

Come Partner With Us:
Social Recreation 101
Asóciense con nosotros:
Recreación social 101

Date: December 29, 2025

Presented by: Bryan Sanchez and Griselda Torres

Fecha: 29/DEC/2025

Presentado por: Bryan Sanchez and Griselda Torres



Agenda

- Welcome and Introductions
- Training Agreements
- Presentation on Social Recreation
- Q & A
- Closing

Orden del día

- Bienvenida y presentaciones
- Acuerdos de capacitación
- Presentación sobre recreación social
- Preguntas y respuestas
- Clausura

Training Agreements

- We agree to be respectful of each other.
- We agree to end the session at the hour mark.
- We agree to ask our questions at the end of the training.
- We agree to only ask questions and share comments related to this training.
- We agree to respect privacy by not sharing any personal information.
- We agree to not ask a question that had already been asked and answered.

Acuerdos de capacitación

- Nos comprometemos a ser respetuosos entre nosotros.
- Acordamos finalizar la sesión al cumplirse la hora.
- Acordamos hacer nuestras preguntas al final de la capacitación.
- Acordamos hacer preguntas y compartir comentarios únicamente relacionados con esta capacitación.
- Acordamos respetar la privacidad al no compartir información personal.
- Acordamos no hacer preguntas que ya se hayan formulado y respondido.

Social Recreation

- Socialization
- Leisure
- Camping
- Educational
- Nonmedical Therapy

A program or activity that promotes community integration and self-advocacy training as it relates to recreation and leisure pursuits

Recreación social

- Recreación social
- Ocio
- Servicios de campamento
- Servicios educativos
- Terapias no médicas

Un programa o actividad que promueve la integración comunitaria y la capacitación en autodefensa en relación con las actividades recreativas y de ocio.



What Does The Law Say

July 1, 2021	October 7, 2021	February 6, 2024
Lifted Regional Center's ability to fund for social recreation activities under Welfare and Institutions (4648.5)	Requires Regional Centers to develop a Purchase of Service (POS) Policy	Allowed for more person-centered assessment of services
Removal of WIC 4648.5	<u>Restoration of Camping, Social Recreation and Other Services</u>	<u>Legislative Intent and Provider Access</u>

¿Qué dice la ley?

1/JUL/2021	7/OCT/2021	6/FEB/2024
Supresión de la capacidad de financiamiento del centro regional para actividades de recreación social en virtud del Código de Previsión Social (Welfare and Institutions, sección 4648.5)	Requiere que los centros regionales desarrollen una política de compra de servicios (POS).	Permitió una evaluación de los servicios más centrada en la persona.
Eliminación de la sección 4648.5 del WIC	<u>Restauración de servicios de campamento, recreación social y otros servicios</u>	<u>Intención legislativa y acceso de los proveedores</u>

Policy: Social Recreation

Social recreational activities are available when:

- The individual meets regional center eligibility
- The activity is Cost Effective
- The activity is within the state of California

Política: recreación social

Las actividades de recreación social están disponibles cuando:

- La persona cumple los requisitos del Centro Regional.
- La actividad es efectivo en costo.
- La actividad se desarrolla dentro del estado de *California*.



Harbor Regional Center Service Policy
SOCIAL RECREATIONAL, CAMPING, EDUCATIONAL, AND NON-MEDICAL
THERAPY SERVICES

DEFINITION:

Social Recreational, Camping, Educational, and Non-Medical Therapy Services refer to programs or activities that promote community integration and self-advocacy through recreation and leisure pursuits.

These services may include, but are not limited to, activities such as swimming, gymnastics, sports, clubs, dance lessons, tutoring services, martial arts, creative arts, music therapy, art therapy, equestrian therapy, day and overnight camps, or other community integration activities.

Educational Services refer to those services typically provided by school districts for school-aged individuals aged 17 and under.

PHILOSOPHY:

Harbor Regional Center (Harbor) recognizes that social recreational, camping, and educational/ non-medical therapy activities are important for inclusion, skill development, and quality of life for individuals of all ages.

For children, participating in these activities is primarily a parental responsibility. However, when a child's disability limits access to typical community programs and those programs cannot meet the child's needs, Harbor may help fund appropriate services that support social development and community participation.

