

THE SELF-DETERMINATION PROGRAM

FREQUENTLY ASKED QUESTIONS (FAQs)

Services and Supports Funded Outside of a Participant's Individual Budget

Q1: Can the Regional Center provide funding for services and supports outside of an individual budget?

A1: Yes, there are circumstances in which a participant may require additional services and supports that cannot be met through the individual budget.

Q2: What are examples of services and supports that can be funded outside of an individual budget?

A2: The Department of Developmental Services (DDS) has identified the following services and supports:

1. Co-Payments, Deductibles, Co-Insurance
2. Competitive Integrated Employment (CIE) Incentives
3. Paid Internship Program (PIP)
4. Rental Subsidy Payments
5. Social Security Income (SSI) Restoration/State Supplementary Payment (SSP)
6. Financial Management Services (FMS) cost
7. Coordinated Family Support (CFS) Services
8. Coordinated Career Pathways

Harbor Regional Center has further identified the following services and supports due to the provider not yet accepting direct payment from an individual budget:

1. Crisis supports such as CBEM and START
2. Behavior Services Team (BST) courses
3. Medications

Q3: What if other services and supports are identified that are not listed above but cannot be funded within an individual budget?

A3: Because rules/directives around SDP do change frequently, always consult your client services manager or a member of the participant choice team when you are unclear.

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FREQUENTLY ASKED QUESTIONS (FAQs)

Independent Facilitator (IF)

Q1: What is an Independent Facilitator (IF)?

A1: An individual hired by you, to assist with:

- Making informed decisions regarding your individual budget.
- Locating and coordinating services identified in your IPP.
- Identifying short and long term goals.
- Empowering you to be a self-advocate.
- Acting as a member of your circle of support.
- Supporting you in completing your spending plan.

Services your IF provides may vary and you should always develop an agreement with them. Services can include:

- *Spending Plans
- *Locating Service Providers
- *Coordinate Services
- *Participating in your IPP
- *Educating you about the SDP process

Q2: What is the average cost for an Independent Facilitator?

A2: Rates vary and must be agreed upon by you. The typical range we see at Harbor is between \$50/hour- \$150/hour.

Important:

An Independent Facilitator is *not*:

- A decision maker for you.
- Someone who can provide another service on your spending plan outside of being an independent facilitator.
- A spouse or the parent of a minor receiving the services.