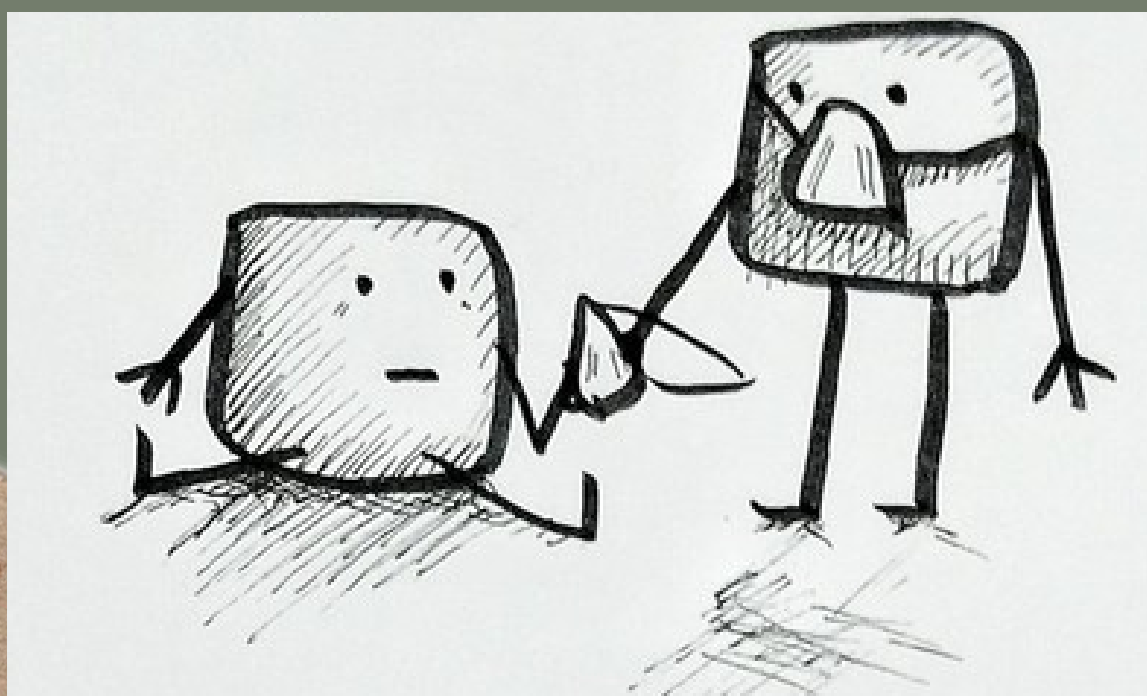
by Teresa McKee

Saturday, March 11, 2023

9:30am-12pm

via Zoom

<http://bit.ly/3YWSJTv>



For interpretation, please call
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by March 4, 2023