POLICY:

Harbor may fund social recreational, camping, educational, and non-medical therapy services when identified through the Individual Family Service Plan (IFSP) or Individual Program Plan (IPP) process, when such services promote inclusion, community participation, and personal growth, and only when the following criteria are met:

Types of Social Recreation

- Social Recreational and Leisure
- Non-Medical Therapies
- Educational Services
- Camping Services

Tipos de recreación social

- Recreación social y ocio
- Terapias no médicas
- Servicios educativos
- Servicios de campamento



Social Recreation and Leisure

Activities that may offer a variety of opportunities including leisure and enrichment, for socialization and social skills practicing and provides the ability to participate in their community

Some examples of social recreational and leisure activities are:

- Karate
- Gymnastics
- Soccer
- Baseball
- Basketball

Actividades Recreativas y de Ocio Social

Actividades que pueden ofrecer una variedad de oportunidades, incluyendo ocio y enriquecimiento, para la socialización y la práctica de habilidades sociales y proporciona la capacidad de participar en su comunidad.

Algunos ejemplos de actividades sociales recreativas y de ocio son:

- Karate
- Gimnasia
- Fútbol
- Béisbol
- Baloncest



Non Medical Therapies

Non-Medical Therapies are activities that may promote therapeutic benefit.

Some examples of non medical therapies are:

- Art Therapy
- Music Therapy
- Equine Therapy



Terapias No Médicas

Las terapias no médicas son actividades que pueden promover beneficios terapéuticos.

Algunos ejemplos de terapias no médicas son

- Arte terapia
- Musicoterapia
- Equino terapia



Educational Services

Education services are for individuals 3-17 years of age that promote educational benefit/skill acquisition.

Tutoring services is the most commonly used service at Harbor.

Servicios Educativos

Los servicios educativos están dirigidos a personas de 3 a 17 años y promueven la adquisición de habilidades y beneficios educativos.

Los servicios de tutoría son el servicio más utilizado en Harbor.



Camping Services

Camps are typically provided when school is on break and provide some variability to an individual's routine.

Some examples of camping services are:

- Friendship Foundation
- Camp Escapades
- Specialty Camps (YMCA)

Servicios de Campamento

Los campamentos suelen ofrecerse durante las vacaciones escolares y ofrecen cierta variedad a la rutina de cada persona.

Algunos ejemplos de servicios de campamento son:

- Fundación de la Amistad
- Campamentos Escapadas
- Campamentos Especializados (YMCA)



Assessment of Needs

Harbor may purchase social recreational services when:

- The need is identified through the IFSP/IPP process
- The services are not intended to meet other needs such as childcare and/or respite
- Individual's weekly schedule of activities is not impacted

Evaluación de las necesidades

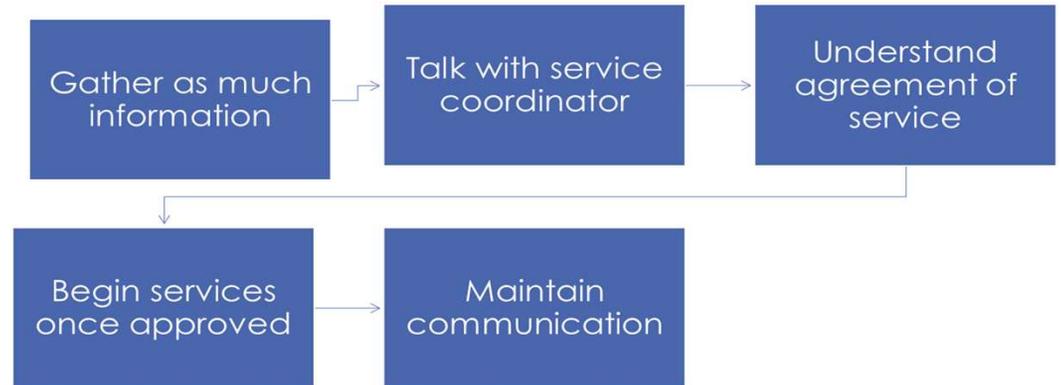
Harbor puede adquirir servicios de recreación social cuando:

- La necesidad se identifica a través del proceso del IPP.
- Los servicios no están destinados a satisfacer otras necesidades como el cuidado de niños o el relevo.
- El horario semanal de actividades del individuo no se ve afectado



