# THE SELF DETERMINATION PROGRAM

FAQ: Services and Supports Funded Outside of a Participant's Individual Budget

Q1: Can the Regional Center provide funding for services and supports outside of an individual budget?

A: Yes, there are circumstances in which a participant may require additional services and supports that cannot be met through the individual budget.

Q2: What are examples of services and supports that can be funded outside of an individual budget?

A1: The Department of Developmental Services (DDS) has identified the following services and supports:

- 1. Co-Payments, Deductibles, Co-Insurance
- 2. Competitive Integrated Employment (CIE) Incentives
- 3. Paid Internship Program (PIP)
- 4. Rental Subsidy Payments
- 5. Social Security Income (SSI) Restoration/State Supplementary Payment (SSP)
- 6. Financial Management Services (FMS) cost
- 7. Coordinated Family Support Services (CFS)
- 8. Coordinated Career Pathways

A2: HRC has further identified the following services and supports due to the provider not yet accepting direct payment from an individual budget:

- 1. Crisis supports such as CBEM and START
- 2. Behavior Services Team (BST) courses
- 3. Medications

Q3: What if other services and supports are identified that are not listed above but cannot be funded within an individual budget?

A: Because rules/directives around SDP do change frequently, always consult your client services manager or a member of the participant choice team when you are unclear.

## THE SELF DETERMINATION PROGRAM

FAQ: Independent Facilitator (IF)

#### Q1: What is an Independent Facilitator?

A: An individual hired by you, to assist with

- Making informed decisions regarding your individual budget.
- Locating and coordinating services identified in your IPP,
- Identifying short and long term goals.
- Empowering you to be a self-advocate.
- Acting as a member of your circle of support.
- Supporting you in completing your spending plan.

A: Services your IF provides may vary and you should always develop an agreement with them. Services can include:

\*Spending Plans \*Locating Service Providers \*Coordinate Services

\*Participating in your IPP \*Educating you about the SDP process

## Q2: What is the average cost for an Independent Facilitator?

A: Rates vary and must be agreed upon by you.

A: The typical range we see at Harbor is between \$50/hour- \$150/hour.

#### Important:

## What an Independent Facilitator is not.

- A decision maker for you.
- Someone who can provide another service on your spending plan outside of being an independent facilitator.
- A spouse or a parent of a minor.