



SOCIAL RECREATIONAL SERVICES

We believe that social and recreational activities help strengthen community connections and enrich your overall well-being.

Services may help you by:

- Creating opportunities to enjoy preferred activities
- Increasing time spent with others in your community
- Providing access to non-medical therapies such as art, music, and equine therapies
- Connecting you to educational services such as tutoring
- Supporting a camping experience

Where to find more info:

- [Harbor Socialization, Leisure/Recreation Policy](#)
- [Social Recreation & Camp Article](#)
- [Harbor Regional Center - Family Resource Center](#)

If this service interests you, talk to your service coordinator about:

- Things you enjoy doing or want to try
- Supports or items needed to access the activities
- Dates, times, and duration of an activity

Important:

Services are determined through the Person-Centered Planning process.