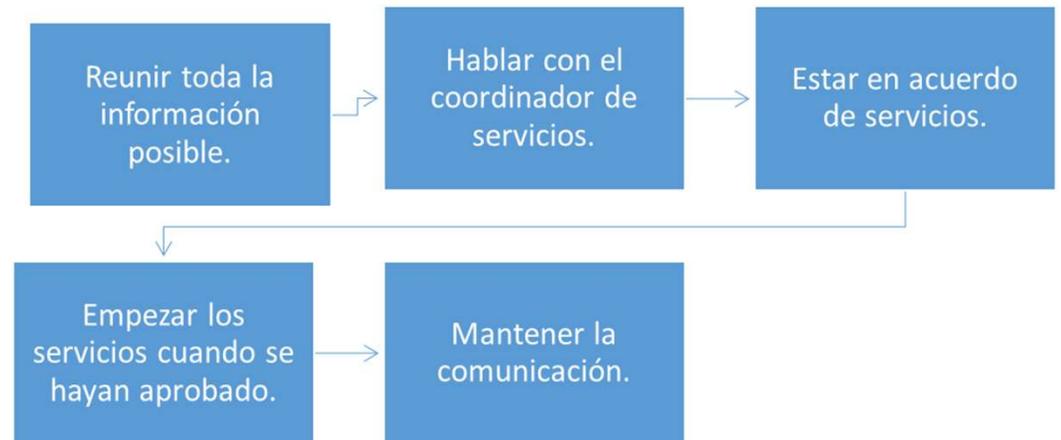
Responsibilities

Parent and Individual



Responsabilidades

Padres e individuales



Your Rights

Timelines

- Within 5 business days of receiving your request, Harbor will acknowledge your request.
- Within 5 business days of Harbor's acknowledgement, we will provide a response (either a decision or notice that we are continuing to assess).
- Within 5 business days of making a decision, we will provide a Notice of Action (NOA) or Good Faith Letter, if applicable

Sus Derechos

Cronología

- En un plazo de 5 días, confirmamos recibo de su solicitud.
- Dentro de los 5 días hábiles siguientes al reconocimiento de Harbor, le proporcionaremos una respuesta (ya sea una decisión o un aviso que continuamos evaluando).
- En un plazo de 5 días a partir de la decisión, le enviaremos un aviso de acción o una carta de buena fe, si procede.



**What if
you don't agree with Harbor's Decision?**

You have the right to file an appeal

There are 3 parts to the appeal
process

1. Informal Meeting
2. Mediation
3. Hearing

You can request any or all of them. You can change your choice
later in the process.

[Appeals & Complaints: CA
Department of Developmental
Services](#)

Office of Clients Rights &
Advocacy

**Y, ¿si no está de acuerdo con la decisión de
Harbor?**

Usted tiene derecho a presentar una apelación.

El proceso de apelación
consiste de 3 partes.

1. Reunión informal
2. Mediación
3. Audiencia

Puede solicitar cualquiera de las opciones o
participar en todas. Usted puede cambiar sus
preferencias más adelante en el proceso.

[Apelaciones y quejas:
Departamento de Servicios del
Desarrollo de CA](#)

Oficina de Defensa para los
Derechos del Cliente
(Office of Clients Rights &
Advocacy)

How Does Harbor Fund For Services

1. Management Service

- **Direct Pay** - Payment directly to the agency/provider
- **Reimbursement** - Family paid for services and Harbor reimburses the family

2. Purchase of Service

Cómo financia Harbor los servicios

1. Servicio de administración financiera

- **Pago directo** - Pago directo a la agencia/proveedor
- **Reembolso** - La familia pagó los servicios y Harbor se los reembolsa

2. Compra de servicios



Clockwork Financial Management Services (FMS)

Contact Information

General Questions

(Payment updates, help with new enrollments, or
callback requests)

Email: Hello@clockworkfms.com

Phone: 310-683-0511

Submissions Email

(For submitting receipts/invoices ONLY)

Email: Harborlogs@clockworkfms.com

Servicios de gestión financiera Clockwork (FMS)

Información de Contacto

Preguntas generales

(Actualizaciones de pagos, ayuda con nuevas
inscripciones o solicitudes de devolución de llamada)

Correo electrónico: Hello@clockworkfms.com

Teléfono: 310-683-0511

Correo electrónico para envíos

(Solo para enviar recibos/facturas)

Correo electrónico: Harborlogs@clockworkfms.com

Clockwork Financial Management Services (FMS)

Timelines for Reimbursement

When to submit: Invoices or receipts have to be submitted by the 10th of each month

Payment Date: Payments are processed on the 20th of the same month. To be eligible for reimbursement, we must have received the appropriate authorization from Harbor's Accounting Department and receipts by the 10th of the month in our Submissions Email.

Bank Deposit: Once your payment is processed, it may take a few business days for the funds to appear in your bank account. Please wait up to 5-7 business days after the 20th before contacting Clockwork FMS regarding payment.

Email Notification: You will receive an email from Bill.com with details about your payment and the processing date.

Servicios de gestión financiera Clockwork (FMS)

Timelines for Reimbursement

Cuándo enviar: Las facturas o recibos deben enviarse antes del día 10 de cada mes.

