

# Harbor Family Resource Center



## Personalized Support

Get support from other parents or family members who have experience with developmental disabilities. Connect with others through support groups or let us help find a resource you need.



## Available Resources

Our resource centers offer hundreds of books, pamphlets, audio-visual media materials, publications, and developmental toys available for lending at no charge. Information is available for all ages, birth through lifespan!

## Education & Training

Join us for informative presentations and trainings on topics that interest you. We offer many opportunities throughout the year to learn at your own pace. Visit our website calendar regularly for more information.





# Harbor Family Resource Center



Visit one of our locations!

## Long Beach

1155 E. San Antonio Drive  
Long Beach, CA 90807  
(310) 543-0105

Monday - Friday 8:30AM - 5:00PM

## Norwalk

12110 Walnut Street  
Norwalk, CA 90650  
(562) 526-2115

Monday - Thursday 8:30AM - 4:00PM  
Friday 8:30AM - 3:00PM

## Torrance

21309 Hawthorne Blvd.  
Torrance, CA 90503  
(310) 543-0104

Monday - Friday 8:30AM - 5:00PM

✉ [Resource.Center@harborrc.org](mailto:Resource.Center@harborrc.org)

🌐 [www.harborrc.org](http://www.harborrc.org)

Learn more about support through  
Harbor Family Resource Centers by  
scanning the QR Code below using your  
smartphone or tablet.

