



## You're invited to join the Supported Decision-Making Series!

During our time together, we will learn about California's Supported Decision-Making Act, develop skills for person-centered conversations about different decision-making options, explore how to develop Supported Decision-Making Agreements, and understand how to support people to be the decision-makers of their own lives.

### How it works:

This remote course includes four 3-hour modules to be held via Zoom from 9:00am-12:00pm starting **September 10, 2025**.

#### **September 10 - Module 1**

Conservatorship Reform and Supported Decision-Making in California

#### **September 17 - Module 2**

Supportive Decision-Making Skills

#### **September 24 - Module 3**

How to Talk to People About a Continuum of Decision-Making Support Options

#### **October 1- Module 4**

Supported Decision-Making Agreements

Participants will receive a certificate of completion when they attend all four modules consecutively.



### What people are saying...

*"An important program for anyone who is involved in helping others with supported decision making, conservatorship, or just making life decisions in general."*

**Click here or scan QR code to register.**

For more information contact [Holly@helensandersonassociates.com](mailto:Holly@helensandersonassociates.com)

## Supported Decision-Making 4-Module Training Series

### Module 1:

#### **Conservatorship Reform and Supported Decision-Making in California**

Be introduced to a California law that provides a framework of opportunity for supporting people with intellectual/developmental disabilities to maintain, build, and regain authority over life decisions through the process of Supported Decision-Making.

### Module 2:

#### **Supportive Decision-Making Skills**

Everyone makes decisions; and most people rely on other people to help inform them. This module focuses on presuming competency and capacity, and then figuring out how others can provide the requested support that maintains the person's authority for decision-making.

### Module 3:

#### **How to Talk to People About a Continuum of Decision-Making Support Options**

Discuss the historical approaches for supporting decision-making and discover a continuum of decision-making support options. Learn to introduce a variety of options and practice conversation tools that can assist with decision-making.

### Module 4:

#### **Supported Decision-Making Agreements**

A Supported Decision-Maker starts with being clear about who will do what! We will discuss common elements found in supported decision-making agreements and practice skills for developing meaningful agreements.

### Facilitated by:

*Tina Campanella, former CEO of the Quality Trust and developer of the National Resource Center for Supported Decision-Making*

*Leigh Ann Kingsbury, InLeadS Consulting, Gerontologist, PCT Mentor Trainer, Co-developer of Person-Centered Approaches to Healthcare Decision-Making*

*Holly Matecko, Helen Sanderson Associates trainer and facilitator.*