Fecha de pago: Los pagos se procesan el día 20 del mismo mes. Para poder optar al reembolso, debemos haber recibido la autorización correspondiente del Departamento de Contabilidad de Harbor y los recibos antes del día 10 de cada mes en nuestro correo electrónico de envíos.

Depósito bancario: Una vez procesado su pago, los fondos pueden tardar algunos días hábiles en aparecer en su cuenta bancaria. Espere de 5 a 7 días hábiles después del día 20 antes de contactar con Clockwork FMS con respecto al pago.

Notificación por correo electrónico: Recibirá un correo electrónico de Bill.com con los detalles de su pago y la fecha de procesamiento.



Additional Resources



**SOCIAL, RECREATIONAL,
CAMP PROGRAMS
VENDORS**



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5-Eleven Hoops
(310) 903-1174
info@5elevenhoops.org
<https://5elevenhoops.org/>
- 

Manes for Movement
(310) 737-2938
erinmahonyDPT@gmail.com
<https://www.manesformovement.com/>
- 

**ACT UP (1st – 6th Grade)- Shoreline
Speech & Language Center**
(310) 740-9493
info@shorelinespeech.com
www.shorelinespeech.com/groups
- 

ICAN (California Abilities Network)
(310) 374-8295
socialprogram@ican.org
<https://ican.org/day-events/>
- 

Ability First - Aquatics/Swimming
(562) 264-1617
astover@abilityfirst.org
<https://www.abilityfirst.org/programs/aquatics/>
- 

Mixed Miracle Arts
(562) 605-1421
mixedmiraclearts@gmail.com
<https://mixedmiraclearts.com/>
- 

Camp Uniquely
(562) 605-1421
info@uniquelybh.com

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AbilityFirst Camp Paivika
(909) 338-1102
campppaivika@abilityfirst.org
www.abilityfirst.org/camp-paivika
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Easter Seals YMCA Camp Oakes
(951) 264-4855
amanda.showalter@essc.org
www.easterseals.com/southernca/our-programs/camping-recreation/
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Momentum Camp Escapades
(310) 328-0276
campescapades@momentum4all.org
<https://momentum4all.org/camp-escapades/>
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Life Steps Foundation – New Adventures
(562) 366-7131
CHgarcia@lifestepsfoundation.org
<https://www.lifestepsfoundation.org/>
- 

We Are Team Us
(424) 241-0059
yuki@weareteamus.co
<https://www.weareteamus.co/>
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Easter Seals Central Valley Camp Harmon
(831) 684-2166
campharmon@es-cc.org
<https://mixedmiraclearts.com/>

Recursos adicionales




SOCIAL RECREATIONAL SERVICES

We believe that social and recreational activities help strengthen community connections and enrich your overall well-being.

Services may help you by:

- Creating opportunities to enjoy preferred activities
- Increasing time spent with others in your community
- Providing access to non-medical therapies such as art, music, and equine therapies
- Connecting you to educational services such as tutoring
- Supporting a camping experience

Where to find more info:

- [Harbor Socialization, Leisure/Recreation Policy](#)
- [Social Recreation & Camp Article](#)
- [Harbor Regional Center - Family Resource Center](#)

If this service interests you, talk to your service coordinator about:

- Things you enjoy doing or want to try
- Supports or items needed to access the activities
- Dates, times, and duration of an activity

Important:
Services are determined through the Person-Centered Planning process.



Frequently Asked Questions

1. Is there a cost limit to the activity?
2. Who is responsible for finding the activity for my child to participate in?
3. Can I access social rec via SDP?
4. How many activities can be accessed within a quarter?
5. Can activities overlap in the same quarter?
6. What are the timelines for reimbursement?
7. Who is responsible for tracking payment?
8. Will associated costs be covered for an activity?
9. What if additional support is needed to access the activity?

Preguntas frecuentes

1. ¿Existe un costo límite para la actividad?
2. ¿Quién es el responsable de encontrar la actividad en la que pueda participar mi hijo?
3. ¿Puedo acceder a la recreación social a través del SDP?
4. ¿Cuántas actividades se puede acceder dentro de un trimestre?
5. ¿Pueden superponerse actividades en el mismo trimestre?
6. ¿Cuáles son los plazos para el reembolso?
7. ¿Quién es responsable del seguimiento del pago?
8. ¿Se cubrirán los costos asociados a una actividad?
9. ¿Qué pasa si se necesita apoyo adicional para acceder a la actividad?

Additional Questions

Preguntas adicionales



Survey/Poll

Encuesta

