



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.



9/24/2025
1:00 PM

Department of Mental Health presents:

ANXIETY AND RESILIENCE

This workshop will be presented in Korean
Please request interpretation by 9/17/25



For interpretation or more information:

Christian Chacon

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<https://bit.ly/4izRnli>

Promoters are not therapists or psychologists.
They cannot give their opinion regarding
treatment methods and/or medication



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엘에이 카운티 정신 건강국 제공

불안장애의 이해와 회복탄력성

이워크숍은 한국어로 진행됩니다.



자세한 문의

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프로머터는 전문 클리니션이나 심리학자가 아니므로 치료방법 및 약물에 대해 의견을 제시 할 수 없습니다.